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3.The scientific evidence – does healthy eating interventions at school work? Presentation on Healthy eating at school – policy, evidence and practice

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Satellite Event

Healthy eating at school – policy, evidence and practice

In recent policy documents, the school has been highlighted as the number one arena for healthy lifestyle promotion including healthy eating strategies. It occupies an important place when public health nutritionists discuss healthy eating interventions and strategies. At the same time innovative and integrative approaches to school meals and health promotion are being developed by practitioners in the education field.

But still, there seems to be a gap between the three levels of policy, science and practice. This event tries to bring together these levels to discuss what should come first, local evidence, scientific evidence or policy? The “local” evidence in the form of innovative projects at grassroots level? Or scientific evidence based on intervention studies? Or policy recommendations to decision-makers? This event will try to provide answers.

Date/Time: Friday, 17 November 2006, 11:25 – 12:10 hrs

Venue: Conference Room M 32

Speakers:

Mr Thorsten AFFLERBACH
Council of Europe, Strasbourg,
France

Introduction

Dr Reinhard ACKERL
Council of Europe, Strasbourg,
France

The political evidence. The Council of Europe Resolution on healthy eating in schools – what does it say?

Dr Bent Egberg MIKKELSEN
Danish Institute for Food and
Veterinary Research, Søborg,
Denmark

The scientific evidence. Healthy eating interventions at school – do they work?

Mr Rene JENSEN
Vangebo school, Copenhagen,
Denmark

The local evidence. A case study on innovative integration of food provision and hands-on learning about food and nutrition – what is it about?