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We created a hand texture resource (with different skin tone versions as well as non-human hands) for use in virtual reality studies. This makes it easier to run lab and remote studies where the hand representation is matched to the participants' own skin tone. We validate that the virtual hands with our textures align with participants' view of their own real hands and allow to create VR applications where participants have an increased sense of body ownership. These properties are critical for a range of VR studies, such as of immersion.

Keywords: skin tone, virtual reality, hand tracking, avatars, presence

1 INTRODUCTION

We release *Hafnia Hands*[1], a set of hand textures for use in virtual reality (VR) research. The textures cover all six skin-tone levels of the Fitzpatrick scale (Fitzpatrick, 1988) in addition to three non-human variants.

Hand representations are an increasingly common way for users to interact in virtual environments and the hand appearance an important part of the user experience and bodily self-consciousness when immersed. Our resource allows researchers to easily setup VR studies with visually realistic hand representations based on a standard skin tone scale.

Virtual hand representations are increasingly enabled by consumer-oriented VR technology through built-in hand tracking support (e.g., the Oculus Quest[2]) as well as add-on products that can add hand tracking support to headsets that do not otherwise support it (e.g., the Leap Motion[3]). While these systems usually provide hand models that work with their tracking, texturing of these models is limited. For example, the Oculus and Leap Motion SDKs both do not include hand textures.

Unfortunately, creating detailed textures for existing hand models requires the expertise of a texture artist—a role not typically found in research teams. There are textured hands available for purchase, but these usually use different underlying 3d models and hence are not directly compatible with the hand tracking data. While it can be possible to adapt or create a hand skeleton that matches a model to that data, that in itself is a task that commonly requires expertise from a 3d artist. For researchers that want to work with hand representations, but do not have expertise in 3d modeling, rigging, and texturing, there hence is a lack of easy to use options.

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[1]Named after the city of Copenhagen
[2]https://www.oculus.com/quest-2/
[3]https://www.ultraleap.com/product/vr-developer-mount/

1.1 Applications for Textured Hands in VR

There are a range of VR research topics where hand textures are useful. In particular, we see applications for the provided resource in 1) embodiment research and 2) conducting remote VR studies.

1.1.1 Embodiment Research

In VR, participants can experience illusory ownership of any imaginable body, making it an increasingly important research tool for understanding fundamental questions about the relationship between the body and the mind (Slater et al., 2009; Maister et al., 2015).

Embodiment has been referred to participants feeling that, when given a virtual body, that body's "*properties are processed as if they were the properties of one's own biological body*" (Kilteni et al., 2012). One component of that is body ownership, the notion that a participant's "*body is the source of the experienced sensations*" (Kilteni et al., 2012). The relationship between the virtual body and the sense of body ownership is complex (Maselli and Slater, 2013).

Avatars, including hands, play an important role in embodiment research. For example, more human-looking avatars do not necessarily lead to more body ownership (Lugrin et al., 2015). The sense of body ownership differs not just by visual realism, but also depending on other properties, such as perspective (Maselli and Slater, 2013), or whether the hands are connected (Seinfeld and Müller, 2020). Furthermore, VR embodiment research lacks standardized measures, tasks, or procedures, making it even more challenging to converge on theory-building.

The hand textures provided, can therefore aid three common challenges in VR embodiment research: 1) to match participants' real skin-tone to not conflict embodiment measures; 2) to enable research in the important of visual congruence (e.g., by mismatching participants' skin tone and virtual hand texture); and 3) to create a new standard procedure for employing humans hands in VR embodiment research.

1.1.2 Remote VR Studies

The infrastructure for remote VR studies is still developing and an active research area, and with the recent growing adoption of consumer-level VR devices, remote VR studies have now become a feasible alternative to lab studies (Mottelson et al., 2021; Ratcliffe et al., 2021). Such crowdsourced VR experiments can replicate lab studies (Ma et al., 2018) and enable more seamless recruitment of larger numbers and more diverse participants. Furthermore, remote studies can happen even at times when access to laboratories is restricted (Steed et al., 2020).

Before consumer VR devices were commonly available, previous studies have distributed *Google Cardboard* kits to participants (Mottelson and Hornbæk, 2017; Steed et al., 2016). Similarly, researchers have shown the feasibility of tapping into the exiting VR software ecosystem, for example, running studies inside the *VRChat* application (Saffo et al., 2020).

