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What a waste – FoodServInSPIRe project at Aalborg University Hospital 929 beds 74500 admissions/year

Hobrovei

(II) REGION NORDIVILLAND

560000 ambulatory visits AALBORG SYGEHUS

6500 employees



www.aau.dk

MEAL SCIENCE &

Aalborg University Hospital **Centre for Nutrition and Bowel Diseases - CET**





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Food waste from a Danish hospital kitchen

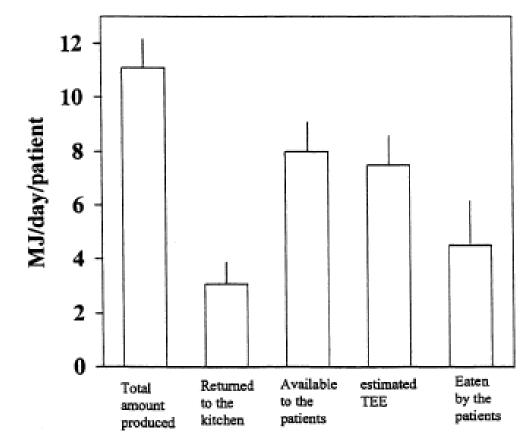
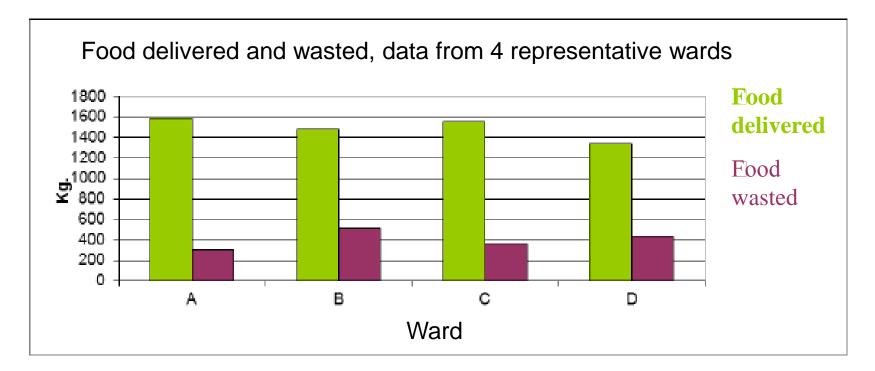


Fig. 1 Energy content, given as MJ/day/patient in the total amount of food produced, the amount of food returned to the kitchen uneaten, and the amount available to the patients on the ward (from study I); also the estimated TEE and the amount of energy actually eaten by the patients (from study II).

Almdal T et al. Clinical Nutrition, 2003

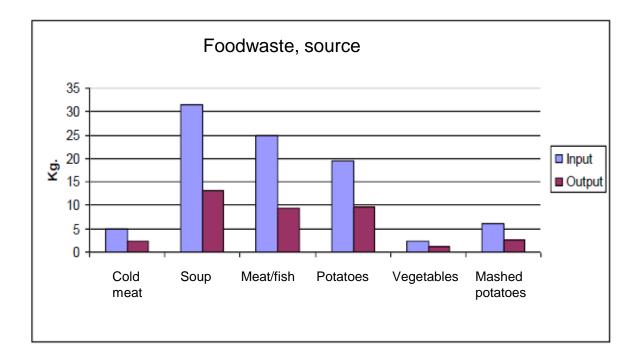
Trolley waste – experiences from a pilotproject in North Denmark Region



Total: 27,2 % waste

Kollerup SS & Larsen SB, 2012

Trolley waste – experiences from a pilotproject in North Denmark Region



Kollerup SS & Larsen SB, 2012

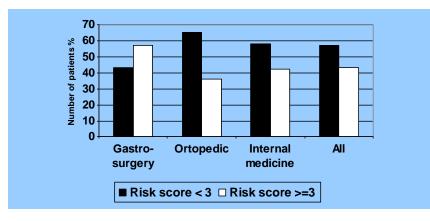


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The other side of waste – patients in hospitals are at nutritional risk...

Incidence in Danish hospitals:

Patients¹ nutritional intake at Aalborg University Hospital:



Rasmussen HH, 2004

	2009	2010	p >
Energy > 75 %	52	68	0.007
Protein > 75 %	33	52	0.001

¹Patients at nutritional risk (NRS-2002)

Unpublished data from the MORE project

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FoodServInSPIRe project conceptual framework

More **local food** more attraction more experience

Increased **energy** and **protein** intake

Better **result** of & decreased **length** of hospital stay Real time **monitoring** of food demand

Precise **forecasting** of food demand

ICT facilitated use of food & patient **data**

Clean CPU Tech

Decreased food waste

Sustainable hospital food service (environment, cost wise & nutrition wise)



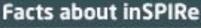
INSPIRE - platform for research based innovation and problem solving in the food industry. To improve the productivity and global competitiveness of the Danish food sector.

Research based innovation in three areas:

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COPENHAGEN

Production Development of future food production chains	Process Process analytical technology for optimization of quality, energy and water consumption	Product Improve food quality by controlling molecular functionality	
	Horizontal activities		
FoodServinSPIRe			
			F
55-8			
A MA			
Better food			
at hospital			



- 5 years
- DKK 126 millions
- 5 universities
- 5 GTS institutes
- 16 food or ingredient companies
- 13 companies within or associated to food areas
- 11 interested SMEs



FoodServinSPIRe



Better food at hospital



Optimizing patients nutritional intake

ICT to:

•Forecast demands •Register intake/ plate waste

Reducing food waste **3 ph.d. students:** Dorte Ruge Dwi Budungisari Kwabena Ofei

FoodServInSPIRe project workplan 1/2

- Identification of sources of food waste in selected hospital foodservice environments
- Investigation on legal aspects of local food supply concepts
- Investigation on cooking routines in hospital catering production unit (HCPU)
- Development of local food supply concept in cooperation with FoodServInSPIRe
- Mapping of IKT routines in selected hospital foodservice environments
- Development project: Alternative use of by products
- Study: waste dependancy of "convenienceness"





FoodServInSPIRe project workplan 2/2

 Development of model for realtime monitoring of food demand based on

Food status: Remote food outlets at ward Patient status: Preferences & nutritional status on admission

- Development of intervention
- Baseline study (pre intervention)
- Follow-up study (pre intervention)

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FoodServinSPIRe: Integrated Modelling of Hospital Food Service Production Chains

We have data/knowledge about:

- •Pt. nutritional status and nutritional needs (NRS-2002)
- •Nutritional components of foods and meals

•Production system



We need more (precise) information about:

- •Nutritional intake
- Individual preferences
- •What kinds of food/meal generate most waste
- Waste and relation to nutritional status, preferences, production system, serving system, ordering system, staff knowledge, pt. knowledge...