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prostheses by real-time neuromusculoskeletal modeling

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Robust Simultaneous Myoelectric Control of Multiple Degrees of Freedom in Wrist-Hand Prostheses by Real-Time Neuromusculoskeletal Modeling

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ABSTRACT

Objectives: Robotic prosthetic limbs promise to replace mechanical function of lost biological extremities and restore amputees' capacity of moving and interacting with the environment. Despite recent advances in biocompatible electrodes, surgical procedures, and mechatronics, the impact of current solutions is hampered by the lack of intuitive and robust man-machine interfaces. **Approach:** Based on authors' developments, this work presents a biomimetic interface that synthetizes the musculoskeletal function of an individual's phantom limb as controlled by neural surrogates, i.e. electromyography-derived neural activations. With respect to current approaches based on machine learning, our method employs explicit representations of the musculoskeletal system to reduce the space of feasible solutions in the translation of electromyograms into prosthesis control commands. Electromyograms are mapped onto mechanical forces that belong to a subspace contained within the broader operational space of an individual's musculoskeletal system. **Results:** Our results show that this constraint makes the approach applicable to real-world scenarios and robust to movement artefacts. This stems from the fact that any control command must always exist within the musculoskeletal model operational space and be therefore physiologically plausible. The approach was effective both on intact-limbed individuals and a transradial amputee displaying robust online control of multi-functional prostheses across a large repertoire of challenging tasks. **Significance:** The development and translation of man-machine interfaces that account for an individual's neuromusculoskeletal system creates unprecedented opportunities to understand how disrupted neuro-mechanical processes can be restored or replaced via biomimetic wearable assistive technologies.

INTRODUCTION

The accurate and robust decoding of human limb motor function from recordings of the underlying neuromuscular activity (i.e. brain, nerve or muscle electrophysiological signals) is a complex, long-standing problem [1–3]. This challenge is central for the development of control paradigms to restore lost motor function in impaired individuals. Despite the advances in electromyography (EMG) and in surgical procedures such as targeted muscle reinnervation [4], myoelectric prostheses still have limited clinical and commercial impact [5], i.e. upper limb prostheses have peak abandonment rates between 40%-50% and average rates around 25% among users [2].

Current myoelectric prosthesis control methods rely on machine learning where pattern recognition and linear/non-linear regressions map EMGs into limb kinematics [6,7]. However, the human neuro-musculo-skeletal system is characterized by multiple muscles spanning a single joint. Therefore, the same joint rotation can be generated by different EMG patterns that can further vary across individuals, training conditions, arm postures, or tasks [8]. The mapping functions learned in a specific condition (i.e. low force tasks, or specific arm posture) do not necessarily generalize to novel conditions (i.e. high force tasks, or different arm posture). Furthermore, the mapping from EMG to kinematics is not direct, as assumed in machine learning schemes, i.e. limb kinematics is the musculoskeletal system final output generated by series of dynamic transformations (transfer functions) in response to control commands (EMG). For this reason, a single mapping function between EMGs and joint angular position (current state of the art approaches) may not always capture the complexity of all intermediate nonlinear transformations [2,9].

A major barrier to natural artificial limb myoelectric control is the limited understanding of the biomechanical and neuromuscular mechanisms governing biological joints. Here we propose an interface that exploits an individual's broader neuro-mechanical information for device control rather than only the underlying electrophysiological signals [1,10]. We record residual forearm EMGs from a transradial amputee and intact-limbed individuals, extract EMG-based features of neural activation and concurrently drive forward a subject-specific musculoskeletal model of the forearm [11–14]. This enables predicting the resulting mechanical moments actuating wrist-hand joints and prescribing them in real-time to a robotic multi-functional prosthesis low-level controller.

Although recent research demonstrated the possibility of operating EMG-driven musculoskeletal models in real-time during dynamic movements [15–17], online EMG-driven modelling has never been developed

82 and applied for the control of multiple degrees of freedom (DOF) robotic limbs. To the best of our

83 knowledge the work presented in this manuscript is the first demonstration of real-time model-based

84 myoelectric prosthesis control on amputee individuals.

85 Current state of the art work proposed and tested modeling formulations in intact-limbed individuals in

86 isometric conditions and about a single joint DOF, i.e. elbow flexion-extension [18]. Although a real-time

87 two-DOF upper limb model was recently proposed [19], this was not driven by EMGs but operated via

88 simulated signals. A simplified lumped-parameter model of the hand [20,21] was recently used to compute

89 wrist and metacarpophalangeal joint flexion/extension angles in a transradial amputee. However, this did not

90 show the ability of controlling a physical prosthesis in real-time. That is, tests involved non-functional static

91 poses where the amputee controls a virtual cursor to reach given targets [20–22]. This is a major limitation.

92 Without direct proof of physical prosthesis control it is not possible to assess whether a myocontrol method

93 can be realistically employed by the user. Tests based on virtual cursor control would not account for

94 prosthesis weight, socket pressure, and prosthesis interaction with real objects, which would affect EMG

95 quality, stability, and pose a challenge for control. Tests only involving static poses would not account for

96 EMG non-stationarities (due to muscle fiber movement relative to electrode pick up areas), which may

97 further affect control performance. Moreover, these tests would not enable understanding whether reported

98 target reaching times enable prompt control of a physical prosthesis during functional tasks.

99 Importantly, current model-based methods integrate the dynamic equations of motions in order to predict

100 joint angles from EMGs [19,20,23]. As previously demonstrated [23], the numerical integration problem can

101 become stiff, thus displaying numerical instability in the forward dynamic simulation. As a result, due to

102 numerical integration computational load, state of the art formulations underlie simplified lumped

103 musculoskeletal models with reduced sets of DOFs, limiting translation to more proximal amputations, i.e.

104 transhumeral. These are major elements hampering robustness in the EMG-driven models currently existing,

105 which may underpin the current inability of employing EMG-driven musculoskeletal modeling for the real-

106 time control of robotic limbs.

107 The authors recently demonstrated the ability to establish real-time EMG-driven musculoskeletal models

108 for the online estimation of joint moments about three DOFs simultaneously in the human lower limb [24].

109 Based on this work, we here translate and embed a large-scale and physiologically-accurate EMG-driven

110 musculoskeletal model [25] into a new myoelectric control paradigm for a multifunctional robotic wrist-hand

111 prosthesis. Unlike state-of-the-art approaches, our method does not integrate the equations of motion (Fig.

112 1A). We propose a new paradigm where the physical prosthesis is used, instead of a numerical integrator

113 [20], to convert EMG-decoded joint moments into joint angles (Fig. 1B-C). Whether or not it is possible to

114 decode phantom limb joint moments, instead of joint angles, from residual muscle EMGs and concurrently

115 control a physical prosthesis represents an unanswered question. If possible, this would enable fast

116 simulation of large-scale musculoskeletal models and open up to applications requiring the control of many

117 DOFs, especially important for individuals who underwent targeted muscle reinnervation procedures.

118 We here show that our proposed paradigm is robust to arm postures while enabling seamless wrist-hand

119 prosthesis control across a large repertoire of functionally relevant motor tasks in an individual with

120 transradial amputation. We provide tangible results showing the successful use of a new model-based

121 paradigm in real myoelectric prosthesis control scenarios and real-world situations involving patients. The

122 novel method we propose consistently outperformed the classic two-channel control (representing the

123 commercial benchmark) in all the tests including multiple-DOF tasks as well as single-DOF tasks where the

124 commercial benchmark is expected to be best performing. To the best of our knowledge these results have

125 never been achieved by any study so far.

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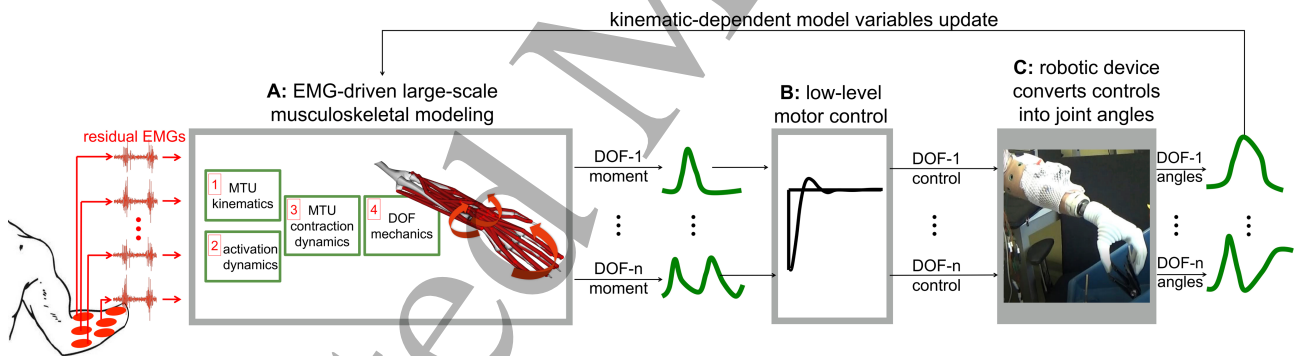
Figure 1. Model-based control schematics for upper limb myoelectric robotic limbs. (A) A large-scale,

128 physiologically correct musculoskeletal model predicts muscle forces of residual forearm muscles as well the

129 resulting joint moments acting on the amputee's phantom limb. (B) Joint moment estimates are converted

130 into prosthesis low-level motor commands. (C) The prosthesis is the physical device that converts EMG-

131 predicted joint forces into joint kinematics, rather than using numerical integration as previously 132 proposed.

