

Aalborg Universitet

Superficial fungal infections and patients with Hidradenitis suppurativa - a study under the Danish Blood Donor Study

Lindsø Andersen, P; Kjaersgaard Andersen, R; Jemec, G B; Ullum, H; Erikstrup, C; Nielsen, K R; Bruun, M T; Hjalgrim, H; Sørensen, E; Burgdorf, K S; Dinh, K M; Banasik, K; Hansen, T; Saunte, D.M. Pedersen, O.B.

Published in: Clinical and Experimental Dermatology

DOI (link to publication from Publisher): 10.1111/ced.14468

Publication date: 2021

Document Version Accepted author manuscript, peer reviewed version

Link to publication from Aalborg University

Citation for published version (APA): Lindsø Andersen, P., Kjaersgaard Andersen, R., Jemec, G. B., Ullum, H., Erikstrup, C., Nielsen, K. R., Bruun, M. T., Hjalgrim, H., Sørensen, E., Burgdorf, K. S., Dinh, K. M., Banasik, K., Hansen, T., Saunte, D. M., & Pedersen, O. B. (2021). Superficial fungal infections and patients with Hidradenitis suppurativa - a study under the Danish Blood Donor Study. Clinical and Experimental Dermatology, 46(3), 571-573. https://doi.org/10.1111/ced.14468

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain You may freely distribute the URL identifying the publication in the public portal -

Take down policy
If you believe that this document breaches copyright please contact us at vbn@aub.aau.dk providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from vbn.aau.dk on: December 06, 2025



MRS. PERNILLE LINDSØ ANDERSEN (Orcid ID: 0000-0002-0132-4715)

DR RUNE KJÆRSGAARD ANDERSEN (Orcid ID: 0000-0003-0159-670X)

DR GREGOR JEMEC (Orcid ID: 0000-0002-0712-2540)

MR. KHOA MANH DINH (Orcid ID: 0000-0003-1881-5673)

Article type : Correspondence

Superficial fungal infections and patients with Hidradenitis suppurativa - a study under the Danish Blood Donor Study

P. Lindsø Andersen,^{1,2}* R. Kjærsgaard Andersen,¹* G.B. Jemec,^{1,3} H. Ullum,⁴ C. Erikstrup,⁵ K.R. Nielsen,⁶ M.T. Bruun,⁷ H. Hjalgrim,⁸ E. Sørensen,⁴ K.S. Burgdorf,⁴ K.M. Dinh,⁵ K. Banasik,⁹ T. Hansen,¹⁰ D.M. Saunte^{1,3}† and O.B. Pedersen²†

- ¹ Department of Dermatology, Zealand University Hospital, Roskilde, Denmark.
- ² Department of Clinical Immunology, Zealand University Hospital, Næstved, Denmark.
- ³Department of Clinical Medicine, Health Sciences Faculty, University of Copenhagen, Copenhagen, Denmark.
- ⁴ Department of Clinical Immunology, Copenhagen University Hospital, Rigshospitalet, Copenhagen, Denmark.
- ⁵ Department of Clinical Immunology, Aarhus University Hospital, Aarhus, Denmark.
- ⁶ Department of Clinical Immunology, Aalborg University Hospital, Aalborg, Denmark.
- ⁷ Department of Clinical Immunology, Odense University Hospital, Odense, Denmark.

This article has been accepted for publication and undergone full peer review but has not been through the copyediting, typesetting, pagination and proofreading process, which may lead to differences between this version and the <u>Version of Record</u>. Please cite this article as <u>doi:</u> 10.1111/CED.14468

This article is protected by copyright. All rights reserved

9 0 10

- ⁸ Department of Epidemiology Research, Statens Serum Institute, Copenhagen, Denmark.
- ⁹ The Novo Nordisk Foundation Center for Protein Research, Faculty of Health and Medical Sciences, University of Copenhagen, Copenhagen, Denmark.
- ¹⁰ Danish Headache Center, Department of Neurology, Glostrup Research Institute, Rigshospitalet Glostrup, Glostrup, Denmark.
- *Shared first-authorship, †Shared senior-authorship

The Department of Dermatology, Zealand University Hospital is a part of the European Reference Network on Rare and Undiagnosed Skin Disorders

