

Digital infrastructures and mental work environment

An increasing number of digital systems in facility management creates infrastructures of practices and systems

Digital systems formalise work processes and might produce meaningless situations for the workers

Continuous frustrations and the feeling of helplessness can cause a poor mental work environment over time





The research objective

- The general technological development has an unproblematic approach to new digital solutions that do not consider the mental health issue stemming from their use
- Research shows that the systematisation and formalisation of work processes can result in frustrations, meaningless processes and stress
- RQ: How do digital infrastructures affect the work and the mental work environment of operations and maintenance professionals?





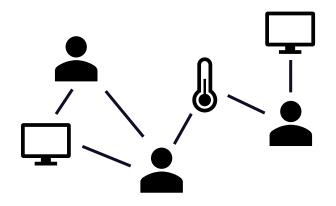


Analytical concepts

 Digital infrastructures of practices and systems as heterogeneous and distributed actor-networks

Poor work environment as deviations, distractions, or interruptions from people's core tasks

Digital systems involve "plans" and "inscriptions" while people act and "navigate" in "situated actions"





Methods and case

- Qualitative research approach
 - Interviews
 - Observations



The control of the indoor environment in a modern office building in Copenhagen, Denmark

	Interviews
1	Site manager
2	Operations and maintenance consultant
3	ICT manager
4	Contractor
5	Risk & Valuation manager
6	Software provider of the task management system
7	External BIM consultant
	Observations
1	Observing a coordination meeting between the ICT manager and the site manager
2	Shadowing the site manager for one day in three hours
3	Accessing the task management system 2-3 times a week for a month



Findings "Too warm in the room" + location Helpdesk Task "Too warm in the room" management Site + location systems manager "TAS: 24°C" → "Too warm" "TAS: 23°C" Building Building owner users organisation Password Building Operations and and firewall management maintenance systems consultant Small Hierarchical mobile representations loggers Temperature Tenant organisation of rooms

sensor



Conclusion

- ▶ The building, sensors, meters, internet, software systems, and technical expertise of the operations personnel all lock the operations personnel into a specific room of manoeuvre focusing on measurements and technical adjustments, which creates frustrations when such an approach cannot solve the building users' experience with a poor indoor environment
- Furthermore, technical breakdowns (such as a password not working) can create meaningless situations and frustrations for the operations personnel
- Are digital systems making work more "productive" or more frustrating?



Thank you for your attention!

