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# A review of advanced air distribution methods - theory, practice, limitations and solutions



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#### A review of advanced ventilation methods - theory, practice, limitations and solutions

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Abstract

Ventilation and air distribution methods are important for indoor thermal environments and air quality. Effective distribution of airflow for indoor built environments with the aim of simultaneously offsetting thermal and ventilation loads in an energy efficient manner has been the research focus in the past several decades. Based on airflow characteristics, ventilation methods can be categorized as fully mixed or non-uniform. Non-uniform methods can be further divided into piston, stratified and task zone ventilation. In this paper, the theory, performance, practical applications, limitations and solutions pertaining to ventilation and air distribution methods are critically reviewed. Since many ventilation methods are buoyancy driven that confine their use for heating mode, some methods suitable for heating are discussed. Furthermore, measuring and evaluating methods for ventilation and air distribution are also discussed to give a comprehensive framework of the review.

*Keyword*: Fully mixing ventilation, Non-uniform ventilation, Air distribution, Thermal comfort, Air quality, Energy efficiency

#### Nomenclature

Abbreviations

ACH air change per hour

ACV air curtain (jet) ventilation

ADPI air diffusion performance index

ASHRAE American society of heating, refrigeration and air-conditioning engineers

CAV column attached ventilation

DCV diffuse ceiling ventilation

DV displacement ventilation

FA fresh air

HVAC heating, ventilation and air-conditioning

IAJS intermittent air jet system

LEV local exhaust ventilation

MV mixing ventilation

PD percentage of dissatisfied

PiV piston ventilation

PMV predicted mean vote

POV protected occupied zone ventilation

POZ protected occupied zone

PPDpredicted percentage of dissatisfied

PV personalized ventilation

RA recirculated air

SV Stratum ventilation

TABS thermally activated building system

UFAD Under floor air distribution

WAV wall attached ventilation

#### Introduction

The task of heating, ventilation and air-conditioning (HVAC) systems is to offset indoor thermal load and/or ventilation load. Indoor thermal load can be offset by either convective-dominant or radiant-dominant strategies. In convective-dominant strategy, system recirculated air (RA) is thermally conditioned in terms of temperature and humidity. Indoor ventilation load has to be offset by convective-dominant strategy, in which outdoor air is filtered, thermally conditioned and thus it becomes conditioned outdoor air or fresh air (FA) to dilute indoor pollutants such as CO<sub>2</sub>. FA can be supplied in different ways separately or compositely with RA, which is the main focus of this paper. Based on airflow characteristics, ventilation methods can be categorized as fully mixed or non-uniform. Non-uniform method can be further divided into piston, stratified and task zone ventilation. Performance comparisons among different advanced ventilation methods are summarized in Table 1.

Natural ventilation, used for passive cooling, is out of the scope of this review paper. In addition, FA and RA are jargons in the HVAC field. Compared with RA which keeps recirculating indoors, the jargon of FA emphasizes its outdoor source. However, air from outdoor may not always be fresh. Therefore, FA can also be called "conditioned outdoor air". The word "fresh" is related to perception. Cool, dry and polluted air can be felt fresh. Warm, humid and non-polluted air can be felt "not fresh". Therefore, "Clean air" can be used instead of FA. After these clarifications, the jargon FA will be used in the rest of the paper.

#### Mixing ventilation (MV)

#### Performance

MV design was originally developed more from the perspective of thermal comfort considerations, as can be witnessed in ASHRAE publications about space air diffusion (ASHRAE, 2014). With any typical all-air conditioning system, air is supplied at the temperature about 10 °C below the room air temperature. The direct contact of a human body with such a cold air stream would cause discomfort. Therefore, MV design has been to supply this air with a high velocity to enhance the entrainment and mixing with the room air, and to locate the supply diffusers well above the occupied zone and close to the ceiling to utilize the Coanda effects so that cold air jet does not directly impinge on the occupants. It is also the case that the FA and RA have been well mixed in the air handling unit and supplied together into the space. Two typical systems are all-air system and fan coil plus FA system, and the recent addition is the active chilled beam system. MV is supposed to create uniform indoor environments in both thermal and air quality aspects. MV was the most widely used system as thermal comfort has been the primary considerations in design practice, and it is also because thermal comfort is easily perceivable by the occupants. However, from the perspectives of energy efficiency and indoor air quality, there are two undesirable consequences with such a design. The convective heat gain in the whole space would have to be handled by the air handling unit, which is not necessarily so (Cheng et al., 2012; Cheng et al., 2013); and the well-mixing concept, which may be favored for better thermal comfort, is not favorable for better inhaled air quality (Fanger, 2001; Gao et al., 2006) especially when there is a point source of air pollutants such as in thecase of airborne infectious disease spread (Melikov, 2011). Another disadvantage of MV is that, the momentum of the supply air jet is used to generate entrainment of the room air to enhance mixing, the air speed tends to be on the lower side, and in summer conditions this is not desirable for both thermal comfort and energy efficiency. It can be seen in this review that many of the proposed developments are conceived to address one or all of theseundesirable effects of MV.

## Diffuse ceiling ventilation (DCV)

#### Performance

Principle and characteristics: DCV is a novel air distribution concept, where the outdoor air is supplied into the occupied zone from perforations in the suspended ceiling panels. Due to the large opening area of the supply inlet, the air enters the occupied zone with very low velocity and no fixed direction, therefore given the name of "diffuse". Due to the low momentum supply, the airflow pattern in the room is driven by the buoyancy force generated by heat sources. Therefore, it can supply low-temperature outdoor air into the room directly with lower risk of draught. At the same time, the space above the suspended ceiling is used as a plenum to distribute air and therefore reduce or eliminate the need for ductwork. The original application of DCV was in the livestock buildings, because of the low investment cost and high thermal comfort level. Nowadays, this concept becomes promising in spaces with high heat load and high ventilation demand, such as offices and classrooms.