ORCID:

https://orcid.org/0000-0002-0132-4715) (P.L. Andersen)

https://orcid.org/0000-0003-0159-670X (R.K. Andersen)

https://orcid.org/0000-0002-0712-2540 (G.B. Jemec)

https://orcid.org/0000-0001-7306-9058 (H. Ullum)

https://orcid.org/0000-0001-6551-6647 (C. Erikstrup)

https://orcid.org/0000-002-8819-5388 (M. T. Bruun)

https://orcid.org/0000-0002-4436-6798 (H. Hjalgrim)

https://orcid.org/0000-0001-5814-6844 (K.S. Burgdorf)

https://orcid.org/0000-0003-1881-5673 (K.M. Dinh)

https://orcid.org/0000-0003-2489-2499 (K. Banasik)

https://orcid.org/0000-0001-6703-7762 (T.F. Hansen)

https://orcid.org/0000-0001-7953-1047 (D.M. Saunte)

https://orcid.org/0000-0003-2312-5976 (O.B. Pedersen)

Corresponding author: Pernille Lindsø Andersen

Email: pehso@regionsjaelland.dk

Funding sources:

The Danish Blood Donor Study is funded by: The Danish Council for Independent Research - Medical Sciences (grant number: 09-069412); The Danish Administrative Regions (http://www.regioner.dk); The A.P. Møller Foundation for the Advancement of Medical Science; The Danish Bio- and Genome Bank (http://www.regioner.dk/rbgben). None of the funders had any influence on study design, data collection and analysis, decision to publish, or preparation of this manuscript.

Conflicts of interests:

KR Nielsen, T Hansen, K Banasik, MT Bruun, KS Burgdorf, H Hjalgrim, KM Dinh & OB Pedersen report no conflicts of interest. C Erikstrup received an unrestricted research grant from Abbott. H Ullum received an unrestricted research grant form Novartis. PL Andersen and RK Andersen received a PhD grant from LEO Foundation (grant no.: LF18002).

DM Saunte was paid as a consultant for advisory board meeting by AbbVie, Janssen, Sanofi, Leo Pharma and received speaker's honoraria and/or received grants from the following companies: Bayer, Abbvie, Desitin, Pfizer, Galderma, Astellas, Novartis and Leo Pharma during the last 5 years.

GBE Jemec has received honoraria from AbbVie, Chemocentryx, Coloplast, Incyte, Inflarx, Novartis, Pierre Fabre and UCB for participation on advisory boards, and grants from Abbvie, Astra-Zeneca, Inflarx, Janssen-Cilag, Leo Pharma, Novartis, Regeneron and Sanofi, for participation as an investigator, and received speaker honoraria from AbbVie, Boehringer-Ingelheim, Galderma and MSD. He has also received unrestricted departmental grants from Abbvie, Leo Pharma and Novartis.

Dear Editor,

Superficial fungal infections (SFI) are common diseases affecting the skin, hair, nails, and mucosal membranes. They are often caused by dermatophytes and yeasts, e.g. *Trichophyton, Candida*, and *Malassezia*¹. Hidradenitis suppurativa (HS) is a chronic, inflammatory skin disease of the intertriginous areas associated with minor infections², peripheral vascular disease, diabetes, and smoking³, the last three of which are risk factors for the development of SFI⁴. Despite this, and the anatomical overlap between HS and types of SFI e.g. intertriginous candidiasis and tinea cruris, the possibility of an association between HS and SFI has never been investigated.

The aim of this study was, therefore, to investigate if HS and SFI were associated in a cohort of Danish blood donors. We included data on participants in the second iteration of the Danish Blood Donor Study (DBDS2), distributed between May 2015 and June 2017. We defined HS according to a validated questionnaire which have shown high testparameters (sensitivity: 90%, specificity: 97%, PPV 96% and NPV 92%)⁵, ensuring that the control group does not contain large group of people with HS symptoms. SFI were defined based on redeemed prescriptions registered in the Danish National Prescription Registry (table legend 1). An additional analysis on vaginitis among females was based on redeemed prescriptions of vaginal miconazole and clotrimazole, types of prescriptions not included in the first analysis. We analysed the number of antifungal prescriptions after study enrolment using the Anderson Gill modified cox regression analysis that allowed for multiple outcome-measures, and adjusted for the effects of age, sex, body mass index (BMI) and current smoking. To account for the possibility of confounding by opportunistic infection after antibiotic treatment, we performed sub-analyses additionally adjusted for antibiotic use <30 days before antifungal prescription. Results are presented as hazard ratios (HR) and 95% confidence intervals (CI).