This enables real-time simultaneous and proportional control multi of multiple degrees of 133 freedom (DOFs) in

myoelectric robotic limbs.

134

METHODS

We developed a subject-specific modeling formulation (Figs 1-2) that enabled estimation of wrist-hand musculoskeletal function in both intact-limbed individuals and transradial amputees as controlled by EMG-derived neural activations. We demonstrated the ability of using resulting model-based joint moment estimates for the concurrent, real-time control of a myoelectric prosthesis throughout a large repertoire of wrist-hand tasks. Our proposed framework schematic is depicted in Figs 1-2 and comprises three major components including: EMG-driven musculoskeletal model (Fig. 1A), prosthesis low-level controller (Fig. 1B-C), and model calibration (Fig. 2). The EMG-driven musculoskeletal model component is developed based on previous work from the authors [13–15,26–30] as well as from other groups [31–37].

Experimental procedures were performed for each individual subject on two consecutive days. During the first day, a musculoskeletal model was scaled and calibrated to match each individual's anthropometry and force-generating capacity. During the second day, the subject-specific model was employed for the online prosthesis control tests across arm configurations. Online control tests were performed with no model re-calibration and involved direct comparison with the classic two-channel control benchmark. The commercial benchmark was chosen because it provides highest robustness in the control of single-DOFs across arm configurations and therefore represents the best means for comparison with respect to our proposed method.

First, we describe how motion data were collected and processed for establishing subject-specific musculoskeletal models, i.e. see Data Recording and Processing Section. Second, we describe our proposed model-based framework components (see EMG-driven Musculoskeletal Model, Prosthesis Low-Level Controller and Model Calibration Sections) along with the communication framework that enabled data flow between EMG amplifier, prosthetic limb and model-based framework (see System Communication Framework Section). Third we describe the online prosthesis control testing procedures (see Experimental Tests Section).

Data Recording and Processing

Motion capture data were recorded (256Hz) using a seven-camera system (Qualisys, Göteborg, Sweden, 256Hz) and a set of 18 retro-reflective markers placed on the individual's intact left upper extremity, residual right upper extremity, trunk, and pelvis. Data were recorded during one static anatomical pose and used in

164 conjunction with the open-source software OpenSim [38] to scale a generic upper extremity model of the

165 musculoskeletal geometry [25,39] to match the subject's anthropometry. The musculoskeletal geometry

166 model had six upper extremity DOFs including: shoulder elevation, shoulder adduction-abduction, elbow

167 flexion-extension, forearm pronation-supination, wrist flexion-extension, and first-to-fourth proximal

168 metacarpophalangeal joint flexion-extension. Although the model encompasses all DOFs and muscle-tendon

169 units (MTUs) in the human hand [25], only a subset of these were employed. Specifically, this incorporated a

170 total of 12 MTUs spanning the elbow, wrist and hand joints (Table I). During the scaling process, virtual

171 markers were placed on the generic musculoskeletal geometry model based on the position of the

172 experimental markers from the static pose. The model anthropomorphic properties as well as MTU insertion,

173 origin and MTU-to-bone wrapping points were linearly scaled on the basis of the relative distances between

174 experimental and corresponding virtual markers[38].

175 EMGs were measured (10KHz) and A/D converted with 12-bit precision using a 256-channel EMG

176 amplifier (OTBioelettronica, Torino, IT). Only eight channels were used for the experiment, i.e. via eight

177 pairs of disposable bipolar electrodes (Ambu, Neuroline 720, DK). Electrodes were placed in the

178 correspondence of eight upper limb muscle groups including: biceps brachii, pronator teres, extensor carpi

179 radialis, extensor carpi ulnaris, extensor digitorum, flexor carpi radialis, flexor carpi ulnaris, flexor

180 digitorum. Placement was performed following SENIAM recommendations with a 10mm inter-electrode

181 distance (measured from each electrode center) [40]. Each individual was initially asked to perform maximal

182 voluntary contractions articulating wrist flexion-extension, forearm pronation-supination, and hand opening-

183 closing. EMGs were high-pass filtered (30Hz), full-wave rectified, and low-pass filtered (6 Hz) using a

184 second-order Butterworth filter. Resulting peak-processed values were used for the subsequent EMG

185 normalization during the real-time myocontrol experimental tests. All tests were performed using a powered

186 multi-functional wrist hand prosthesis (Michelangelo Hand, Ottobock HealthCare GmbH, Duderstadt, DE)

187 equipped with wrist pronation-supination (WPS), flexion-extension (WFE) and hand opening-closing (HOC)

188 motors. The prosthesis can produce two grasp types; the palmar grasp was used (HOC) in the present study.

189 The hand is sensorized with embedded position and force sensors, measuring aperture size, wrist rotation

190 angle and grasping force. The commands to the hand and sensor data from the hand were transmitted through

191 a Bluetooth or TCP/IP connection (100 Hz).

192 **Table I. EMG to MTU mapping.** Mapping between experimental electromyograms (EMGs) and

193 simulated musculotendon units (MTUs)*.

EMGs	Biceps Brachii	Pronator Teres	Extensor Carpi Radialis	Extensor Carpi Ulnaris	Extensor Digitorum	Flexor Carpi Radialis	Flexor Carpi Ulnaris	Flexor Digitorum
MTUs	BIClong, BICshort	PT, PQ	ECRL, ECRB	ECU	EDC	FCR	FCU	FDS, FDPM

194 * Musculotendon unit names: biceps brachii long head (BIClong) and short head (BICshort), extensor carpi
195 radialis longus (ECRL), extensor carpi radialis brevis (ECRB), extensor carpi ulnaris (ECU), extensor
196 digitorum communis (EDC), flexor carpi radialis (FCR), flexor carpi ulnaris (FCU), flexor digitorum
197 superficialis (FDS), flexor digitorum profundus (FDPM), pronator quadratus (PQ), and pronator teres (PT).
198

EMG-driven Musculoskeletal Model

200 Our proposed EMG-driven modeling framework (Fig. 1) receives as an input: (1) EMGs from the amputee's
201 residual limb and (2) prosthesis joint angles. This information is used to compute the mechanical moments
202 produced to actuate the amputee's phantom limb and the intact-limbed individuals' wrist-hand. The EMG-
203 driven musculoskeletal modeling formulation comprises four main components [13,26,27,41]. The **neural**
204 **activation component** (Fig. 1A.1) converts EMGs into MTU-specific activation using a second order
205 muscle twitch model and a non-linear transfer function [13,30,41]. Eight EMG channels were mapped into
206 12 MTUs as detailed in Table I. The **MTU kinematics component** (Fig. 2A.2) synthetizes the MTU paths
207 defined in the subject-specific geometry model into a set of MTU-specific multidimensional cubic B-splines.
208 Each B-spline computes MTU kinematics (i.e. MTU length and moment arms) as a function of input
209 prosthesis joint angles [27]. The **MTU dynamics component** (Fig. 2A.3) solves for the dynamic equilibrium
210 between muscle fibers and series tendons in the production of MTU force. It employs a Hill-type muscle
211 model with activation-force-length-velocity relationships informed by MTU length and neural activations
212 from the previous two components [13,42]. The **joint mechanics component** (Fig. 1A.4) transfers MTU
213 forces to the skeletal joint level using MTU moment arms. This enables computing joint moments [13].
214 Unlike state of the art methods, this procedure does not require forward integration of the equations of
215 motion and is done in real-time using a physiologically correct large-scale musculoskeletal model, i.e. no
216 need for simplification in the underlying musculoskeletal structure being modeled [11].

Prosthesis Low-Level Controller

219 The joint moments predicted by the EMG-driven model are subsequently converted into prosthesis low-level
220 control commands (Fig. 1B). These are first amplitude-normalized, threshold-processed, and prescribed to

221 the prosthesis DOFs individually (Fig. 1C). The prosthesis embedded low-level controller receives input

222 commands and rotates the prosthesis joints with a velocity profile that is proportional to the decoded joint

223 moment. The prosthesis DOF angular kinematics is directly modulated as a function of the input command

224 amplitude. The prosthesis movement emerging from these commands is fed into the EMG-driven model

225 MTU kinematic component (Fig. 1A.2) and used to update the kinematic-dependent state in the

226 musculoskeletal model. This includes skeletal DOF angular position as well as DOF-angle-dependent MTU

227 length, MTU-to-bone wrapping points, and MTU moment arms.