Currently, the most popular VR devices for consumers are the Oculus Quest one and 2. Both come with hand tracking support and thus allow for running a range of studies that benefit from this level of fidelity (e.g., studies of grasping, embodiment, or gesturing). As remote studies commonly have a diverse set of participants, it is important that the hand representation they work with reflects this diversity. Hence, the skin-tone variants we make available are an important component required for running these studies.

1.2 VR Assets as Research Artifacts

With our hand texture resource, we provide a piece of infrastructure for VR researchers. While VR studies require a substantial amount of technical expertise to set up, resources like ours can ease that burden, but also allow for more comparable results across studies. In recent years, there has been a growing number of scientific resources similar to the Hafnia Hands. For example, Regal et al. (2018) made assets available that make it easier to integrate questionnaires into VR scenes. With *NavWell*, Commins et al. (2020) released a tool for creating and running navigation experiments. This standardizes the study format, but also substantially lowers the barriers for running such a study. Most closely related to our hand texture resource is the *Microsoft Rocketbox avatar library* (Gonzalez-Franco et al., 2020), containing many rigged humanoid 3D models readily available as self-avatars, or as agents within VR environments.

2 METHODS

We commissioned the set of nine hand texture variants from a 3d artist on Fiverr. Fiverr is a platform for connecting with freelancers, focused on creative tasks such as video editing or 3d modeling. The set (shown in **Figure 1**) includes six different human skin-tones, as well as three non-human hands: a robot hand, an alien hand, and a skeleton hand. Each variant comes with albedo, ambient occlusion, metallic, smoothness/roughness, and normal maps and hence is compatible with commonly used physically-based shading models (such as the *Unity Standard Shader*).

The textures are designed to work directly with the default hand used by the Oculus Quest hand tracking. Currently, this is the most widely used variant of hands for VR and also the one most suited for remote studies due to the large user base of consumers. However, note that the textures can, in principle, be used with other hand models. Assuming the topology is similar (as should be the case for models of human hands) this would only require some changes to

FIGURE 1 | We provide nine different hand textures: six skin-tone variants, an alien, a robot, and a skeleton hand. The skin-tone variants are designed to look realistic, while the non-human hands are more stylized.

the UV coordinates of those models. Additionally, we provide hand textures compatible with the 3D hand models developed for the Oculus controllers; that way researchers can utilize our hand resource for studies using both free hand interaction and controller-based interaction.

We conducted an online and unsupervised study to evaluate the suitability of the hands for remote evaluations, and to get quantitative insights of their effects on embodiment. We evaluate the effects of skin-tone matching as well as owning the non-human hand variants. The study, its hypotheses, method, procedure, and analyses approach was pre-registered[4].

We used a within-subjects design with hand texture as the only independent variable. Hand texture had three levels: skin-tone matched, skin-tone mismatched, and non-human. Participants completed three repetitions of a hand movement task with each hand texture, balanced using a latin square, for a total of nine trials per participant.

2.1 Participants

We recruited 112 participants from an internal email list of previous participants. Participants were predominantly male (103 male, 6 female, and 3 participants who did not want disclose gender) and young, with an estimated mean age of

