



## DOS Second Best Paper Award 2020

**Filip Gertz Lysdal, Thomas Bandholm, Janne Tolstrup,  
Mikkel Clausen, Stephanie Mann, Pelle Petersen,  
Thor Grønlykke, Uwe Kersting,  
Eamonn Delahunt, Kristian Thorborg**

***Effectiveness of Spraino for preventing lateral  
ankle sprain injuries inn indoor sports:  
a pilot randomized controlled trial with 510 athletes  
with previous ankle injuries***

Copenhagen,  
October 22<sup>th</sup> 2020

---

President  
*Bo Sanderhoff Olsen*

---

Chairman Scientific Committee  
*Thomas Jakobsen*