228
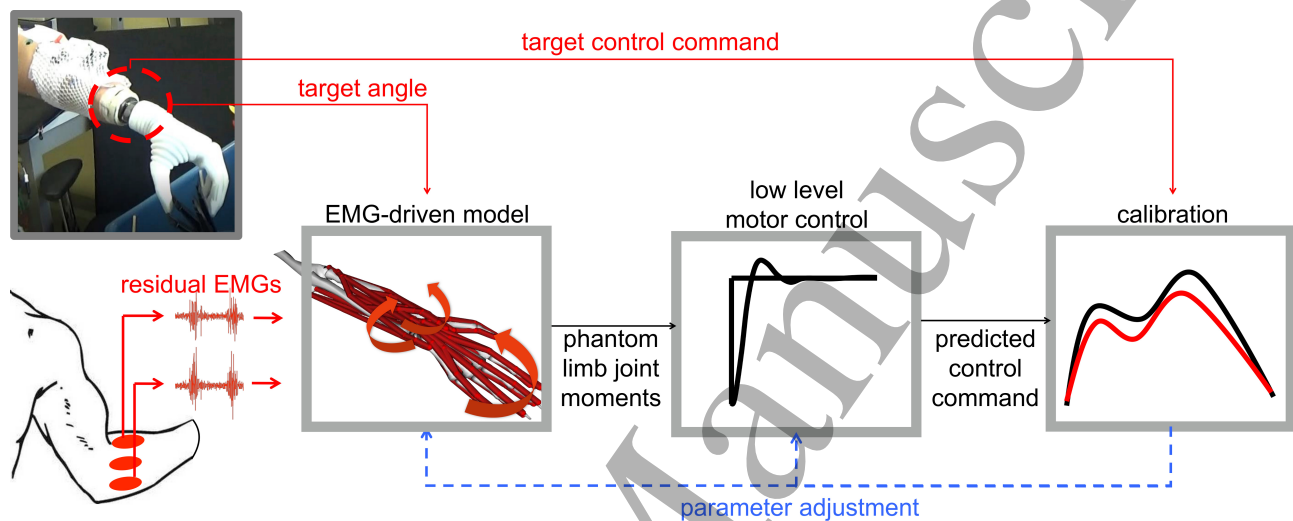
Figure 2. Model calibration procedure. The real-time EMG-driven model-based controller is calibrated

230 using prosthesis joint motor control commands. During calibration the amputee is instructed to mimic pre-

231 defined motions executed by the prostheses using their own phantom limb. EMG-driven model internal

232 parameters are repeatedly refined, as part of a least-squares optimization procedure, so that the mismatch

233 between EMG-driven model's predicted prosthesis DOF commands and those produced by the prosthesis

234 pre-defined command inputs is minimized.

235

Model Calibration

237 During calibration, the amputee is instructed to activate the muscles in the residual limb mimicking pre-

238 defined motions executed by the prostheses using their own phantom limb (Fig. 2). Pre-defined prostheses

239 motions to mimic involve moving through the full range of motion about each selected DOF at a constant

240 speed. Pre-defined motions included: wrist flexion-extension, forearm pronation-supination, and hand

241 opening-closing. During this, the calibration algorithm receives three input signals: EMGs from the

242 amputee's residual limb, prosthesis DOF angles, as well as the prosthesis DOF control commands

243   (normalized velocities) producing the target DOF angles. The **calibration component** (Fig. 2) identifies a

244   number of amputee-specific musculoskeletal parameters that vary non-linearly across individuals because of

245   anatomical and physiological differences. These include: muscle twitch activation/deactivation time

246   constants, EMG-to-activation non-linearity factor, muscle optimal fiber length, tendon slack length, and

247   muscle maximal isometric force. The initial nominal parameters are repeatedly refined, as part of a least-

248   squares optimization procedure, so that the mismatch between EMG-driven model's predicted prosthesis

249   DOF commands and those applied to the prosthesis (predefined normalized velocities) is minimized.

250   Calibration operates offline using prerecorded data. This enables calibration of both uni-lateral and bi-lateral

251   amputees, since the subject mirrors the movement of the prosthesis with the phantom limb (instead of

252   mirroring the contralateral healthy limb as in [20]).

253

System Communication Framework

255   The whole real-time modeling framework (i.e. EMG-driven Model and Calibration, Figs 1-2) operated on a

256   laptop with dual-core processing unit (2.60GHz) and 16GB of RAM memory. Based on our recent work [24]

257   we developed two software plug-in modules that enabled direct TCP/IP connection between the real-time

258   modeling framework and external devices. The first plug-in module provided a direct TCP/IP connection to

259   the external EMG amplifier. It recorded the raw EMGs and processed them as described in the Data

260   Recording and Processing Section. The second plug-in module enabled a direct TCP/IP connection to the

261   prosthetic limb. It processed the EMG-driven model-based estimates of wrist-hand moments to produce

262   prosthesis low-level control commands, i.e. see Prosthesis Low-Level Controller Section.

263 **Table II. Description of subjects investigated.** Intact-limbed subjects are labeled as IL1-3. The transradial
264 amputee individual is labeled as TR1.

	Age (Years)	Weight (Kg)	Height (cm)	Sex	Number of electrodes used	Amputation Level	Years since amputation	Prosthesis use
IL1	34	68	183	Male	8	-	-	-
IL2	26	73	177	Male	8	-	-	-
IL3	40	73	176	Male	8	-	-	-
TR1	50	75	168	Male	8	Transradial	30	Daily

Experimental Tests

267   Experiments were conducted in accordance with the declaration of Helsinki. The University Medical Center

268   Göttingen Ethical Committee approved all experimental procedures (Ethikkommission der

269 Universitätsmedizin Göttingen, approval number 22/4/16). Three intact-limbed individuals (IL1-3) and one

270 transradial amputee (TR1, Table II) volunteered for this investigation after providing signed informed

271 consent form. Amputation in the TR1 individual was a result of a traumatic injury at year 20th (Table II).

272 Residual stump was estimated to be of 15 cm as measured from the stump most distal point to elbow lateral

273 epicondyle. The TR1 individual is a regular prosthetic user currently fitted with a myocontrolled prosthesis

274 (Michelangelo Hand, OttoBock HealthCare, GmbH) and the two-EMG-channel direct control scheme also

275 used in our tests. None of the subjects had any neuromuscular disorder or abnormality than listed. Subjects

276 performed three series of tasks including: virtual target reaching, clothespin, and functional tests. All tests

277 were performed with no force feedback provided to the amputee.
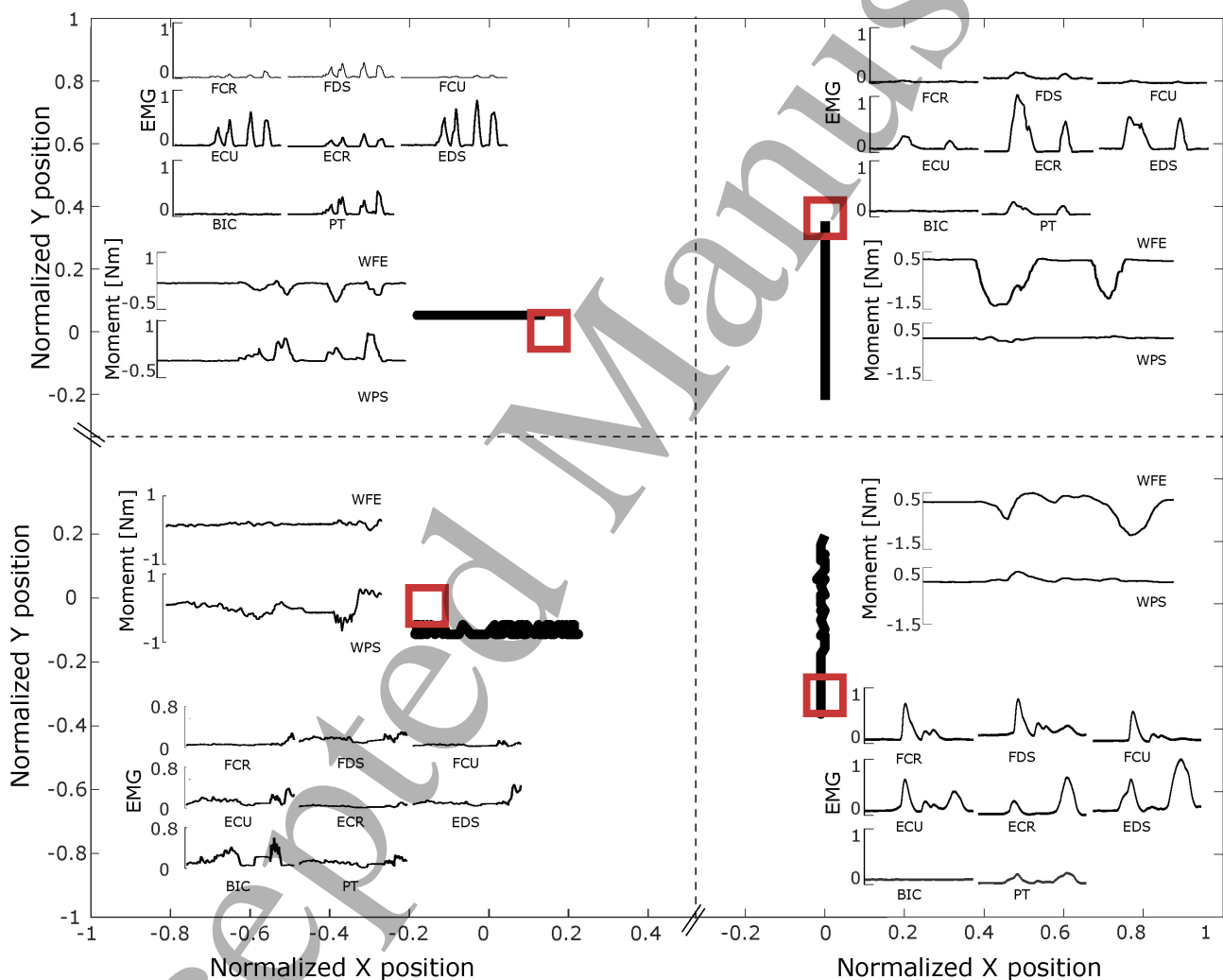
Figure 3. Vertical and horizontal target reaching tests reported for the transradial amputee (TR1).