The system normally operates in the cooling mode and the airflow pattern is comparable to MV, where the temperature distribution and contaminant distribution are uniform within the space(Fan et al., 2013;Hviid and Svendsen, 2013;Zhang et al., 2015;Lestinen et al., 2018a). There is a tendency toward displacement effect when

the heat load is weak and stratification occurs (Nielsen et al., 2010a;Petersen et al., 2014). High temperature gradient may exist when the system runs in heating mode, where the warm air will stay in the upper zone without entering the occupied zone. The ventilation effectiveness is only 0.24 in the breathing zone (Bertheussen et al., 2013). However, the system can be used to warm up space before occupants enter, where the convection flow from the cold surfaces, like cold windows, can generate a certain level of mixing. At the same time, there is a radiation exchange between warm ceiling surface and the rest of room surfaces.



Fig. 1.Three types of diffuse ceiling inlet based on air path and their examples(Zhang, et al., 2014).

The supply inlet of DCV can be generally divided into three types based on their air path (Zhang et al., 2014). As shown in Fig.1, the first type of inlet is made of ceiling panels which are impenetrable to air. The air enters the room through the connection slots between the panels with relatively high velocity. The micro-jets below the slots generate high local entrainment and might raise draught problem at the occupant head level. The second type of inlet is made of perforated ceiling panels. Therefore, the air is supplied through both ceiling panels and the slots in between. The third type is made of porous materials instead of composing by ceiling panels. Compared to the first two types, this type of inlet has a relatively large pressure drop. The large pressure resistance can provide uniform air distribution through the ceiling area, but at the same time it requires high fan power.

Parameters influencing performance: Buoyancy force is the dominant driving force in DCV. Therefore, heat sources play an important role and the magnitude and location of heat sources influence the system performance significantly. The evenly distributed heat load gives much lower velocity and turbulence level than the one with concentrated heat load in one end of the room (Nielsen et al., 2015;Zhang et al., 2016;Lestinen et al., 2018b).At the same time, the system is more efficient to remove heat source with the high location, for example, light bulbs. The different heat load locations generate different flow patterns with serious variations in the maximum allowed heat load.

Besides heat sources, the room geometry is another parameter influencing the performance of DCV. The increase in the velocity level and the reduction of cooling capacity in high ceiling rooms are serious drawbacks for the DCV. The previous study indicated draught risk at the feet level is observed when space is above 3 m (Nielsen et al., 2015;Zhang et al., 2016). As mentioned earlier, the space above suspended ceiling serves as a plenum to distribute air. Therefore, the dimensions of plenum influence the supply airflow. If the maximum distance to the plenum inlet is larger than 10 m, the inlet placed on one edge cannot guarantee that the supply air reaches the entire space with the required quantity and conditions. On the other hand, if the plenum height is below 20 cm (Zhang et al., 2016), it willdeteriorate the air distribution and cause draught issue in the occupied zone. In order to overcome this issue, it is recommended to install perforated supply duct in the plenum and help to uniform the air distribution through the ceiling area.

The inlet area of DCV is rather flexible. The inlet can either occupy the whole ceiling area or a part of the ceiling. The relative location of heat sources and the diffuse ceiling opening area play animportant role. The results from the previous study indicated that the ceiling supply just above heat sources give the highest cooling capacity because the cold downward supply air meets the upward thermal plume and reaches a good mixing. The performance of DCV has been compared with the other conventional air distribution systems, such as MV, DV, and vertical ventilation, by design chart method (Nielsen and Jakubowska, 2009). DCV shows higher cooling capacity without compromising thermal comfort. The system does not have clear limits on the ventilation rate and temperature difference between supply and return. However, the limit of cooling capacity is from the conventional flow generated by heat sources. Therefore, this system could supply cold outdoor air (as low as 5

°C) directly, without preheating to 14-16 °C as in MV or 18-20 °C as in DV. This system is especially preferable in the cold climate, for example, northern or central Europe, which have longer free cooling period over the year.

Energy performance: Different from the other air distribution devices, diffuse ceiling inlet has the radiant cooling potential due to its large supply area and low surface temperature. Consequently, instead of removing the entire heat load by convection, a part of sensible heat load can be removed by radiation heat exchange. The ratio of radiation to convection depends on suspended ceiling surface temperature and supply temperature of outdoor air(Chodor and Taradajko, 2013). The surface temperature of suspended ceiling is determined by the supply air temperature and the ceiling panel material. Ceiling panels with high thermal conductivity have a high radiant effect. However, the surface temperature needs to be controlled carefully, in order to avoid condensation on the ceiling panels. On the other hand, the condensation risk also occurs in the plenum, if the high humidity and high temperature airflow from conditioned space is forced back to the plenum.

Actually, the heat exchange not only occurs in the room but also exists in the plenum, between the suspended ceiling, ceiling slab and supply air. An integrated system with DCV with thermally activated building system (TABS) has been proposed recently (Fig. 2), which aims to provide heating/cooling and ventilation all year around(Yu et al., 2015). The system exploits the high thermal inertia of ceiling slabs to reduce peak load, at the same time, it is able to heat or cool the space effectively even with low temperature differences between ceiling slab and the rest of the room. Diffuse ceiling acts as a layer between TABS and the conditioned space, which promotes the TABS' heating capacity but reduces its cooling capacity(Yu et al., 2015;Zhang et al., 2015). With a smart control strategy, the integrated system has the potential to save up to 50% of primary energy yearly than the conventional air conditioning systems (Yu et al., 2015).



Fig. 2.Integrated system with DCV and TABS.

Application and Benefit

DCV is preferable to apply in the spaces with high cooling demand and high ventilation demand, for example classrooms and small offices, as shown in Fig.3. The system is less suitable for the spaces with high ceiling and large span, where draught becomes a large issue. This ventilation system is recommended for applications in cold climates.



(a)	(b)
Fig. 3. Applications (a) Class	sroom (Iqbal et al., 2013) (b) Office(Nielsen et al., 2010b).

## **Displacement ventilation (DV)**

#### Performance

Principle and characteristics: In DV, a stratified flow is created using the buoyancy forces in the room. Design guidelines are relatively mature and plenty of successful engineering projects can be found (REHVA Displacement Guidebook, 2017). The air quality in the occupied zone is then generally better than with MV. DV has for many years been used in industrial premises with high thermal loads. Since the mid-80's it has also been used more extensively in non-industrial premises. DV presents the opportunity to improve both the temperature effectiveness and the ventilation effectiveness. The principle is based on air density differences where the room air separates into two layers, an upper polluted zone and a lower clean zone (Fig.4).