28.9 (SD 9.6). The median reported skin tone was 3. Most participants reported medium skin tones, with 86% in the 2–4 range on the Fitzpatrick scale (6×1, 36×2, 36×3, 24×4, 7×5, and 3×6 on the Fitzpatrick scale). Participants conducted the study from 32 different countries, most commonly the USA (18), Poland (13), Germany (12), the UK (12), and Italy (8). Most participants were also experienced VR users, with 51 having more than 100 h of VR experience (as well as $36 \times$ 50–99 h, $23 \times$ 10–49 h, and $2 \times$ 5–9 h).
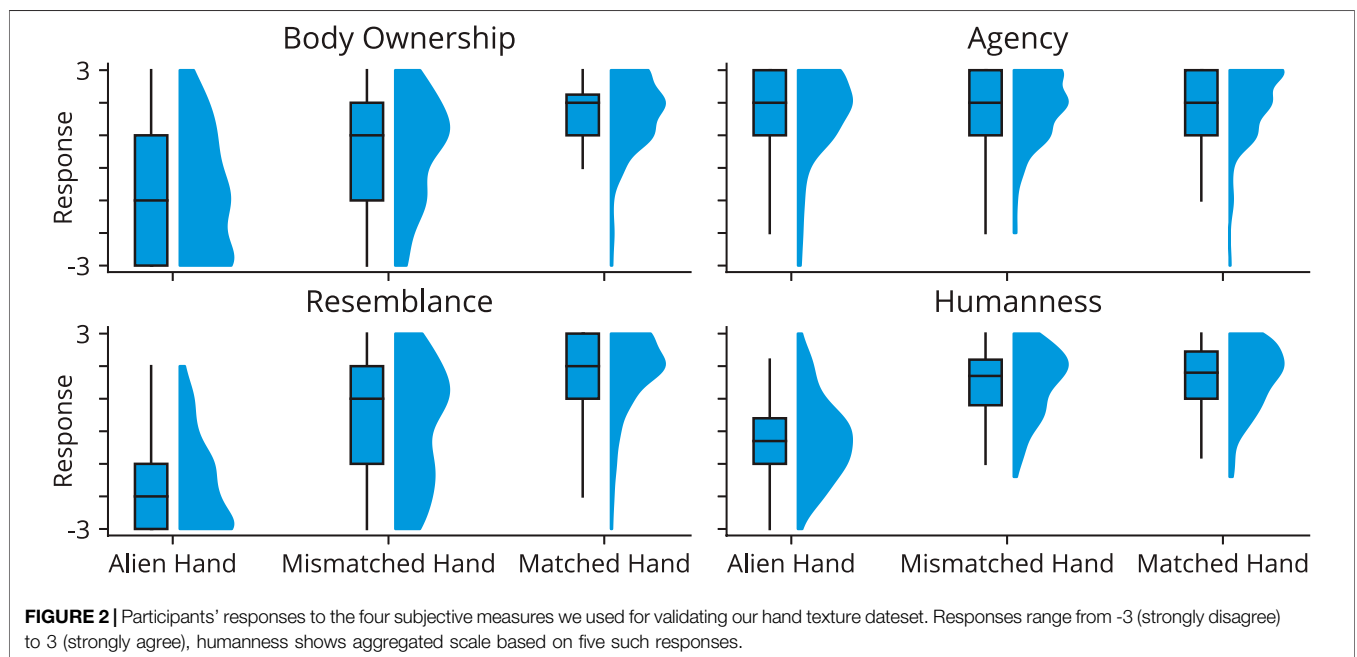
2.2 Task

We employed a novel study task where participants followed targets with their hands. The task required participants to *act with their hands*, while also forcing them to *focus on their hands*. Each trial took 60 s and was split in two equally long phases: one for each hand, ordered randomly.

During the task, participants had to keep their hand inside a framed box that appeared in front of them. After appearing, the box moved along a randomly generated path within a 40, ×, 60, ×, 40 cm volume. We generated the path so each segment was at least 20 cm long. Box movement slowed down at path nodes and accelerated in between, moving at an average overall speed of 0.6 m per second. During each segment the box also performed a random rotation to between − 40°and 90°(left hand) − 90°and 40°(right hand) roll. The boxes changed color to indicate whether participants' hand were contained within, prompting participants

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[4]https://osf.io/us39z/

TABLE 1 | Measures used during validation.

Measure	Question	Response	References
Resemblance	I felt that my virtual hands resembled my own (real) hands in terms of shape, skin tone, or other visual features	1–7 Likert scale	Banakou and Slater (2014)
Agency	I felt that the movements of the virtual hands were caused by my own movements	1–7 Likert scale	Banakou and Slater (2014)
Body Ownership	I felt that the virtual hands I saw were my own hands	1–7 Likert scale	Banakou and Slater (2014)
Humanness	Please rate the hands based on the opposing adjectives	Inanimate to Living (7 point scale)	Ho and MacDorman (2017)
Humanness	_____ " _____	Synthetic to Real (7 point scale)	Ho and MacDorman (2017)
Humanness	_____ " _____	Mechanical movement to Biological movement (7 point scale)	Ho and MacDorman (2017)
Humanness	_____ " _____	Human-made to Human-like (7 point scale)	Ho and MacDorman (2017)
Humanness	_____ " _____	Without definite lifespan to Mortal (7 point scale)	Ho and MacDorman (2017)

FIGURE 2 | Participants' responses to the four subjective measures we used for validating our hand texture dateset. Responses range from -3 (strongly disagree) to 3 (strongly agree), humanness shows aggregated scale based on five such responses.

to follow study procedures. When participants moved outside the boxes, we displayed a textual alert in the background asking them to return their hand inside.