280 Four representative target positions to reach are depicted as red square-shaped cursors. The target workspace

281 spanned the interval [-1, 1] in normalized units in both vertical and horizontal directions, where -1 and 1

282 corresponded to full pronation/flexion and supination/extension of the prosthesis. Vertical targets are

accomplished by operating the prosthesis wrist flexion-extension (WFE) degree of freedom (DOF).

Horizontal targets are accomplished by operating prosthesis forearm pronation-supination (WPS) DOF. Each

target is represented along with the underlying electromyograms (EMGs) recorded from the residual forearm

muscles including: flexor/extensor carpi radialis (FCR/ECR), flexor/extensor carpi ulnaris (FCU/ECU),

flexor/extensor digitorum superficialis (FDS/EDS), pronator teres (PT), and biceps brachii (BIC).

Furthermore, the resulting DOF moments predicted at the phantom limb WFE and WPS DOFs are depicted,

i.e. see black curves in each quadrant. EMGs are depicted as dimensionless curves whereas moments are
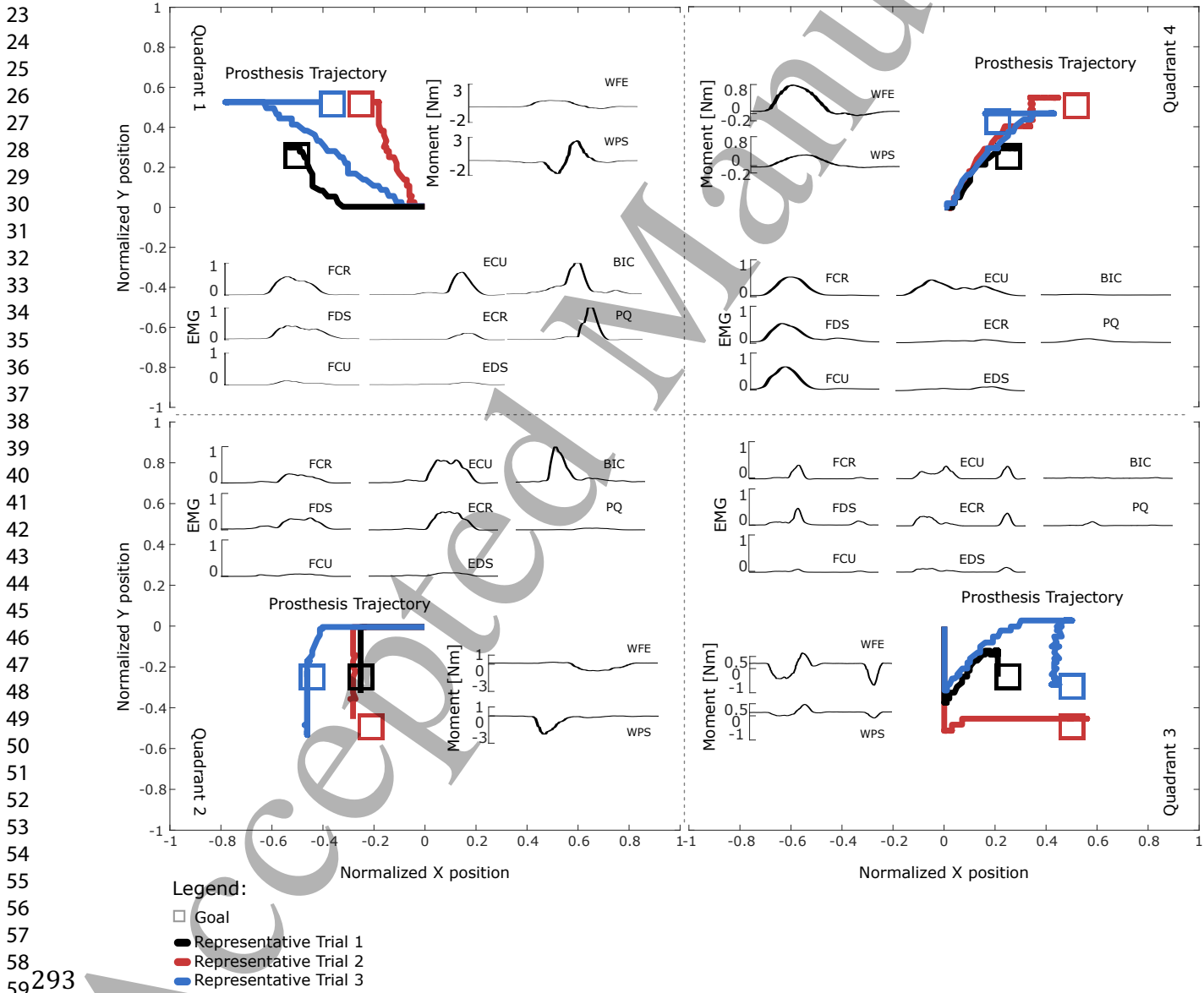
represented in Nm.

Figure 4. Diagonal target reaching tests reported for the transradial amputee (TR1). Results are reported for each of the four quadrants. See Movie 1 for a visual example of quadrant 3 reaching tasks. Three representative targets per quadrant are depicted as square-shaped cursors. Each target is reached from the same initial position, i.e. zero degrees of wrist flexion and forearm pronation (hand neutral position). The target workspace spanned the interval [-1, 1] in normalized units in vertical and horizontal directions, where -1 and 1 corresponded to full pronation/flexion and supination/extension of the prosthesis. Each target is reached by the simultaneous control of two degrees of freedoms (DOFs). In each quadrant, each target is represented along with the underlying electromyograms (EMGs) recorded from the residual forearm muscles including: flexor/extensor carpi radialis (FCR/ECR), flexor/extensor carpi ulnaris (FCU/ECU), flexor/extensor digitorum superficialis (FDS/EDS), pronator teres (PT), and biceps brachii (BIC). Furthermore, the resulting DOF moments predicted at the phantom limb wrist flexion-extension (WFE) and forearm pronation-supination (WPS) DOFs are depicted, i.e. see black curves in each quadrant. Across all quadrants and targets, vertical and horizontal directions are achieved by controlling WFE and WPS respectively. EMGs are depicted as dimensionless curves whereas moments (torques) are represented in Nm.

Virtual Target Reaching Tasks

During the **virtual target reaching tasks**, subjects sat in front of a monitor and were asked to position themselves on the chair so that their right arm could move freely in any direction. The monitor provided visual feedback in the form of a ball-shaped cursor representing the prosthesis wrist flexion-extension and pronation-supination kinematics state. Subjects were instructed to move a ball-shaped cursor to reach a square-shaped target while keeping the cursor within the target for more than 1 second. Both cursor and target moved in a Cartesian space. Cursor vertical movements were accomplished by actuating the prosthesis wrist flexion-extension DOF via appropriate muscle contractions. Flexion and extension moved the cursor in the negative and positive vertical directions respectively. Similarly, cursor horizontal movements were accomplished by actuating the prosthesis wrist pronation-supination DOF. Pronation and supinations moved the cursor in the negative and positive horizontal directions respectively. Prosthesis neutral position corresponded to the cursor being in the Cartesian space origin. During all tasks, the myoelectric prosthesis was located next to the subject.

322   The workspace spanned the interval [-1, 1] in normalized units in vertical and horizontal directions,

323   where -1 and 1 corresponded to full pronation/flexion and supination/extension of the prosthesis. The

324   prosthesis wrist range of motion was [-150, 150] and [-75, 50] degrees for pronation/supination and

325   flexion/extension respectively. Tasks were conducted with variable travel distance that ranged between 0.35

326   and 0.7 normalized units and with constant target size of 0.2 by 0.2 normalized units. The targets were

327   centered at the coordinates (±0.25, ±0.25), (±0.25, ±0.5), (±0.5, ±0.25), and (±0.5, ±0.5), where the signs of

328   the coordinates were determined by the quadrant that was tested. Subject performed two series of tests.

329   The <u>first test series</u> verified the system robustness to hand movement artefacts. Subjects were required to

330   repeatedly open and close their right biological or phantom hands in time to an acoustic metronomic cue, i.e.

331   50 beats per seconds, 10 repeated hand opening and closings. The subjects were instructed to exert 10 % of

332   their maximum opening\closing force.

333   The <u>second test series</u> verified the system ability to enable controlling WFE and WPS individually,

334   sequentially, as well as simultaneously. Subjects were required to perform a number of reaching tests. Each

335   test required reaching eight targets randomly located on the:

336   • Vertical axis only, i.e. prosthesis WFE DOF myoelectric control.

337   • Horizontal axis only, i.e. prosthesis WPS DOF myoelectric control.

338   • Cartesian space four quadrants using <u>sequential</u> control of prosthesis WFE and WPS DOFs.

339   • Cartesian space four quadrants respectively, i.e. top-left, bottom-left, top-right, bottom-right. Each

340   quadrant required the simultaneous and proportional control of the prosthesis WFE and WPS DOFs.

341   Importantly, in all the tests, the subjects could activate the DOFs simultaneously, but during horizontal,

342   vertical and sequential task, they were instructed to use a single DOF at a time. The aim of these tests was to

343   assess the selectivity of control and the amount of cross talk between the command signals (unwanted

344   activation). Each test series was repeated with the right arm in three different postures including: fully

345   extended elbow, 90 degree flexed elbow, 90 degree flexed elbow and 90 degree abducted shoulder. Arm

346   postures were monitored via inertial measurement units (XSens, Enschede, Netherlands) placed in the

347   correspondence of anatomical landmarks including: right acromion, humerus lateral compartment, forearm

348   lateral compartment. Moreover, each test was performed both using our proposed model-based system as

349 well as the classic commercial control system. The aim was to compare the performance of the novel method

350 to that of the commercial benchmark.