The contamination distribution in a displacement-ventilated room depends on the position of the contamination sources and if the heat sources are also the contamination sources. In the ideal case with warm concentrated contamination sources, all contaminants are transported directly into the upper zone by the convection flows. Vertical temperature gradient differs from contaminant distribution: while contaminants form typically two clear layer, vertical temperature gradient is linear between floor and the height of mixing layer (stratification height). Over the mixing layer, the room air temperature is constant if there is no high heat load at the ceiling level.

There are several types of diffusers used for DV. The most commonly used types are integrated in the walls. Other types are placed at the walls or in a corner, free-standing on the floor, or integrated in the floor. The layout of the room should be considered in connection with the selection of the type of air diffusers. The diffusers require a certain amount of wall area, or space in, or on, the floor. Close cooperation with the architect is required to find a suitable location for the air diffusers. The supply units can also be designed to fit different architectural requirements: units could be invisibleor be an exposed architectural element.

Most draught problems reported in rooms with DV are due to high velocity and low temperature in the zone adjacent to the diffuser. It is important to choose a diffuser that is suited for the application and only utilize diffusers from manufacturers that supply robust documentation together with the products.

Parameters influencing performance: Two principal methods can be used when the supply air flow rate of DVmethod is calculated: 1) temperature-based design, where the design criterion is the air temperature in the occupied zone of the room and 2) air quality based design where the design criterion is the air quality in the occupied zone. In commercial buildings, the removal of the excess heat is likely to be the main concern. In those cases where cooling is the main issue, the temperature-based design is the most commonly applied method.

In the design process, the challenging task is to estimate vertical contaminant or temperature gradients in the room space. While the contaminant stratification level is mainly affected by the relation of supply air flow rate and convective airflow rate, thermal stratification is also affected by thermal radiation exchange between different room surfaces. The thermal radiation from upper level surfaces warms lower level surfaces and thus affects the air temperature at floor level and in the occupied zone.

In DV, the air temperature increases from floor to ceiling (Fig.5). This means that the occupied zone is the coolest part of the room. Vertical temperature profiles measured with different individual types of heat load (occupants, warm floor, warm window and warm ceiling) are shown (Kosonen et al., 2016). With the load dominated by occupants or by a warm floor, the data indicates an obvious mixing layer. A two-layer structure is generated with heat and pollutants accumulated in the upper part of the room. Across the mixing layer, the room air temperature could be assumed to be constant or exhibiting just a slight increase. The warm window produces a near linear temperature profile with no clear two-layer structure. With the heated ceiling, the convection heat remains mainly in the upper portion of the room.



Fig. 5. Vertical temperature profiles in room with DV with different heat loads.

If an occupied room is to be warmed by the ventilating air, DV is not an optimal solution. Displacement air distribution can be used for heating up spaces prior to them being occupied.

Energy performance: To reach the same air quality in the occupied zone, DV typically requires a lower air flow rate than MV. When the main task is to remove excess heat, both mixing and displacement methods are likely to require similar airflow rates.

With displacement, the supply air temperature is typically about 3 K to 5 K cooler than the room air temperature at a height of 1.1 m. In areas where people are moving for example, in shopping centres, the supply air could be 6 K to 8 K lower than the room air temperature. Depending on the particular design, the temperature difference between the supply and exhaust air is typically between 6 K and 15 K.

Compared with MV, DV supplies air at a higher temperature and this implies longer periods of the year where free cooling can be applied, and so less energy consumption for cooling the supply air. The energy saving potential compared with MV is case specific varied from 0 % to 20 %.

Applications and benefits

DV is usually preferable in the following cases:

- Where the contaminants are warmer and/or lighter than the surrounding air;
- Where the supply air is cooler than the ambient air;
- In tall rooms, for example, where the room heights are more than 3 metres;
- When there are heat loads in the upper part of room;

DV may be less preferable than MV in the following cases:

- Where surplus heat is the main problem, and relatively low specific outdoor airflow rate is needed;
- Where there are space constraints for supply diffusers and duct work;
- When the requirement is to cool in low height rooms (in offices, consider mixing and cooling panels or chilled beams);
- Where there are significant disturbances to airflow near the floor (for example, furniture);

• Where the contaminants are cooler/denser than the ambient air.

Typical application of DV are:

- Gyms;
- Meeting rooms;
- Classrooms;

• Tall rooms: Convention centres, Lobbies, Sport arenas, Auditoriums, Theatres, Museums, Airports, Shopping centres, etc.

## Under floor air distribution (UFAD)

## Performance

Principle and characteristics: UFAD is an air distribution strategy that uses an underfloor supply plenum located between the structural slab andthe underside of a raised floor system to deliver conditioned air to floor supply outlets (ASHRAE, 2013). Supply air enters the occupied space through the floor diffusers, which are most commonly adjustable by nearby occupants, although in some cases have fixed openings. Fig. 6 shows a typical configuration for a UFAD system in an open plan office. The plenum is most commonly pressurized in the range of 12.5-25 Pa compared to the conditioned space. As shown, supply air flows freely through the underfloor plenum (partial ductwork may also be used to aid distribution)and is delivered through diffusers at or near floor level into the room above. There are many possible types of floor diffusers on the market; Fig.6 shows swirl diffusers in the interior zone and near occupants, with linear bar grilles served by variable-speed fan-coil units at the exterior to address perimeter loads. Under cooling operation, floor diffuser supply temperatures are maintained no lower than 16-18°C (and often warmer due to temperature gain in the plenum-see below) to avoid uncomfortably cool conditions for nearby occupants. The main differencesin comparison toaconventional overheadmixing system arevertical temperature stratification under cooling operation, the use of the underfloor plenum, warmer supply air temperatures, and, the possibility of personal control of the floor diffusers (Bauman and Webster, 2001).



Fig. 6. Underfloor air distribution system in an open plan office.

