



Introduction to the Group of Experts (GREX) & the session



Member States meeting jointly with the Advisory Group on "Fruit and vegetables" and the SFS Experts Group
Bruxelles, Thursday 14 March 2013

Abstract: The Group of Experts (GREX) give advice on the School Fruit Scheme (SFS) in particular on the evaluation and implementation of SFS. The presentation gives an introduction to the work of Group of Experts (GREX) as well as an account of work carried out during the first year of operation. It finally lays out a plan for the work planned to be carried out in the near future.

Mikkelsen BE





Introduction



- Presentation of members: who we are
- What we have been doing in the GREX
- What the session is about



GREX members

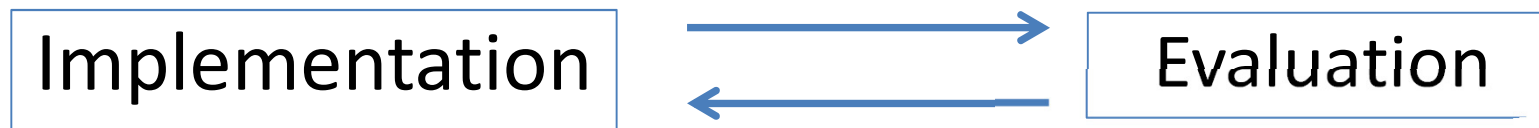
- Mario Mazzocchi, IT
- Bent Egberg
Mikkelsen, DK (chair)
- Loes Neven, BE
- Martine Padilla, FR
- Saida Barnat, FR
- Margherita Caroli, IT
(co chair)
- Bela Franchini, PT
- Victoria Anna Kovacs,
HU
- Athena Linos, GR
- Fergus Lowe, UK (co
chair)

Key facts of GREX work

- 6 meetings
- 2342 emails
- 567 files

Our main mission

- to develop expert advice and recommendations for high quality *implementation* and *evaluation* of SFS in Member states.



School Fruit Scheme
Protocol for the work of Expert Committee
Version 5.0

Contents

Appendix 1. Meetings.....

Appendix 2. Recommendations on evaluation.....

Appendix 3. Measures of Dietary Change in Children 2-11 Years Old.....

FOR MS EVALUATIONS OF THE SFS (provided I.....

Objectives of our work

- raise children's consumption of F&V at school, home and other environments.
- make sure that this is done through combining provision of FV with effective accompanying
- that this bring about *sustainable* changes in eating habits.
- that this is done within a whole school approach which enables increased fruit consumption to become embedded in children's lifestyle patterns.
- that this is not limited to the school environment but should include families and parents to be **(the adults of the future...)**

Evaluation methods

quick overview

- Summative – what are effects i.e. intake
- Formative – how interventions develops
- Cost benefit – is it possible in real life
- Program evaluation -

GREX: Interdisciplinarity

- Nutrition
- Pediatrics
- Practitioner
- Behavioral economic
- Public health nutrition
- Medicine
- Health promotion
- Food service research
- Behavioural psychology

Thematic work group TWG 1

excerpt from worksheet

- Martine and Bela review 24 reports
- Martine and Bela select top five reports
- Martine and Bela develop reading guidelines (what to look for)
- All in group read in-depth the top5 reports
- All in group submit ideas for 3rd meeting program incl speakers
- All in group draft ideas for recommendations

of the Romanian School Fruit Scheme

RESEARCH REPORT

Evaluation of the Romanian
School Fruit Scheme
2010-2011 School Year

October - November 2011

Evaluation of the implementation and
effectiveness of the School Fruit scheme



Edited by:



Nemisima



FRUIT IN SCHOOLS

**Ministry of Agricultural, Food and Forest
Policies**

Department of Competition Policies for the Rural World and for
Quality
Directorate General for Agri-food Development and Food Quality

Monitoring and evaluation actions within
the context of the EU Programme

"Fruit in
Schools"



	AT	BE-FL	BE-WL	BG	CY	CZ	DK
Country	<i>Austria</i>	<i>Belgium (Flanders)</i>	<i>Belgium (Wallonia)</i>	<i>Bulgaria</i>	<i>Cyprus</i>	<i>Czech Republic</i>	<i>Denmark</i>
Evaluation of SFS							
1.Target group							
Children		x		x	x		x
Age of the children	6-10	2,5-12	6-12	6-10	6-12	6-10	6-17
Parents	x	x		x	x		
Headmasters/Schools	x		x	x	x	x	x
Teachers	x			x			x
Suppliers						x	
Other groups							
2.Type of study							
Single evaluation (Cross-sectional)	x				x	x	
Baseline/Follow-up							
Intervention/Control group		x	x	x			x??

Summary of recommendations

- **Age group:**
Children aged 2-11
- **Outcome measures:**
Intake per day (g/day) in school and in home.
- Frequency.
- Knowledge about FV.
- FFQ and 24 recall
- **Design:**
Intervention/control design recommended
- **Measures of Dietary Change**
- *Verbal report measures — questionnaires and dietary recall.*
- *Weighed measures.*
- *Direct observation.*

Deliverables

1. Expert recommendations on SFS programme evaluation, handed in June 12
2. Expert recommendations on SFS programme implementation, work in progress

GREX contribution on this meeting

- Margherita Caroli: Nutritional needs
- Fergus Lowe: Accompanying measures
- Bent Egberg Mikkelsen: Conclusions