351

Clothespin Task

353 During the **clothespin task** subjects wore the prosthesis, which was connected to their forearms. For the

354 able-bodied subjects, the prosthesis was connected to a custom-made splint, which was then strapped to the

355 forearm. For the amputee subject, the prosthesis was mounted to a custom-made socket (as in a real-life

356 application). They stood in front of a clothespin test preparation platform. These tasks verified the ability to

357 accurately control WPS and HOC simultaneously and proportionally during functionally relevant tasks. Each

358 test was performed both using our proposed model-based system as well as the classic commercial control

359 system. Subjects performed two series of tests. The first test series involved grasping 12 pins located on

360 horizontal bars and placing them onto a vertical bar. Each pin triplet underlay different stiffness, hence the

361 need for grips with different force levels. This test was designed so that the subject needed to activate WPS

362 as well as HOC proportionally (to modulate force) and simultaneously (to activate multiple DOFs).

363 The second test series was a variation of the first. It involved performing a clothespin task with pins

364 equipped with custom-made contact sensor and an LED. When the pin fully closed, the sensor activated the

365 LED indicating that the exerted grasping force was too high, thereby "breaking" the "object". The goal is to

366 grasp five pins each of which of different stiffness while accurately fine-tuning the grip force in order to

367 always keep it below a predefined threshold. More specifically, the subjects needed to exert enough force to

368 open the pin and remove it from the bar, but at the same time, the force had to be below the "breaking"

369 threshold of the pin. Therefore, each pin corresponded to a target window of grasping force.
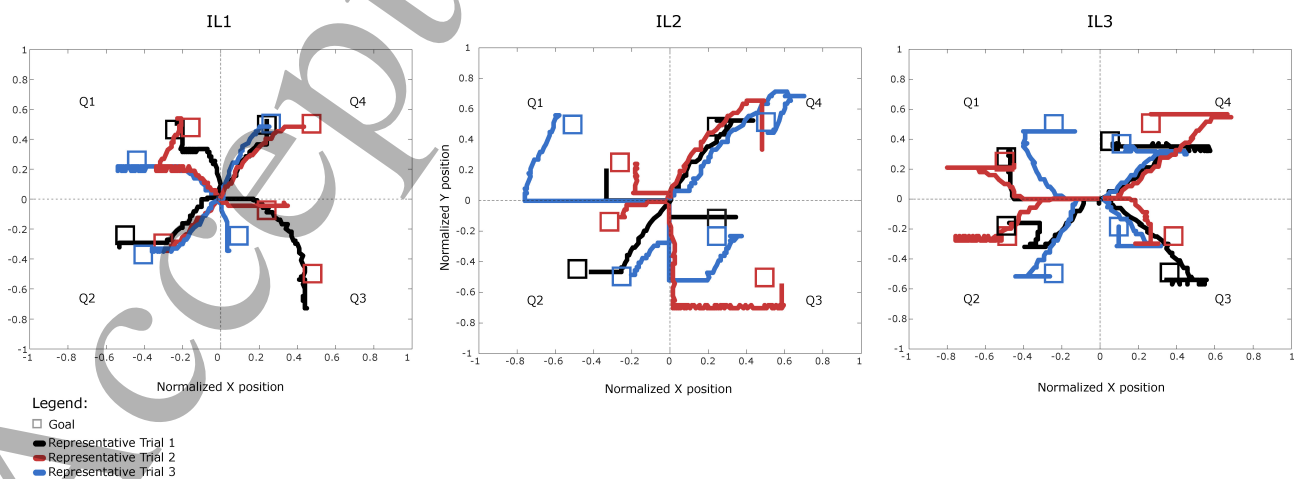

370

371 **Figure 5. Diagonal target reaching tests reported for three intact-limbed individuals (IL1-3).** Three

372 representative targets per quadrant (Q1-Q4) are depicted as square-shaped cursors. Each target is reached

373 from the same initial position, i.e. zero degrees of wrist flexion and forearm pronation (hand neutral

374 position). The target workspace spanned the interval [-1, 1] in normalized units in vertical and horizontal

375 directions, where -1 and 1 corresponded to full pronation/flexion and supination/extension of the prosthesis.

376 Each target is reached by the simultaneous control of two degrees of freedoms (DOFs). Across all quadrants

377 and targets, vertical and horizontal directions are achieved by controlling WFE and WPS respectively. Also

378 see Movie 1 for a visual example of Q3 reaching tasks.

379

380 **Functional Tasks**

381 During the **<u>functional tasks,</u>** each subject wore the prosthesis and stood in front of a shelf. These tasks

382 verified the system ability of performing real-world functions robustly and intuitively. The tasks were

383 performed solely by using our proposed model-based system. Subjects performed three testing series. The

384 <u>first</u> was a block-turn task [43] involving a sequence of fine control actions including: grasping a narrow

385 wooden block placed on a high self, rotating it of 90 degrees, placing it back on the shelf, re-grasping the

386 block, rotating it back of 90 degrees, and replacing the block back to its initial position.

387 The <u>second</u> involved grasping a variety of objects ranging from small size and weight to large size and

388 weight: including an egg and a big bottle (1.5L). This investigated the system robustness in handling heavy

389 objects or preserving precise grip forces while handling delicate objects (i.e. eggs).

390 The <u>third</u> assessed the robustness of the system to EMG movement artefacts. It involved mechanical

391 perturbation in the EMG wired system to induce cable movement. This assessed whether the prosthesis

392 would be inadvertently activated (by movement-induced noise) and whether the user could still actively

393 control the prosthesis during the high noise condition.
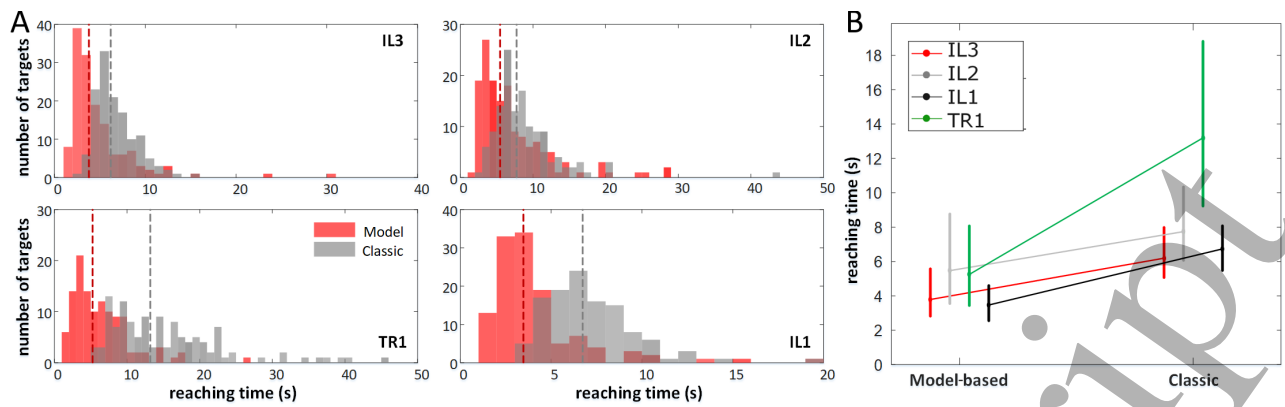
Figure 6. Speed performance during diagonal target reaching test reported for the transradial amputee (TR1) and for the three intact-limbed individuals (IL1-3). (A) Histograms report the distribution of reaching time across all targets for each subject individually, i.e. TR1 and IL1-3. Vertical dotted lines represent median reaching time. **(B)** Graphs report median (ball marker) and interquartile range (vertical line) of the time took to reach all targets as reported on a subject-specific basis. Targets in each quadrant and condition were accomplished both using our proposed model-based approach (model) as well as the classic commercially available system (classic).