The main potential benefits of a well-designed and operated UFAD system compared to conventional MV are increased flexibility and reduced life-cycle costs through the use of a raised access floor system, improved thermal comfort thanks to personal or group control of the diffusers, and increased ventilation efficiency (Faulkner et al., 1995; Lee et al., 2012; Xue et al., 2012), reduced energy use in suitable climates (ASHRAE, 2013), and improved employee satisfaction by giving occupants greater control over their local environment and by improving air quality. Like DV, UFAD may create issues with ankle draft (Liu et al., 2017). UFAD is mainly used in commercial buildings that require high layout flexibility and that haveraised floors to form an integrated

services plenum for distribution of power, voice, and data cabling, as well as HVAC. UFAD is also common in data centers.UFAD systems are not suitable for areaswhere liquids or other contaminationcould fall into diffusers, for example kitchens, restrooms, restaurants, labs.

Stratification:Similar to DV, in a UFAD system under cooling operation, cooler and cleaner air is supplied at the floor level and warmer and more contaminated air is exhausted at the ceiling level. There aretwo important differences with DV: in a UFAD system the air enters in the space with higher air velocity and throughmany diffusers in the space, often close to people, allowing personal control. The increased mixing caused by the floor diffusers will tend to reduce somewhat the ventilation effectiveness compared to a DV system, although it will still be higher than that of a conventional overhead mixing system. In recent years, UFAD diffusers have been introduced that resembleDV in their performance(Raftery et al., 2015). The prediction of the air temperature stratification is particularly important because it affects thermal comfort, energy consumption, and indoor air quality (Webster et al., 2002).

Fig.7 identifies the typical features of a temperature profile for a UFAD system. Most of a person's body, particularly for seated occupants will be located below the usual thermostat ( $T_{stat}$ ) height. To maintain the average occupied zone temperature ( $T_{oz,avg}$ ) at an acceptable temperature for thermal comfort, thermostat setpoint temperatures will often need to be set higher than that for a MV system(ASHRAE, 2013). The main factors that affect stratification arefluid dynamic characteristics of the floor diffusers, their number, diffuser supply air temperature, air flow rate, vertical throw height, floor to ceiling height, and total cooling load (Schiavon et al., 2011; Lee et al., 2012; Xue et al., 2012). Swirl diffusers with lower throw heights (1.5-1.8 m) tend to create more stratification whilelinear bar grill in perimeter zones with their higher air flow rates and throw heights tend to create less stratification.



Fig. 7.UFAD room air temperature profile.

Energy performance:With the exception of EnergyPlus, other building energy performance simulation tools are not able to model two key characteristics of UFAD systems, the room air stratification and the underfloor air supply plenum(Webster et al., 2008). UFAD may save energy due to: 1) reduced fan pressures required to move air in the open underfloor plenum compared to ducts; 2) higher supply air temperature that enables higher cooling system efficiency and greater outside air economizer benefits in suitable climates; and 3) thermal stratification. A field study that directly compared two similar buildings, with similar design and occupancy and located in the same central California climate showed that the building with overhead VAV mixing system had one third higher annual cooling energy and 50% higher fan energy use compared to the building with UFAD (Bauman et al., 2016).

Cooling load and design tools:UFAD cooling load profile is different from a traditional all-air VAV system because, in general, the raised floor reduces the thermal mass in the space and this leads to a higher peak cooling load (Schiavon et al., 2011). The raised floor, and its low thermal mass, reduces the ability of structural slab to store heat, because it reduces its exposure to internal and solar gains. Any building with a raised floor, with or without UFAD, will have higher peak cooling loads compared to a building without a raised floor(Schiavon et al., 2010).

Designers may use the onlineCBE UFAD design tool (Bauman et al., 2010;Schiavon et al., 2011) or the Purdue University tool (Lee et al., 2012) for calculating the design cooling airflow rate. The CBE UFAD design tool predicts: UFAD cooling load, design airflow rate, vertical air temperature stratification, and the air temperatures in the plenum.

Underfloorair supply plenum: The plenum height is variable but often between 0.25 and 0.5 m. Air leakage from pressurized underfloor air supply plenums is one of the most important issues facing the UFAD industry. Evidence from completed projects indicates that uncontrolled air leakage from a plenum canimpair system performance. Two types of air leakage have been identified. Category 1, construction quality leakage, is leakage to the return plenum on the floor above or below or to the outside and is the most detrimental to energy performance. Category 2, floor leakage, is leakage through gaps or openings in the raised floor into the conditioned space above and will have varying consequences on system performance depending on if it is properly accounted for in the control of the system (Jin et al., 2006).In another study in the tropics, it was observed that the leakage in a ducted UFAD system in comparison to a plenum supply UFAD system was about 62% less at both peak and part load operation (Iyengar et al, 2015).

The air traveling in the underfloor plenum increases its temperature because the cool supply air is warmed upby concrete slab and raised floor. This phenomenon is calledthermal decay or plenum supply air temperature gain. This temperature increase can besubstantial, between 2-5 °C(Lee et al., 2012). Plenum temperature gain has a negative impacton energy consumption, control and thermal comfort (overcooledinteriorzones). Plenum temperature gain can be reduced by delivering the coolest supplyair directly to the perimeter zone, allowing temperature gain to warm up the plenum air as it flows into the interior zone (ASHRAE, 2013).

#### Stratum ventilation (SV)

Several governments in East Asia have proactively issued guidelines on elevated temperatures in air-conditioned premises in summer. Conventional air distributions are not effective in providing thermal neutrality for occupants under such warm conditions. Therefore, SV was proposed (Lin et al., 2005) (Fig. 8), which supplies air to head (breathing) level and generated sandwich airflow field in indoor environments (Fig. 9).





Fig. 8.Schematics of SV air distribution.



Fig. 9. Airflow pattern of SV (a) air stratum (b) vertical temperature profile.

#### Performance

Thermalcomfort:Fong et al. (2011) and Cheng et al. (2014) conducted extensive human tests to evaluate the thermal sensations. The thermal neutral temperature was found over 27°C. An air diffuser performance index (ADPI) of over 80% was mostly achieved. Thermal comfort indices (PMV, PPD and PD) fulfill the requirements of ISO 7730 and CR 175-1998 (Tian et al., 2011a).Tian et al. (2011b) experimentally determined the Sandwiched velocity, temperature and CO<sub>2</sub> concentration profiles and small head-to-ankle temperature difference (Figure sv2). Cheng et al. (2015) found that the room temperature had a greater impact on the overall thermal sensation, local thermal sensation and draft than the airflow rateat the neutral temperature of 27°C. However, to minimize draft complaints, the supply air temperature should be above 20°C. In the occupied zone, the airflow characteristics among MV, DV and SV are different (Cheng and Lin, 2015a). Cheng and Lin (2015b) found that the cocupant formed a local blockage but the supply airflow could flow over it because of the body heat, therefore, the air jet penetrated farther. Huan et al. (2015) established a mathematical model based on the airflow patterns of SV for predicting the vertical temperature profile in a stratum ventilated room.