Amongst the 36,883 included participants, the prevalence of HS was 2.1%, which match those found in other populations when employing a screening questionnaire (table 1). HS was not associated with antifungal prescriptions after study enrolment, HR: 0.87 (CI: 0.73–1.05) (table 1). For female participants, HS was not associated with receiving treatment for vaginitis neither in the standard analysis, HR: 0.86 (CI: 0.35–2.10), nor in the analysis adjusted for antibiotics use, HR: 0.85 (0.31–2.30) (table 1), although females with HS often receive antibiotics, which can increase the risk of *Candida* vaginitis⁶.

HS is associated with more frequently self-reported minor infections (common cold and genital herpes)², but not with SFI. One explanation for this could be the increased cytokine levels in HS affected skin.

Especially IL-17/IL-23 and associated inflammatory cytokine pathways are of importance as these

therefore be offered some protection against SFI. This is supported by our result, that albeit not statistically significant, showied a lower HR (CI) of 0.87 (0.73-1.05), P=0.155) of antifungal prescriptions. However, we did not investigate cytokine levels in the present study, and our results are furthermore limited by the potential use of over-the-counter antifungal agents among the study participants. In addition, HS severity could not be assessed through the screening questionnaire, but intuitively the severity would be lower than what we see in the clinic as severity increase over time⁷. Additionally, active disease that requires treatment would result in temporary deferral from blood donation (four-weeks for antibiotic use), which in turn mean that those with symptoms who do not receive treatment are more likely to be recruited. Lastly while guidelines recommend fungal identification by microscopy, culture and/or polymerase chain reactions prior to initiation of systemic antifungal therapies for fungal infections in skin, nails and hair we cannot be certain that non-dermatologists adhere to this rule.

Acknowledgements

HU, CE, KRN, KSB, KB, MTB, TH, HH, and KMD participated in the design of the study, data acquisition, and have critically revised the manuscript. GBJ, DMS and OBP participated in the design of the study, data acquisition and analysis, and have critically revised the manuscript. RKA and PLA participated in the design of the study, performed the data analysis, and wrote the manuscript. All authors have accepted the final version of the manuscript and agree to be accountable for aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

The DBDS (M-20090237) and DBDSII (RS-740) are approved by the Scientific Ethical Committees in Central Denmark Region and Region Zealand, respectively, and registered by the Danish Data Protection Agency (2007-58-0015). The study was conducted in accordance with the Helsinki Declaration.

References

- 1. Gunaydin SD, Arikan-Akdagli S, Akova M. Fungal infections of the skin and soft tissue. Curr Opin Infect Dis. 2020;33(2):130-6.
- 2. Riis PT, Ring HC, Kjaersgaard Andersen R, et al. Self-reported minor infections in patients with hidradenitis suppurativa and healthy controls. Clin Exp Dermatol. 2018;43(2):144-8.

- 3. Sabat R, Jemec GBE, Matusiak L, et al. Hidradenitis suppurativa. Nat Rev Dis Primers. 2020;6(1):18.
- 4. Rosen T, Friedlander SF, Kircik L, et al. Onychomycosis: epidemiology, diagnosis, and treatment in a changing landscape. J Drugs Dermatol. 2015;14(3):223-33.
- 5. Vinding GR, Miller IM, Zarchi K, et al. The prevalence of inverse recurrent suppuration: a population-based study of possible hidradenitis suppurativa. The British journal of dermatology. 2014;170(4):884-9.
- 6. Goncalves B, Ferreira C, Alves CT, et al. Vulvovaginal candidiasis: Epidemiology, microbiology and risk factors. Crit Rev Microbiol. 2016;42(6):905-27.
- 7. Kokolakis G, Wolk K, Schneider-Burrus S, et al. Delayed Diagnosis of Hidradenitis Suppurativa and Its Effect on Patients and Healthcare System. Dermatology (Basel, Switzerland). 2020:1-10.

