# Light Atmosphere

Design parameters for lighting hospital wards

## Lone Stidsen

Phd Fellow at Aalborg University, Department of Civil Engineering 2009 - 2012 Acknowledgment to: Phillips lighting, who are partly financing the project Supervisor: Poul Henning Kirkegaard (professor in Civil engineering), Anna Marie Fisker (Assistant professor in architecture). Henriette Bjerrum (anthropologist)

### Background

Textile design\_ Kolding School of design 06 Teacher, Silkeborg 99 Lostdesign 06

# Interest: Light atmosphere

Holistic approach to lighting design and try to understand light Atmosphere? The connection between the daylight we are experiencing and the way we use artificial light?

Design Parameters for pleasurable light atmosphere in hospital wards When and why is light interesting seen from the patients perspective. Describing the sensory qualities of light.

Phd based on a Portfolio /articles

Danish standard for hospital lighting chapter 2.

What is a pleasurable homely lighting?

Why only a focus on the "lightcolor", "color rendering" and "intensity".

More information about the placement (Vertical and horisontal) of the light and number of lightzones, and shadow effect etc.

# Methods

State of the art Design parameters

Atmosphere

Prefereces/needs

Home lighting trend

Sound/Touch/light

Design evalutation Ortophedical surgery OUH

Designing

Lighting concept for hospital ward

Design evalutation
Intensive Care

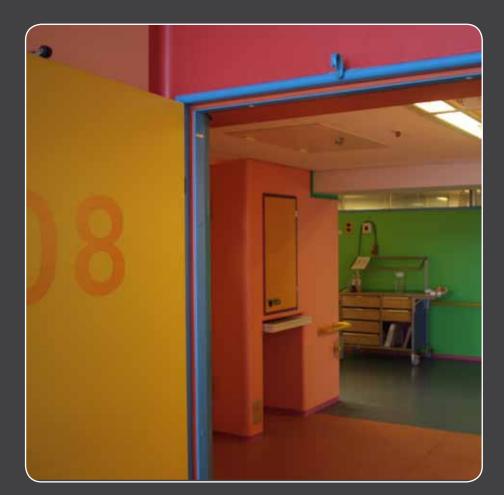
### Guidelines Hospital design

Ulrich, R. & Zimring, C. 2004, "The Role of the Physical Environment in the Hospital of the 21st Century: A Once-in-a-Lifetime Opportunity"

Dalke, H., Littlefair P.J. & Loe 2006.

"Lighting and colour for hospital design"

McClughan, C.L.B., Aspinall, P.A. & Webb, R.S. 1999, "The impact of lighting on mood"



Herlev Hospital

Albertsen, N. 1999, "Urban Atmosphere", Atmospheres can not be seen - It must be experienced through other senses and an atmosphere occurs rarely through one sense alone, but in an interaction between several senses. Atmosphere affects people emotionally.



Afternoon in DK

It is not a stamp of approval for "good taste". It is everywhere at any time, it is always present.



View from my studio in Aarhus

It is not a stamp of approval for "good taste". It is everywhere at any time, it is always present.



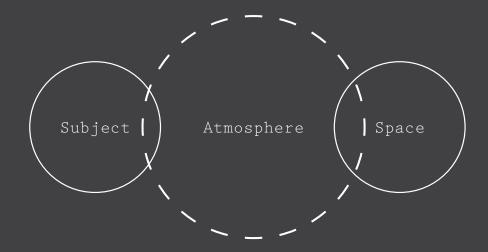
Cafe i Lagos, Nigeria

Therme Vals. Peter Zumthor, 2006, Atmospheres - Architectural Environments - Surrounding objects

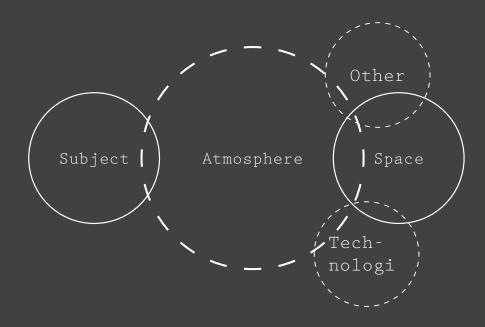


Peter Zumthor: The Therme Vals

Philosopher Gernot Böhme: The concept of Atmosphere. 1993, "Atmosphere as the fundamental concept of a new aesthetics1" in Thesis Eleven.

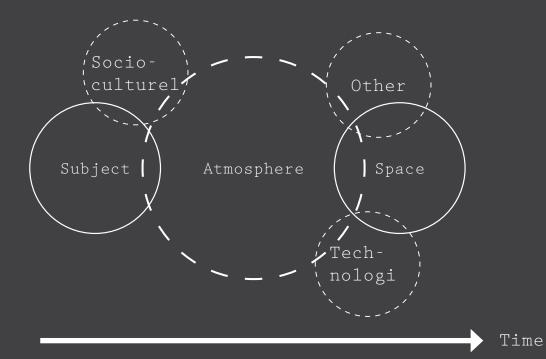


Dalsgaard-Kortbak: Staging atmospheres in interaction design", Nordes (2008)



Time

Socio Cultural.