It is desirable to establish collective air distributions to simultaneously satisfy individual preferences of different occupants in a shared room. Because of its low nonlinearity and fast response (Wang and Lin, 2015), SV was used to provide differentiated air velocity, temperature, and PMV distributions (Shao et al., 2018). Both the general and local thermal comfort levels were satisfied. Zhang et al. (2019a) controlled the microclimates of several subzones to satisfy the thermal preferences of the respective subzones. The method reduced the deviation of the achieved PMVs of the subzones from the preferred ones by 17.6% to 41.5%. Current practice of modeling the non-uniform thermal environment requires inputs of the wall temperatures/heat fluxes, which increases the cost and complexity of the sensor system. Zhang et al. (2018) proposed to model the non-uniform thermal environment with the supply and exit air conditions as inputs, which can be obtained readily from the building management system. The performance of SV in an office with highly asymmetric heat gains was experimentally investigated (Huan et al., 2016). When the inner surface temperature of one of the walls closed 40°C, the thermal condition was still within the comfort zone.

Indoor air quality: Tian et al. (2009, 2010) found that the particle concentrations for the entire room and the breathing zone under SV were less than that under DV. Compared with DV, the formaldehyde concentration in the breathing zone is lower when a contaminant source locates close to the occupant(Tian et al., 2010). Tian et al. (2011a) found that the air age was improved from 475 s to 443 s in a typical individual office when supply air temperature rose from 19°C to 21°C. Tian et al. (2011b) experimentally investigated the  $CO_2$  concentration and determined theventilation effectiveness. For the four cases, the ventilation effectiveness was close to 1.5. The particle concentrations in the breathing zone for three representative scenarios in a typical classroom were investigated (Lin et al., 2012). The flow patterns created by different air distributions have a great impact on the particle fates (Lin et al., 2011a). The concentration under SV is significantly lower than that under MV or DV.

Energy efficiency and life cycle assessment: Qualitatively, energy is saved by SV due to the dynamic synergy of the following nine factors:

- 1. Smaller dehumidification load The thermal neutral temperature of SV is above 27°C. For room air of identical relative humidity, the higher the dry bulb temperature, the higher the absolute humidity, therefore the smaller the difference in absolute humidity between the room air and the outdoor air;
- 2. Smaller transmission load Smaller dry bulb temperature difference between the indoors and the outdoors;
- 3. Smaller ventilation load Smaller enthalpy difference between the room air and the outdoor air;
- 4. Higher ventilation efficiency and therefore smaller ventilation load;
- 5. Reverse temperature gradient in the occupied zone, which avoids over-cooling the lower zone;
- 6. Longer free cooling period because of higher thermal neutral temperature;
- 7. Elevated supply air temperature allows a higher evaporative temperature of the associated chiller(s);
- 8. Shorter pull-down period;
- 9. Smaller pumps and fans because of lower cooling capacity.

Typical configurations of an office, a classroom and a retail shop in Hong Kong were investigated (Lin et al., 2011b). The year-round energy saving was found to be substantial at 25% and 44% at least when compared with DV and MV respectively. A traditional class, a group study room and an E-learning class in a school were studied (Lee et al., 2013). The year-round energy saving was also substantial, typically around 20% and 40%, when compared with DV and MV respectively. Benchmarked with the conventional air-conditioning system, Fong et al. (2018) found that SV could have primary energy saving up to 30%. The loads and lengths of the pull-down periods (the time used to achieve a comfortable thermal environment before a room is ready for

occupation) with MV, DV and SV were investigated (Wang and Lin, 2015). For the rapidity of the pull-down process, MV spends a shorter time than DV, while SV spends less than half of the time the other two spend. The average pull-down load of SV is only around a quarter of that of MV or DV. The exergy consumption of the chilled water used for the pull-down process under SV is even lower because of its higher supply air temperature.

Advanced air distribution should contribute to mitigating climate change and reducing carbon emission. Fong et al. (2017) demonstrated that by adopting DV and SV, it is possible to reduce the  $CO_2$  emission up to 23.25% and 31.71% respectively; and to reduce the life cycle cost up to 15.52% and 23.89% respectively, in comparison with MV for 20 service years.

#### Applications and benefits

Because the thermal length of the supply air jet(s) should cover the occupied zone (Elvsen and Sandberg, 2009), SV is most suitable for small to medium-sized or zonal rooms. The design guidelines have been suggested (Lin et al., 2011c). Horizontal confluent jets could be use as the air supply terminals. The intermittent air jet strategy (IAJS) may be incorporated if the supply airflow rate is too low to satisfy the thermal length requirement (Kabanshi et al., 2016b). SV is applied to offices, classrooms, meeting rooms, etc. (Fig.10). Besides the benefits mention in the previous paragraphs, SV can save substantial indoor space as the air ducts are housed in the cavity walls instead of the mostly empty ceiling voids (Fig. 10).





(b)



(c)

(d)

Fig.10. Applications (a) office (b) meeting room (c)classroom (d) tunnel/corridor.

## Impinge jet ventilation (IJV)/confluent jetsventilation (CJV)

Impinging jet ventilation

At present, conventional MV and DV methods are still most widely used, though they have some disadvantages and limitations. To overcome the drawbacks of these methods while retaining the strengths they provide, impinging jet ventilation (IJV) was proposed (Karimipanah and Awbi, 2002) for space ventilation, cooling and heating. This system combines positive aspects of both MV and DV and therefore has a promising application.

IJV delivers fresh air to a room based on the impinging jet principle. The supply device is in fact the duct itself which delivers the supplied air at a certain height above the floor, and the air extraction is usually located at high level near the ceiling (Fig.11(a)).