Table 1

		Participants with redeemed prescriptions after enrolment in DBDS2,						
		n=53,1	n=36,883					
	HS		Controls		HS		Controls	
	Males	Females	Males	Females	Males	Females	Males	Females
	(n=394)	(n=618)	(n=26,923)	(n=25,240)	(n=249)	(n=513)	(n=16,075)	(n=20,046)
Median age, years (IQR)	33.9	36.1	41.3	39.3	36.5	35.9	42.7	37.4
	(27.4-45.6)	(26.1-46.0)	(29.9-51.6)	(26.7-50.7)	(28.9-48.2)	(25.7-45.7)	(31.3-52.6)	(25.8-49.9)
Median BMI	26.5	26.5	25.5	24.4	26.9	26.6	25.7	24.3
n=53,019 / n=36,783)	(24.3-30.0)	(23.4-31.2)	(23.6-27.8)	(22.1-27.5)	(24.4-30.4)	(23.5-31.2)	(23.7-28.1)	(22.1-27.5)
urrent smokers, n (%)	83 (21.1)	184 (29.8)	3,448 (12.8)	3,320 (13.2)	62 (24.9)	155 (30.2)	2,049 (12.7)	2,713 (16.8)
n=53,041 / n=36,802)								
articipants with SFI, n (%)	201 (51.0)	456 (73.8)	13,775 (51.2)	16,540	38 (15.3)	73 (14.2)	2,271 (14.1)	2,600 (16.2)
				(65.5)				
Median antifungal	2 (1-4)	3 (1-5)	2 (1-4)	2 (1-5)	3 (2-6)	5 (2-7)	3 (2-7)	4 (2-9)
rescriptions (IQR)								
			I					
ox regressions, Andersson Gill	variant							
Superficial fungal infections <i>not</i> adjusted for		Superficial fungal in	Vaginitis (a	Vaginitis (among females) not adjusted			Vaginitis (among females) adjusted for	
antibiotics use <30 days prior to antifungal		antibiotics use <30	for antibiotics use <30 days prior to			antibiotics use <30 days prior to		

antifungal prescription. Number of

antifungal prescription. Number of

antifungal prescription. Number of

		events = 6,412		events = 205		events = 170		
	Hazard ratio	P-value	Hazard ratio	P-value	Hazard ratio	P-value	Hazard ratio	P-value
	(95-CI)		(95-CI)		(95-CI)		(95-CI)	
HS	0.97 (0.76-1.08)	0.269	0.87 (0.73-1.05)	0.155	0.86 (0.35-2.10)	0.740	0.85 (0.31-2.30)	0.750
Female sex	0.85 (0.81-0.90)	<0.001*	0.81 (0.77-0.85)	<0.001*	N/A		N/A	
Age, year	0.78 (0.76-0.81)	<0.001*	0.78 (0.76-0.81)	<0.001*	0.70 (0.57-0.86)	<0.001*	0.69 (0.55-0.87)	0.001*
BMI >30	0.89 (0.82-0.95)	<0.001*	0.86 (0.79-0.92)	<0.001*	1.35 (0.94-1.96)	0.106	1.32 (0.88-1.99)	0.181
Current	0.89 (0.83-0.96)	0.002*	0.86 (0.80-0.93)	<0.001*	1.16 (0.81-1.68)	0.413	0.97 (0.64-1.49)	0.898
smoking								

Table legend 1. HS: Hidradenitis suppurativa. DBDS2: The second iteration of the Danish Blood Donor Study. IQR: Interquartile range. BMI: Body mass index. SFI: Superficial fungal infections. N/A: Not applicable as only females were included in the analysis. Redeemed prescription as registered in the Danish National Prescription Registry are described in parenthesis below using the Anatomical Therapeutic Chemical Classification system (ATC codes). *Significant after Holm-Bonferroni correct.

Superficial fungal infections were defined as redeemed prescription(s) on antifungal agents, and included the topical therapies: clotrimazole (D01AC01), miconazole (D01AC02), ketoconazole (D01AC08), imidazoles/triazoles in combination with corticosteroids (D01AC20), ciclopirox (D01AE14), terbinafine (D01AE15), and amorolfine (D01AE16), and the systemic therapies: terbinafine (D01BA02), fluconazole (J02AC01) and itraconazole (J02AC02).