### Design Parameters

Light Source

Characteristica, effect, information

#### Space

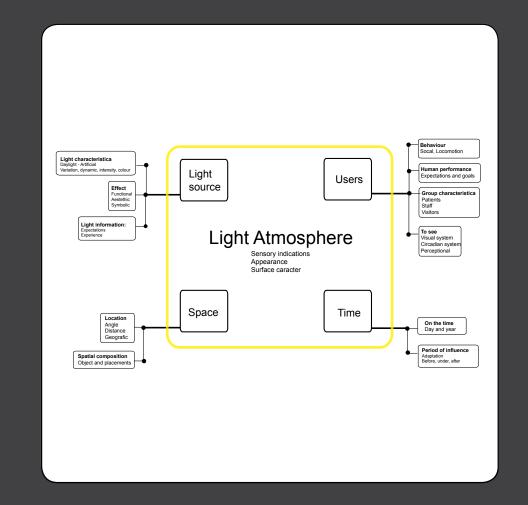
Geografical orientation, spatial composition, surfaces, objects, materials, colour

#### Time

Time of the year, daytime, time of influence

#### User

Behaviour, performance, user group, visual system, expectations, kultural background



### User needs:

Patients, Staff and visitors

- Observations of the staff and pa tients and visitors at the ward
- Spending a day at a ward
- Interviewing staff and patients
- Tracking the staff (Niels Thuesen)
- Case studies. Kolding, Medicinerhuset, AUH



### Light preferences

- Interviewing 15 people in the agegroup of 60-80 about use of light in their home.

#### Methods:

Photo safari taking pictures of the placements of their lamps, and the design/type of the lamps they are using (activity based)

Photo album as interview guide for an interview in their homes.

Analysing data



### Light preferences

- Placing the light along the walls
- A vertical separation of the room (high zone, middle zone, low zone). most lamps are placed in the middle zone.
- Primary lamp near and secondary lamp to define the room.
- warm light color and candle lights
- creating a "hygge" cosy atmosphere when they having guests.



# Activity and user oriented lighting concept

There are different user needs for light and their are individual light preferences for light in our private sphere. But there are some trends:

The placement of the light in the room are important for the experience of being familiar with the light

The light situations support the daily activities at the ward. Activities as watching Tv, eating, going to rest/sleep, get ready for training or maybe reading a book.

The lighting concept should support the diverse user needs and preferences and the user have the opportunity to adjust the light at the ward.



#### **Evaluation**

1. may - vinter 2011 at O3, OUH

1. june - vinter 2011 at ITA, AUH

OUH\_ Patients preferences\_ Semantisk Differentiale:

AUH: Visitor and staff preferences\_ Semantic Differentiale:

1. reference room

Access to patients scores and other medical information.

### Undersøgelse af lyskvalitet på sengestuen



Odense Universitets Hospital, Afd. O3 \_ Lone Stidsen \_ Phd studerende \_ Aalborg Universitet \_ Forår 2011\_ mail: Is@civil.aau.dk \_ tlf: 31237008

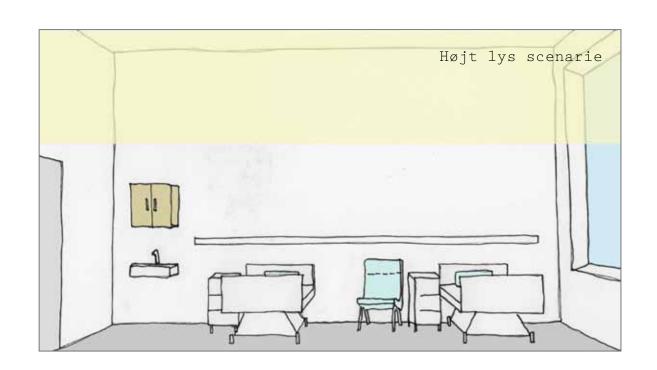
# DESIGN CONCEPT

### Design koncept

"Patientens aktive rum" (træning, fysioterapeauten, gangareal),

"Patients offentlige rum" (kommunikation med personalet).

"Personalets rum"

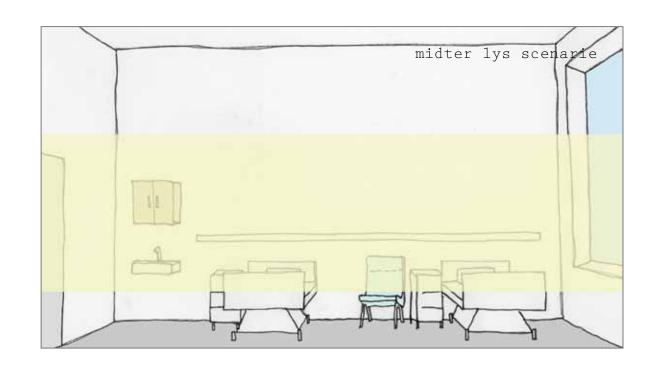


### Design koncept

"Patientens private rum" (læse, spise, gå til ro, Se TV, besøg af pårørende),

"Patients offentlige rum" (kommunikation med personalet).