Fig. 11. IJV(a) Conceptual diagram of impinging jet (b) Flow regions of an impinging jet.

In addition to ventilationprovision, impinging jets offer high rates of heat/mass transfer and have been used in a wide variety of applications, such as drying of paper, textiles and film, and cooling of electronic components and turbine blades (Hollworth and Durbin, 1992;Rundström and Moshfegh, 2008;Masip et al., 2012;Larraona et al., 2013). Impinging jets are also of scientific interest due to the presence of different flow regimes in the jet flow. The flow field of an impinging jet is generally divided into three distinct regions: free jet region, impingement region and wall jet region. The free jet region can be further divided into three zones depending on the nozzle-toplate (or floor)distance: the potential core zone, developing zone and fully developed zone. Schematic of an impinging jet flow field is shown (Fig. 11(b)).

In an IJV system, a high momentum air jet is discharged downwards, which strikes the floor and spreads over it, thus distributing the fresh air along the floor in the form of a very thin shear layer. This air distribution system enables the air jet to overcome the buoyancy force generated from heat sources and reaches the floor regions further, as indicated from Fig. 12 where smoke visualization of IJV is shown.



Fig. 12. Smoke visualization of IJV (Karimipanah and Awbi, 2002).

This system has been shown to have good performance for ventilation of offices, classrooms and industrial premises (Karimipanahet al., 2000;Karimipanah and Awbi, 2002;Rohdin and Moshfegh, 2009). It is also important to bear in mind that adopting such low-level supply systems will deliver fresh air directly to the occupied zone, which could consequently raise the potential risks of local thermal discomfort, i.e. draught of cold air close to the floor in the case of cooling, as well as excessive temperature stratification (Melikov et al., 1990). However, unlike DV, heated air can be supplied by IJV for winter heating. Therefore, careful design consideration is required for this type of air distribution system to enable proper air velocity and temperature distributions in the occupied zone for ensuring good thermal comfort in the occupied zone.

A sketch of an office room used for studying different air supply devices (MSD: Mixing Supply Device; WCJSD: Wall Confluent Jet Supply Device; IJSD: Impinging Jet supply Device; and DSD: Displacement Supply Device) is shown (Fig. 13). The CFD flow predictions for these four air supply devices are given (Fig. 14) for regions where velocities of the flow are equal to or lower than 0.25 m/s with the color scale representing the air temperature distribution around these supply devices. These are for a case with a heat load of 17 W/m<sup>2</sup>, an equal airflow rate of 0.025 m<sup>3</sup>/s and the same supply air temperature of 16 °C. As can be seen, the penetration lengths of the regions for 0.25 m/s air velocity represented by the temperature contours show that the IJSD penetration is in between that for the MSD and DSD, because of the moderate height of the IJSD air supply, supply momentum, and entrainment properties of the impinging jet flow.



**Fig. 13.**Sketch of an office room used for studying different air supply devices (MSD: Mixing Supply Device; WCJSD: Wall Confluent Jet Supply Device; IJSD: Impinging Jet Supply Device; and DSD: Displacement Supply Device).

Energy saving potential of IJSD was investigated on the basis of airflow rates required for each system to obtain equivalent occupied zone temperatures. The IJSD required slightly higher airflow rate of 0.023 m<sup>3</sup>/s (1.1 times) and fan power (1.3 times) than the DSD, but it was more energy efficient than the MSD and the WCJSD which required 1.2 times higher airflow rate and 1.7 times higher fan power, based on the relations between the flow rate, Q, pressure difference,  $\Delta p$ , and the fan power,  $\Delta P \propto Q^2$  and the fan energy  $E \propto Q^3$  (Karimipanah et al., 2008). Although the DSD showed superior performance to all other supply devices in terms of ventilation efficiency and energy saving, it seemed to have difficulties in providing acceptable vertical temperature gradient between the ankle and head levels for a standing person. The study showed that the IJSD could provide a better overall performance than the other three supply devices examined.



**Fig. 14.**Iso-surface for velocity 0.25 m/s with the corresponding temperature contour plots for (a) MSD (b) WCJSD (c) IJSD (d) DSD (Chen, 2014).

#### Confluent jets ventilation

Confluent jets can be defined as multiple round jets issue from different nozzles (Awbi, 2003). Typically, the flow field of confluent jets consists of initial, converging, merging and combined regions (Ghahremanian et al., 2014a). After a certain distance from the supply device, the combined jets behave as a single jet, with the individual jets could no longer be identified.

The flow field for the confluent jets is complicated and dependent on the jets' interaction. The flow from an inline array of multiple interacting jets creates three different confluent jets, i.e., central jets, side jets and corner jets. All these types of jets behave differently in the converging, merging and combined regions in terms of, e.g., velocity decay and length of potential core. There is no significant difference between central, side and corner jets within the initial jet region, i.e. a clear potential core zone can be found within the initial region. The confluent jets start to merge after the converging region. Shortly after the nozzle outlets in the converging region, the side jets tend to curve towards the centre of the jet array. This phenomenon is less prevalent for the corner jets. The maximum velocity decays linearly in the main part of the merging region. The side jets are more affected by the neighboring local flow than the other jets. Due to their deflection, the side jets merge together faster than the central jets. As a result, side jets have shorter potential core and faster velocity decay which preserves their maximum velocity less than corner jets. The combined region is dominated by the potential core, where a small maximum velocity decay can be observed in that region. Contour plots and cross-sectional profiles of the dimensionless mean velocity for an in-line array of round jets can be seen (Fig. 15) (Ghahremanian et al., 2014a;Ghahremanian et al., 2014b). A detailed near-field study of multiple interacting confluent jets can be found in the doctoral thesis (Ghahremanian, 2014). Also, different techniques that were used in numerical and experimental investigations of the flow behavior of a confluent jet in the region close to the nozzle exits can be found (Svensson et al., 2012;Ghahremanian and Moshfegh, 2014a;Ghahremanian and Moshfegh, 2014b;Ghahremanian et al., 2014a;Ghahremanian et al., 2014b;Svensson et al., 2014).



**Fig. 15.**(a) Contour plot (b) cross sectional profiles of the dimensionless measured velocity from an array of round jets (Ghahremanian et al., 2014a;Ghahremanian et al., 2014b).