Numerical Analysis

We quantified our proposed model-based framework real-time computation performance using metrics including: the mean computation time, standard deviation, median and 1st-3rd interquartile range measured across all simulation frames from all subjects and tasks. The 90% confidence interval was estimated for our proposed framework computation time using the Chebyshev's theorem, i.e., expected interval = mean ± 3.16·std. This could be applied with no assumption on the normality of computation time distributions. Path similarity between reaching trajectory and shortest path was calculated using the coefficient of determination (R^2, square of the Pearson product moment correlation coefficient. In all the reaching tasks, we have determined the mean and standard deviation for the time to reach the target. The outcome measure in the clothespin task was the number of pins transferred per minute.
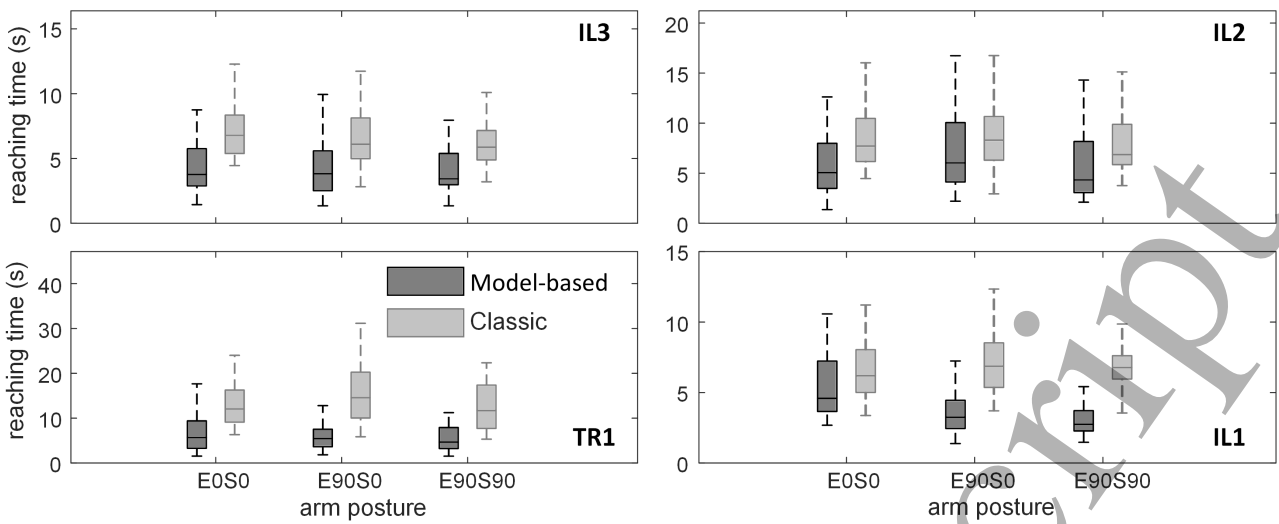
Figure 7. Speed performance as a function of arm position reported for the transradial amputee (TR1) and for the three intact-limbed individuals (IL1-3). Graphs report median (horizontal line), interquartile range (box), and overall max/min values (vertical dotted lines) of the time took to reach diagonal targets as a function of arm configurations: elbow/shoulder 0 degrees (E0S0)), elbow 90 degrees flexed, shoulder 0 degrees (E90S0), elbow 90 degrees flexed, shoulder 90 deg abducted with hand closed (E90S90). Targets in each quadrant and condition were accomplished both using our proposed model-based approach (model-based) as well as the classic commercially available system (classic).

RESULTS

Our proposed real-time musculoskeletal model successfully converted EMG signals from eight forearm muscle groups into mechanical forces produced by 12 musculotendon units or MTUs (Table I) and into resulting EMG-dependent joint moments across a large repertoire of wrist-hand movement (Fig. 1A). EMG-driven model-based joint moment estimates were translated into prosthesis control commands (Fig. 1B), which resulted in the prosthesis moving naturally with no need for explicit angular position control. The prosthesis movement emerging from these commands was directly used to update the kinematic-dependent state in the musculoskeletal model (Fig 1C).

Results showed that our proposed paradigm enabled accurate and robust control of prosthesis WFE and WPS across a large repertoire of tasks performed at different arm configurations (Figs 3-7, Movie 1). Moreover, results showed the ability of natural control of WPS and HOC during functionally relevant clothespin tests (Figs 8, Movies 2-3) and object manipulation tests (Movies 4-7). These tests underwent

dynamic stump-prosthesis movements, enabling testing robustness to EMG non-stationarities (due relative movement between muscle fiber and electrodes) and control precision in the force domain. For all subjects, model calibration (Fig. 2) was always performed a number of days prior to real-time prosthesis control experiments. This provided evidence of the framework ability of retaining subject-specific parameter consistency across time scales, i.e. the model needed to be established once for all per subject. Subjects controlled the prosthesis throughout three series of tasks including: virtual target reaching, clothespin, and functional tasks. This Section presents quantitative results as well as the framework computational times across all series of tasks. In the reminder of this section the three intact-limbed individuals will be referred to as IL1, IL2, and IL3 respectively. The transradial amputee will be referred to as TR1 as indicated in Table II.

Virtual Target Reaching Tasks

The virtual target reaching tasks tested whether the proposed framework enabled subjects to control prosthesis WFE and WPS individually, sequentially, as well as simultaneously. Subjects sat in front of a monitor and were instructed to move a virtual ball-shaped cursor to reach a square-shaped target and keep the cursor within the target for ~1 second. Cursor movements were accomplished by actuating prosthesis WFE and WPS DOFs via forearm muscle contractions. Since it is known that arm posture greatly affects the performance of state of the art decoders [2], we quantified our system robustness to arm configuration, i.e. each test was repeated with the right arm in three postures: (a) fully extended elbow, (b) 90-degree flexed elbow, and (c) 90-degree flexed elbow and 90-degree abducted shoulder.

During the virtual target reaching tasks subjects reached a total of 672 targets, i.e. 168 targets per subjects on average. The first three series of tests verified the precision in controlling WFE and WPS individually (i.e. first and second series, see Methods Section) as well as sequentially (i.e. third series, see Methods Section) in order to reach vertically and/or horizontally displayed targets. Importantly, in all three series, the system always allowed simultaneous DOF control, but subjects were instructed to activate the DOFs individually, testing thereby the ability for selective control. Fig. 3 depicts vertical and horizontal reaching trajectories (i.e. individual DOF control) reported for TR1 along with recorded EMGs and estimated WFE and WPS moments driving the prosthesis movement. Subjects always reached targets using linear trajectories thereby successfully actuating a single DOF at a time with high precision. Path similarity was always accomplished with $R^2 > 0.98$ across all targets and subjects. Intact-limbed individuals and transradial

463 amputee reached all targets with comparable times (median\interquartile range) during the individual and

464 sequential DOF (two DOFs controlled in sequence) control tasks: 2.2\1.6s (individual) and 4.6\3.1s

465 (sequential) across IL1-3 whereas 2.3\1.6s (individual) and 7.1\5.1s (sequential) for TR1.

466 The fourth series of tests verified the system ability to enable controlling WFE and WPS simultaneously.

467 Movie 1 shows the proposed model-based framework operated in real-time for the control of the prosthesis

468 by IL1, displaying both musculoskeletal model, recorded EMGs and estimated wrist moments. The movie

469 also shows the concurrent control of the ball-shaped cursor for reaching a variety of diagonal targets (see

470 user interface on external screen). Note that the cursor diagonal trajectories directly correspond to the

471 prosthesis simultaneous actuation of WPS and WFE. Fig. 4 further depicts diagonal reaching trajectories

472 reported for TR1 along with recorded EMGs and estimated WFE and WPS moments driving the prosthesis

473 movement. Fig. 4 shows highly coupled production of WFE and WPS moments underlying simultaneous

474 control of prosthesis DOFs. Moment generating patterns were substantially different during the sequential

475 DOF tasks (Fig. 3), i.e. reduced degree of WFE and WPS moment coupling. Fig. 5 depicts representative

476 diagonal reaching trajectories for all intact-limbed individuals. Figs 4 and 5 also show that all subjects were

477 able to produce diagonal trajectories. Moreover, each individual displayed ability of generating optimal

478 diagonal trajectories in specific quadrants. TR1 was particularly capable of generating diagonal trajectories

479 in quadrants 1, 3 and 4. IL1 and IL3 were capable of generating diagonal trajectories across all quadrants

480 whereas IL2 in quadrants 2 and 4.

481 Intact-limbed individuals and transradial amputee reached all targets with comparable times

482 (median\interquartile range), i.e. 3.8\2.8s across IL1-3 and 5.3\4.7s for TR1. Each individual reached targets

483 with substantially less time using our proposed model-based framework (model-based) than when using the

484 classic commercially available two-channel sequential control scheme based on co-contraction (classic). Figs

485 6A and 6B respectively reports the distribution and median\interquartile range of reaching times across all

486 targets on a subject-specific basis. Across all subjects, quadrant 1 targets were reached (median\interquartile

487 range) in 3.4\2.9s (model-based) and 6.2\3.4s (classic). Quadrant 2 targets were reached in 4.1\3.4s (model-

488 based) and 5.9\2.6s (classic). Quadrant 3 targets were reached in 3.4\2.2s (model-based) and 7.4\3.7s

489 (classic). Quadrant 4 targets were reached in 4.2\3.9s (model-based) and 5.8\2.4s (classic).