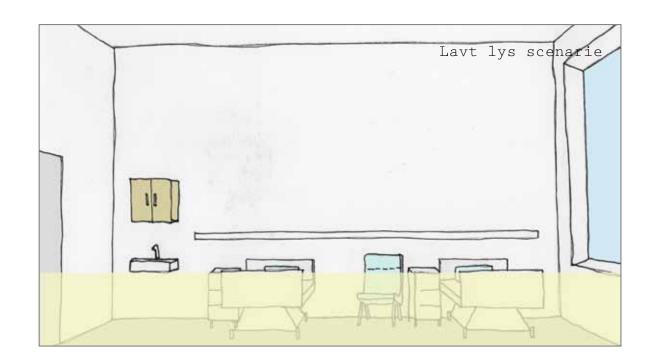
"Personalets rum"

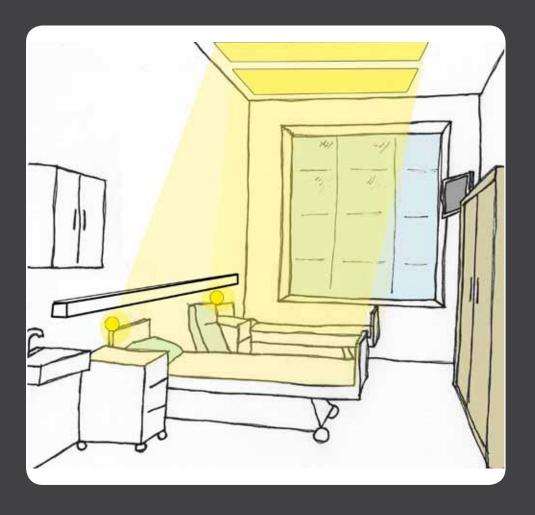


### Design koncept

"Patientens private rum" (sove, hvile, gangområde om natten),

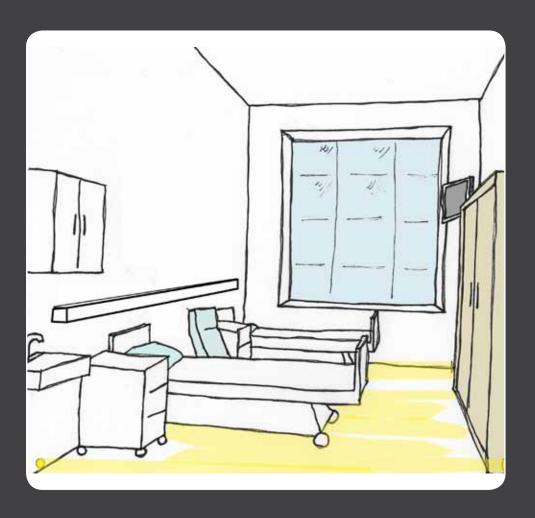
"Personalets rum" (gangområde for personale).



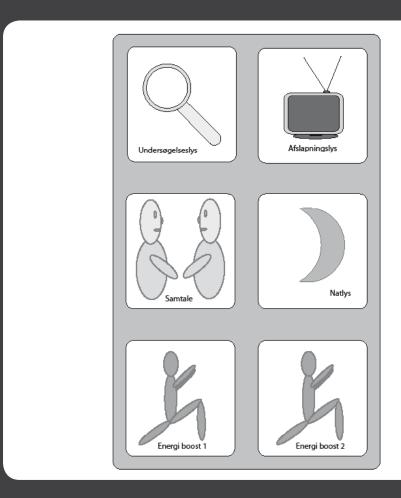




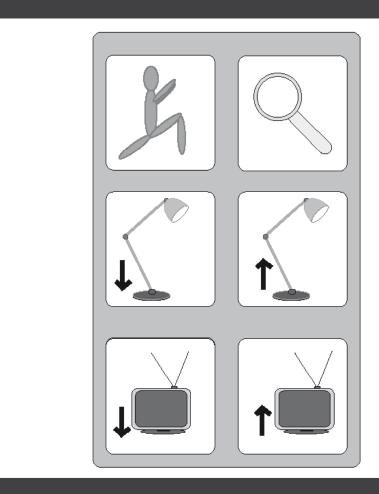




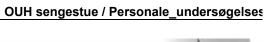
Lighting control for the Staff



Lighting control for patients



### Staff lighting





### Patients relaxation light





Night light