The confluent jets described earlier are for free jets moving side-by-side. In ventilation application wall confluent jets are often used so the jet can be delivered over a wall in the room towards the floor. Such confluent jet alignment can be described as wall confluent jets (WCJ) due to their development onto or in the vicinity of a wall. The jets attached to a wall due to the Coanda effect become a wall jet and usually move downward towards the floor (Fig. 16). An attached wall jet is characterized by the flow being bound on one side by a flat surface and moving parallel to the surface. Upon leaving the nozzle, the jet forms a boundary layer on the wall surface and a shear layer develops on the fluid side (Awbi, 2003). The wall jet remains attached to the wall until the floor surface is reached. A free jet region, a Coanda effect region, and a wall jet region are the three regions of WCJ which are described in the experimental study (Cho et al., 2008).

The flow pattern and temperature distribution below theWCJSD were visualized by smoke and IR camera as shown in Fig. 16. The visualizations show that the confluent jets initially produced by the supply device remain attached to the side wall due to the Coanda effect and move downward towards the floor as WCJ.



Fig. 16. (a) Schematic of wall confluent jets (Cho et al., 2008) (b) Flow visualization by smoke [left] and IR camera [right] (side view) (Janbakhsh, 2015).

The WCJ have been applied for ventilation in the studies (Cho et al., 2008;Karimipanah et al., 2008). These studies found that the momentum of the WCJ can be more conserved than that of other jets (e.g., free confluent jets, free plane jet and free plane wall jet). The behavior of this type of ventilation system is such that it leads to slow jet diffusion due to the lower rate of velocity decay compared with free confluent jets, free plane jet or free plane wall jet. In addition, the flow behavior of the WCJ was compared with a DV system. It was concluded that the WCJ have a greater horizontal spread over the floor area than that for a displacement jet. The results of energy performance of the WCJSD revealed that this system requires the lowest fan power compared to the DV, MV or IJV to achieve nearly the same value of air distribution index (ADI) which is a measure of the ventilation performance of air supply devices.

#### Wall attached ventilation (WAV)

#### Performance

(a)

The mechanism of MV is to use FA to dilute indoor pollutions. The characteristics of MV are high supply air velocity (momentum) and turbulence intensity, which cause high entrainment. Lower spaces of indoor environments are not occupied by supply air diffusers of MV. DV considers more about ventilation efficiency and energy efficiency. The use of thermal plumes requires relatively high airflow rate and to supply that flow it needs large supply area, respectively. This causes practical obstacles for furniture arrangement and has constrain of the adjacent zone close to the units. Therefore, DV can only meet moderate cooling loads (up to 40 to 50 W/m<sup>2</sup>) (Hamilton et al., 2004). As a solution, the concept of vertical wall attached ventilation (WAV) was presented(Zhang, 2005; Li et al., 2008; Nielsen et al., 2010c), which is based on the combination of MV, DV and impinging jet flow. The concept was named air curtain (jet) ventilation (ACV) later (Li et al., 2012a; Li et al., 2012b; Yin and Li, 2012). Mixture of FA and RA is first delivered and attaches to vertical wall then directs the jet downwards (Fig. 17). As the air jet with high momentum reaches the floor level, it impinges to corner, and then separates from the vertical wall surface and reattaches to the floor to generate clean air layer ("air reservoir").Background mechanism is extended Coanda effect (Coanda-Li effect), which is the tendency of a fluid jet to keep attaching to a complex of convex and concave surfaces after impinging (Li, 2019). The distance between vertical surface and the center of supply air diffuser has significant influence on the performance of

WAV and the performance of DV mode ventilation changes to MV mode ventilation when the distance increases. Compared with DV, similar temperature and velocity fields can be achieved; with WAV, it is possible to supply draught free larger airflowrates than with DV.



Fig. 17. WAV air distribution.

In large spaces, such as shopping malls and subway stations, square columns or circular columns are commonly used (Fig. 18(a))whose surfaces can be utilized for airflow attaching (Li et al., 2010a; Li et al., 2010b). In this kind of facilities, the concept of "wall" in WAV can be generalized to all solid surfaces such as column surfaces. Taking square column attached ventilation as an example, three regions can be divided including column attached region, primary floor attached region and confluent floor attached region (Fig. 18(b)) (Yin et al., 2016). With the increase of supply air velocity, the main body thickness of attached supply air becomes thinner, which corresponds to a lower degree of entrainment between supply air and ambient air. This isgreat benefit to promote ventilation efficiency (Fig. 18(c)). Compared with other type of jets, the maximum velocity decay and jet diffusion of column attached air distributionis much faster which is helpful for avoiding draught in the occupied zone. The performance of circular column attachedair distributionand its floor-based variation (a floor-based air distribution with a novel mushroom diffuser) (Fig. 18(d)) were also well explored, which demonstrate high performance (Li et al., 2016; Yin et al., 2017).



(c) (d)

**Fig. 18.** (a) Multiple columns attachment ventilation (b) airflow schematic of square column attached air distribution (c) visualization of experiments with different initial air velocities (d) mushroom diffuser model.

#### Applications and benefits

A lot of projects have been carried out with high space height such as city halls, metro stations, industrial workshops, agricultural greenhouse, and hydro power stations (Li and Li, 2015) (Fig. 19). WAV can also be used for built environments with irregular shape of the envelope. Taking a two-story island metro station as an example, initial construction costs and operational costs were saved by changing MV to WAV (Liu, 2018) when the size of the ventilation system is reduced. Supply air flow rate of the air handing unit was reduced by 20%, chiller capacity was reduced by 22%, comprehensive cooling coefficient of air conditioning system was increased by 17% and air duct material of HVAC system was saved by 14.3%.





(c)



(d)(e)

# Fig. 19.WAV application (a) city hall (b)metro station (c)industrial workshops (d) agricultural greenhouse (e) built environments with irregular envelops.