490 Importantly, the performance of the proposed model-based approach was preserved across all arm

491 postures. Fig. 7 reports reaching times across arm postures and specifically for each subject. This shows our

proposed model-based approach has no performance decay across arm configuration and consistently outperforms the robust classic control scheme. In this, reaching times were always smaller using the model-based approach than when using the classic control scheme. Across all subjects, reaching times during extended elbow posture were (median\interquartile range) 3.1\2.2s (model-based) and 7.1\3.8s (classic). During elbow flexed arm posture they were 3.4\3s (model-based) and 6.2\4.9s (classic). Finally, during elbow flexed and shoulder abducted arm posture they were 3.3\2s (model-based) and 5.9\3.7s (classic).
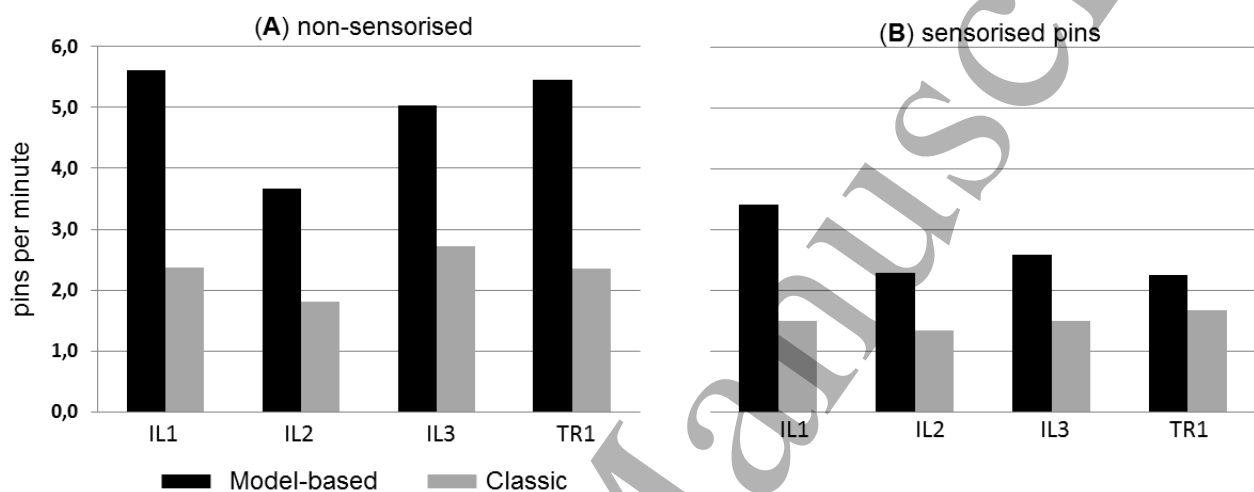
Figure 8. Speed performance during clothespin test. Performance is evaluated in terms of number of clothespins correctly picked and placed per minute (ppm) both using our proposed system (model-based) and the commercially available system (classic). Results are reported for three intact-limbed individuals (IL1-3) and one transradial amputee (TR1). Also refer to Table II. (A) Results are reported for the non-sensorised pin test. (B) Performance is evaluated in terms of number of sensorised clothespins correctly picked without triggering light sensor.

Clothespin Task

The clothespin task verified the ability to accurately control WPS and HOC simultaneously and proportionally across functionally relevant tasks. Subjects performed two series of tests with different pin types. Subjects picked a total of 48 non-sensorised pins (i.e. 12 pins per subject) and a total of 20 sensorized pins (i.e. 5 pins per subject).

The first series of tests (Movie 2, Fig. 8A) involved picking and placing non-sensorised pins (see Methods Section). Pins were arranged in four triplets of different stiffness as previously reported [44].

514 Results showed that both intact-limbed and amputee individuals could control prosthesis WPS and HOC

515 simultaneously while generating natural motions. This enabled individuals to complete the test with an

516 average speed of 5.24±0.9 pins per minute (ppm) using the proposed model-based framework. In this, the

517 amputee's speed performance (5.5±0.4 ppm) was comparable to that of subject IL1 (5.6±0.7 ppm) and higher

518 than that of subjects IL2 (3.67±0.5 ppm) and IL3 (5.03±0.6 ppm). Each individual completed the test with

519 substantially better performance than when they used the commercially available sequential control scheme

520 based on co-contraction (Fig. 8A) [9]. For the classic-control scheme, average speed performance was

521 2.3±0.4 ppm and ranged between 1.8±0.1 ppm (subject IL2) and 2.7±0.2 ppm (subject IL3).

522 The second series (Movie 3, Fig. 8B) involved picking and placing sensorised pins equipped with

523 custom-made contact sensors. The sensor registered when the pin was grasped with force levels beyond

524 predefined thresholds. This was indicated by activating a LED signaling that the subject would have

525 "broken" the grasped object in the real world. Similarly to the first series, test underlay five pins of different

526 stiffness as previously reported (see Material and Methods Section) [44]. The aim was to pick each pin while

527 accurately controlling grasping force in order to open the pin enough to remove it from the bar but without

528 using excessive forces, which would trigger the light sensor. The target force windows to successfully

529 relocate each pin were 7-15% (yellow pins in Movies 2-3), 13-23% (red pins in Movies 2-3), 23-32% (green

530 pins in Movies 2-3), and 35-43% (black pins in Movies 2-3) of the prosthesis maximum force. Results

531 revealed each individual's ability of fine controlling the prosthesis grip force while simultaneously

532 controlling hand rotation. Movie 3 shows the amputee's ability of grasping sensorized pins with the

533 appropriate force level while preserving the required force level accurately during prosthesis wrist pronation-

534 supination, hence with no unwanted activations, i.e. no cross talk across DOFs. Individuals completed the

535 sensorized clothespin test with an average speed of 2.7±0.4 pins per minute (ppm) using the proposed model-

536 based framework (Fig. 9). In this, the amputee's speed performance (2.25±0.1 ppm) was comparable to that

537 of intact-limbed subject IL2 (2.28±0.2 ppm) IL3 (2.58±0.2 ppm) while IL1 (3.4±0.2 ppm) displayed the best

538 performance. Similarly to the first test, each individual completed the test with better performance than when

539 they used the commercially available sequential control scheme based on co-contraction (Fig. 9) [9]. For the

540 classic-control scheme, average speed performance was 1.5±0.13 ppm and ranged between 1.3 ppm (subject

541 IL2) and 1.6 ppm (subject TR1).

542

Functional Tasks

The functional tasks verified the system ability of performing real-world functions robustly and intuitively and were performed only with the proposed model-based control scheme. Results are reported in the form of a large repertoire of videos. In this, the transradial amputee could successfully perform tasks involving fine control actions (Movies 4-5) as well as manipulation of different objects (Movies 6-7). Fine control actions are displayed in Movie 4, showing TR1 executing a block-turn task involving fine control of HOC and WPS DOFs in the precise positioning of a narrow wooden block in equilibrium on a wooden shelf. Movie 5 shows TR1 precisely controlling HOC DOF force for grasping an egg. The movie shows TR1 ability of grasping force fine control while rotating the prosthetic wrist without breaking the egg. It is worth stressing that this task was performed with no force feedback provided to the amputee. Movie 7 shows how our proposed system was transparent to mechanically induced EMG movement artefacts, preventing inadvertently activating the prosthesis DOFs, i.e. by the resulting noise. Remarkably, the proposed system always enabled amputee's voluntary prosthesis control under high movement-artefact contaminated condition. Finally, the system proved to be robust to highly dynamic movements including grasping and manipulating heavy objects (i.e. a 1.5L water bottle, Movie 7), a tasks that would be challenging for state of the art non-invasive myoelectric systems due to underlying alterations in EMG patterns in response to object weight [2,9,11].

Computational Time

Across all subjects and tests the proposed framework generated prosthesis control commands with average speeds 35±11ms. This includes the total net delay from the EMG recording to final prosthesis actuation. In this, 90% of control commands produced in one single time frame were generated within 55ms. This is well within the human perceivable delay in motor execution [45,46].

DISCUSSION

We presented a paradigm of man-machine interfacing where the complete information extracted from an individual's composite neuromusculoskeletal system (i.e. from neuromuscular activation to skeletal joint mechanics) is used to control a robotic multi-functional prosthetic limb. We tested this paradigm on three intact-limbed individuals and on one transradial amputee during a range of tasks involving real-time control

571 of a physical prosthesis. The results showed performance and control capabilities superior than state of the

572 art non-invasive myocontrol approaches.

573   Our proposed neuro-mechanical interface addressed a major limit in current state of the art decoders, i.e.

574 the inability of synthetizing the mechanisms that the neuro-musculo-skeletal system uses to control

575 biological joints. State of the art consolidated approaches to the control of artificial limbs are based on

576 machine learning for establishing a single mapping function between EMG and joint kinematics. In this

577 context, there currently exist commercial systems based on pattern recognition (e.g. Coapt LLC) that showed

578 important clinical use [47,48]. Moreover, recent regression based methods have shown levels of robustness

579 to noise [49]. However, current machine learning approaches still display sensitivity to electrode

580 replacement as well as lack of robustness to arm postures, thus providing control paradigms that are sensitive

581 to external conditions.

582   We propose an alternative idea based on a biomimetic model-based decoder, i.e. a computational model

583 that explicitly synthesizes the dynamics of the musculo-skeletal system as controlled by neural surrogates,

584 i.e. EMG-derived muscle activation signals (Fig. 1). Although online modelling was previously employed in

585 lower limb prostheses [50] and robotic exoskeleton [51,52] scenarios, our study proposes a paradigm never

586 presented for online myoelectric prosthesis control in transradial amputees. Forearm EMG recordings are

587 used to drive forward physiologically correct models of the human musculoskeletal system in real-time,

588 rather than regressing "all the way to" joint angles. This provides a completely new approach to decode

589 amputees' phantom limb function and concurrently control upper limb prostheses. This model-based

590 biomimetic approach enabled for the first time decoding a transradial amputee's phantom limb mechanical

591 moments (Figs 3-4) and concurrently mimicking biological wrist function in artificial limbs in real-time

592 (Movies 1-7). Whether joint moments could be reliably decoded from an amputee's residual muscles EMG

593 to robustly control a prosthetic wrist-hand represented an unanswered scientific question that this work

594 directly addressed. In our paradigm, the prosthesis is the physical device that converted EMG-predicted joint

595 moments into joint angles, thus eliminating the need for numerically integrating dynamic equations of

596 motions. This is different from current solutions operating at the kinematic-level, including (1) model-free

597 decoders, sensitive to unseen motor tasks and time scales [5] and model-based methods [21] that integrate

598 forward dynamic equations of motion, which is a computationally expansive and numerically unstable step

599 [23].