2.3 Procedure
We first prompted participants for informed consent and collected demographic information, using a virtual questionnaire. We then asked participants about their skin tone, which then formed the selection for the skin-tone matched condition. For the skin-tone mismatched condition, we picked a hand texture three levels away from the participant's (i.e., $1 \rightarrow 4$, $3 \rightarrow 6$, $5 \rightarrow 2$, ...). We always used

the alien hand texture for the non-human condition. Participants then completed nine trials (three with each hand) in random order. Overall, the study took about 10 min. A first warm-up round was used to determine tracking quality. If mean confidence for tracking was below 60%, the participant would retry until quality was satisfactory, as per (Mottelson et al., 2021).

2.4 Measures
For each trial we measured four dependent subjective variables using questionnaires displayed in VR: To measure Resemblance we used the *Features* question from (Banakou and Slater, 2014). To measure Agency we used the *Agency* question from (Banakou

and Slater, 2014). To measure Body Ownership we used the *MyBody* question from (Banakou and Slater, 2014). To measure Humanness we used a scale from (Ho and MacDorman, 2017), composed of five questions. Please see **Table 1** for details.

3 VALIDATION

From the participants responses we seek to validate the suitability of Hafnia hands for VR research. In particular, when used for embodiment and remote studies, Hafnia hands need to 1) resemble participants' own hands and hence also elicit a higher sense of body ownership. See **Figure 2** for an overview of how participants' rated their experience with the hands.

As an initial test, we checked whether there were differences between the responses of male and female participants. Fisher's exact tests show no significant differences between the sexes (Body Ownership: $p = 0.5$, Agency: $p = 0.5$, Resemblance: $p = 0.7$, and Humanness: $p = 0.1$).

We test the effects of hand representation on body ownership, agency, resemblance, and humanness using Friedman tests for main effects. We use Wilcoxon rank sum tests with Bonferroni correction for post-hoc comparisons.

We find an effect of hand representation on body ownership; $\chi^2 (2) = 109.77$, $p < 0.001$. All pairwise comparisons were significant ($p < 0.001$). For agency, there was a significant main effect $\chi^2 (2) = 26.27$, $p < 0.001$. Yet, only the alien hand and matched hand were significantly different ($p = 0.04$). We also found an effect of hand representation on resemblance; $\chi^2 (2) = 150.31$, $p < 0.001$. All pairwise comparisons were also significant ($p < 0.001$). Finally, we also found a significant effect of hand representation on humanness; $\chi^2 (2) = 141.7$, $p < 0.001$. Post-hoc tests found significant differences between the alien hand and the two realistic hands ($p < 0.001$).

In summary, the hands provided as part of Hafnia hands showed increased body ownership using a skin-tone matched texture; increased resemblance with a skin-tone matched texture; and decreased humanness with a alien texture. All registered hypotheses were hence found to be true.

These results also validate the suitability of Hafnia hands as a resource in embodiment and remote VR studies. Particularly with respect to body ownership, skin-tone matched hands provide a benefit. Furthermore, we validated that the provided non-human alien hand elicits the opposite response: low body ownership, visual resemblance, and humanness. Hence, the set of provided hand textures covers a wide spectrum of subjective responses, which is required in a range of study designs.

4 LIMITATIONS

The sample for the evaluation was predominantly young and male, which has previously been shown to cause bias in VR

research (Peck et al., 2020). The hand textures visually resemble relatively young human hands, making the sample's age fit the study; however, future studies could entail textures matched and evaluated for seniors. The hand textures were, however, designed as gender neutral, whereas the evaluation consisted of predominantly males. While we saw no significant differences between male and female responses, this still is a limitation of the evaluation, caused the bias of HMD owners' demographics. Our participant sample also is biased in terms of skin tone with 96 of them of type II, III, or IV. We hence have only little data from people with very light or dark skin.

As a manually-created resource, Hafnia hands are limited in the range of visual characteristics they cover. In addition to lack of gender and age specificity, the hands also do not account for several other properties, such as: dirtiness, fingernail length/style/color, skin conditions, or finer nuances in skin-tone. A potential solution for this are parametric hand texture models (Qian et al., 2020). However, to make use of the wide range of such models, a parameter acquisition step for each participant is required. The quality of current model outputs also is not consistently at the same level as artist-created textures and does not include non-human textures at all.

While hands are perhaps the most important limb in embodiment research (e.g., the rubber hand illusion), future research resources and studies could consider creating resources enabling full body VR embodiment studies.

DATA AVAILABILITY STATEMENT

The hand textures described in this article as well as the data from their evaluation can be found at: https://github.com/henningpohl/hafnia-hands.

AUTHOR CONTRIBUTIONS

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[5]https://www.fiverr.com/google_jatt

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