600   Removing the need for integrating the equation of motion is central for simulating large-scale models, an

601   important element especially relevant for individuals who underwent targeted muscle reinnervation surgical

602   procedures, who require regaining control of large sets of skeletal DOFs. Our proposed biomimetic model-

603   based approach enables control intuitiveness. In this, subjects do not have to learn to produce a specific

604   EMG pattern for prosthesis control. They only need to move their own biological or phantom limb, whose

605   mechanical function is directly captured by the neuro-mechanical interface and concurrently rendered in the

606   real-world by the controlled prosthetic limb.

607   Results have demonstrated that our method provided an advanced and reliable prosthesis control across

608   tests involving reaching ~600 virtual targets from three arm postures, manipulation of 48 non-sensorised

609   clothespins, 20 sensorised clothespins as well as manipulation of real-world objects during tasks mimicking

610   daily living scenarios. The subjects could successfully activate prosthesis DOFs simultaneously (WFS and

611   WPS, WPS and HOC) across a large range of tasks, and they could proportionally modulate the ratio of the

612   DOF activations, as demonstrated by the diagonal trajectories with different slopes in Figs 4-5. Furthermore,

613   subjects successfully activated single DOFs and transitioned between DOFs sequentially, with minimal cross

614   talk between DOF-specific command signals, which has shown to be a challenge for regression-based

615   methods [53]. Our method consistently and significantly outperformed commercially available benchmark

616   systems (i.e. robust two channel command interface, commercial benchmark) during multi-DOF tasks but

617   also during single-DOF tasks where commercial benchmarks would be expected to best perform. This was

618   evident in the case of the amputee subject, an especially encouraging result.

619   Fig. 3 shows that in some cases, subjects did not reach a given target via a single muscle contraction but

620   rather via a sequence of brief contractions. This resulted in a number of trajectories underling a sequence

621   torque pulses, dictating virtual cursor movement along a straight path with a variable velocity. Future work

622   will assess whether practice will enable subjects to minimize the number of contractions needed to reach a

623   give target. Fig. 4, shows that certain DOF combinations were achieved via minimally overlapped moment

624   curves. While this is in line with literature studies on natural wrist rotations [54–58], it may also be a

625   consequence of the fact that certain DOF-combinations are more intuitive than others. This may be

626   especially relevant for the amputee subject who performed the tasks with no visual feedback on the

627   prosthesis (please see Movie 1). Future work will also assess to what extent the lack of intrinsic muscle

628   EMGs may contribute to decoded joint moments across coordinated wrist-hand tasks.

629   Our proposed approach demonstrated decoding robustness across a large variety of wrist-hand tasks (Movie 1) performed across different arm configurations (Figs. 6-7), and during dynamic tasks (i.e. Movies 4-7). Movie 6 demonstrated our system ability to generate no unwanted prosthesis movement when EMG electrode cables underwent mechanically induced movement artefacts. Although this is not representative of commercially available systems schemes (i.e. involving no external cables that could be perturbed), these results show the potential robustness of our system to external movement artefact that may nevertheless come from interaction with the environment. Moreover, it enabled performing highly dynamic motor tasks including manipulating heavy objects (Movie 7).

637   Our system robustness (which was comparable to the most robust benchmark system in the market) derived from the fact that any joint moment estimate must always exist within the musculoskeletal model operational space and be therefore physiologically plausible. This cannot be achieved with current machine learning decoders that, when trained in one condition, would produce unrealistic estimates (i.e. outside the physiological space) in novel conditions. Machine learning decoding solutions are not constrained by any physiologically plausible structure. Our proposed approach establishes a subject-specific model of an individual's musculoskeletal system. In this, the musculoskeletal model linear scaling and parameter non-linear calibration (i.e. see Methods Section, Fig. 2) directly determine how EMG signals are processed by the subject's musculoskeletal system, i.e. how they are converted into muscle force and further projected onto skeletal DOFs. This effectively reduces the space of potential solutions as EMGs can be mapped only onto mechanical forces that are contained within the musculoskeletal model operational space. Current methods map EMG signals into control commands with no physiological constraints, thus dealing with large solution spaces that contain large portions of non-physiologically plausible solutions.

650   Results were obtained on a small number of subjects. Future work will be directed in testing the generalization of the results to a greater population encompassing subjects with different levels of amputations as well as comparison of our methodology with respect to state-of-the-art pattern recognition techniques. Our proposed method demonstrated applicability in amputees who underwent traumatic injuries. Future work will assess whether this method can be translated to individuals affected by congenital limb absence. This will require a systematic research to investigate whether motor task learning can be induced in such individuals undergoing physiotherapy training coupled with the proposed real-time system. Further research is also needed to investigate to what extent Hill-type muscle models may contribute to reduce EMG

658   noise artefacts in online myocontrol scenarios. In this context, computational muscle models may enable

659   simulating musculotendon viscoelasticity, which may act as a dynamic filter for reducing the impact of noise

660   remaining in the EMG after linear envelope computation. Although our results provided evidence of

661   robustness to arm configurations further work is necessary to assess robustness to other sources of noise.

662   Future work will also perform systematic analyses to quantify to what extend the model scaling and

663   calibration procedures (see Methods Section) can be retained for a subject across time scales, i.e. involving

664   longitudinal testing over a number of consecutives weeks.

665

CONCLUSION

667   This study showed the potential of the proposed control method to enable the first real-time multi-DOF

668   myoelectric technology that decodes an amputee's phantom limb musculoskeletal mechanics and could be

669   employed in real-world scenarios to control a total of three DOFs including forearm pronation-supination,

670   wrist flexion-extension and hand opening-closing. Future work will couple our proposed model-based

671   approach with deconvolution-based decoding of motor neuron discharges from high-density

672   electromyograms and enable bionic limb control in higher-dimensional DOF spaces [1,30]. Integrating

673   model-based paradigms as a mechanism to constrain and control prosthetic wrist-hand rotation within

674   physiologically plausible operational spaces has the potential to bring prosthetic technology closer to match

675   biological joint function with implications for both upper and lower limb rehabilitation technologies. It will

676   enable individuals to control artificial limbs by estimating physiological activations in their residual muscles,

677   hence control intuitiveness. It will enable decoding "any" movement (i.e. not only those learned in a specific

678   regime) because it synthetizes the underlying neuromuscular processes, hence control robustness and

679   extrapolation to unseen conditions. It will enable predicting internal somatosensory variables (i.e.

680   muscle/tendon length, tension), which will help restore amputees' somatosensory processes in advanced

681   closed-loop neuro-prostheses.

682

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COMPETING INTERESTS

822 The authors declare no financial competing interests.

823

PARTICIPANT CONSENT

825 The authors have confirmed that any identifiable participants in this study have given their consent for

826 publication.

827

DATA AND MATERIALS AVAILABILITY

829 Data and code are available upon request.

830

831 **MOVIES**

832 **Movie 1. Graphical user interface during wrist control tasks.** The proposed model-based framework

833 operated in real-time for the simultaneous control of the prosthesis wrist flexion-extension (WFE) and

834 pronation-supination (WPS) by IL1 (Table II). The movie displays the musculoskeletal model, recorded

835 EMGs and estimated joint moments (see laptop) and the concurrent control of the ball-shaped cursor for

836 reaching a variety of diagonal targets (see user interface on external screen). Note that the cursor diagonal

837 trajectories directly correspond to the prosthesis simultaneous actuation of WPS and WFE. After every target

838 is successfully reached, the prosthesis automatically resets to its neutral position.

839

840 **Movie 2. Non-sensorised clothespin test.** The transracial amputee subject picking and placing non-

841 sensorised pins arranged in four triplets of different stiffness as previously reported (22). The amputee

842 controls prosthesis wrist pronation-supination and hand opening-closing simultaneously while generating

843 natural motions.

844

845 **Movie 3. Sensorised clothespin test.** The transracial amputee subject picking and placing sensorised pins of

846 different stiffness. The target force windows to successfully relocate each pin are 7-15% (yellow pin), 13-

847 23% (red pin), 23-32% (green pin), and 35-43% (black pin) of the prosthesis maximum force. The movie

848 shows the amputee's ability of fine controlling the prosthesis grip force while simultaneously controlling

849 hand rotation, while not triggering the light sensor.

850

851 **Movie 4. Block turn test.** The transradial amputee executes a block-turn task involving fine control of

852 prosthesis wrist pronation-supination and hand opening-closing simultaneously in the precise positioning of

853 a narrow wooden block in equilibrium on a wooden shelf.

854

855 **Movie 5. Egg manipulation.** The transradial amputee precisely controls hand opening-closing grip force for

856 grasping an egg. The movie shows the amputee's ability of fine grasping force control while rotating the

857 prosthetic wrist without breaking the egg.

858

859 **Movie 6. Cable induced movement artefacts.** How our proposed system being transparent to mechanically

860 induced cable-related movement artifacts visibly present in the recorded electromyograms. Despite the

861 artificially induced noise condition the prosthesis does not inadvertently activate unwanted degrees of

862 freedom. The movie also shows amputee's voluntary prosthesis control under noise condition.

863

864 **Movie 7. Manipulation of heavy objects.** Our proposed system enabling grasping and manipulating heavy

865 objects including a 1.5L water bottle, a task that would be challenging for state of the art non-invasive

866 myoelectric systems.