## Intermittent air jet strategy (IAJS) - Ventilation strategies with rapid variation of ventilation flow rate

A constant flow rate in MV systems creates secondary motion of air, which enhanced by entrainment of room air into the supply stream, dominates ventilation of zones in the room by forced convection. Optimal control of the supply flow rate increases mixing and usually a high mixing effect is produced in setups with high supply flow rates which consequently increases the ventilation energy use. Additionally, there is an increased risk of draft in cases of supply of isothermal or cooled air. Another acute problem with a constant flow rate is the setting up of stagnation zones in the room which give rise to unacceptable low air exchange efficiencies locally. This is because with a constant flow the generated small-scale structures within the room flow are insufficient, consequently the desired perfect mixing is not obtained. Fig. 20 illustrates the stagnation zone of momentum driven two-dimensional flow demonstrated by Sandberg and Elvsén (2004) by means of visualization (represented by a schematic diagram in Fig. 20a) and later quantified (Fig. 20b) with Particle Image Velocimetry (PIV) (Fallenius et al., 2013).



Fig. 20. Stagnation zone setup by the constant flow rate in a two-dimensional model.

The problems of stagnation zones and the draft risk can be alleviated by employing strategies that optimize rapid variations of the ventilation flow rate or velocity field within the room. Rapid variation is that the variation occurs within time-periods of minutes in contrast to variable air volume systems where the flow rate is gradually changed as a response to a change in the load. The time-periodic supply flow rate can be varied by either usinga sine or a step function shown in Fig. 21. Early studies date back to several decades ago (Ye and Dai, 1959; Takao, 1982; Thorshauge, 1982; Li and Dai, 1987). With a sinusoidal function, the flow rate is controlled within a specified range by repeatedly switching on and off the HVAC supply fan for stipulated periods. An example is IAJS. The purpose of creating variations is to change the conditions within the room with respect to airflow pattern and the velocity field. A change in airflow pattern may improve the performance of removing contaminates from the room and a change in the velocity field may increase the occupant perceived cooling effect without generating draft.



Fig. 21. An example of time history of flow rate variation.

1.Periodic variation of the ventilation flow rate with a sine function

Principle and characteristics: A non-exhaustive overview of visualization work was presented by Sandberg and Elvsén (2004) who theorized and showed in a model study that varying flow rate using a sine function generated secondary vortices, which were shed into the stagnant areas within the room. The additional secondary vortices generate a small-scale flow structures by vortex shedding which induces air movements and disintegrates the

stagnation zones, see schematic diagram in Fig. 22. The resulting air distribution in the entire room is far better and gives rise to a higher air exchange efficiency than the constant supply flow.



Fig. 22. Generation of vortices by a time varying supply flowrate.

The observations were confirmed and quantified in PIV model studies (Fallenius et al., 2013; Sattariand Sandberg, 2013) that investigated mixing effect of ventilated air in an enclosure as a function of the frequency of the pulsating supply flow. The distribution of vortices becomes more homogeneous over the considered domain with increase in pulsation frequency (F), while maintaining the same flow rate. Fig. 23 shows that vortex shedding increases with pulsation frequency [F = 0 (a), 0.3 (b), 0.4 (c) and 0.5 (d), Hz] resulting in higher number of small-scale flow structures vortex circulationand the stagnation regions were completely disintegrated.



Fig. 23.Spanwise vorticity normalized with the maximum value of the velocity vector magnitude and the diagonal length Lof themodel (Fallenius et al., 2013).

Alternatively, vortex shedding in the stagnation region can be realized by increasing the flow rate. However, rapid variation of the flow rate improves re-circulation considerably than increasing the supply flow rate which practically is undesirable as it increases the fan energy use. Likewise, the overall ventilation of the room improves, and the contaminant distribution is homogeneous. The mixing is stronglyenhanced when time-periodic supply conditions are applied, with a model test case showing local reductions of thecontaminant concentration of up to 50% compared to a case with a constant supply flow rate (van Hoof and Blocken, 2017).

Applications and benefits: There are no practical systems yet, as studies of periodic variation of the ventilation flow rate have so far been limited to model experimental and computational studies. Kandzia et. al. (2011) investigated the room airflow structures for different kinds of time dependent boundary conditions but not much has been done on the subject. The main potential benefits of a system operated with a periodic rapid variation of the ventilation flow rate are increased ventilation efficiency due high mixing effect of vortex shedding, use of low supply flow rate for an equivalent level of global mixing otherwise obtained by increasing the flow rate in MV systems and reduced risk of draft in the occupied zone. One can speculate that the system would satisfy occupant thermal comfort needs as the ventilation airis better spread out over the whole room and vortex shedding lowers the indoor air speeds in the flow stream thereby reducing the risk of draft (Schmidt et al., 2013).

Based on evidence from model studies, control of the supply flow rate with periodic variations holds potential for improved ventilation and indoor climate. Thus, there is a need to develop the system and assess its performance in full mockup experimental studies and to investigate occupant response to the pulsed ventilation flow rate.

#### 2.Periodic variation of the ventilation flow rate with a step function

Principle and characteristics: Variations of ventilation flow rate with a step function is simply achieved by periodic switching "On-and-Off" of the supply fan. The idea was first conceived byWigö(2005), who investigated the impact of a controlled intermittent velocity field on human's psychology and physiology by optimizing unconstrained confluent jets. Kabanshi et al (2016a) explored the idea as a primary ventilation ventilation strategy, IAJS, which aimed to optimize a two-dimensional intermittent jet issued overhead from row of confluent jets. The strategy increases mixing and penetration of the supply flow into the breathing zone and creates unsteady airflow characteristics in the occupied zone. In operation, the system is proposed to run with a minimal velocity of 0.4 m/s for downward airflow to effectively blow away the thermal plume and reduce personal exposure to room contaminants transported within the human convective boundary layer (CBL) (Licina et al., 2015a). 0.8 m/s was recommended as maximum velocity with no requirements for personal control (ASHRAE standard 55, 2017), otherwise higher velocities can be used when needed.

The intermittent supply creates very different velocity conditions between periods of intermittence (low and high pulses), which consequently creates non-uniform airflow and non-isothermal conditions around occupants exposed to IAJS, See Fig. 24. The transient conditions around the occupants is demonstrated in the periodic distortion and reformation of the CBL. This interaction increases occupants perceived cooling of intermittent air speeds and reduces the risk of draft, giving a feeling of thermal pleasure or thermal alliethesia in warm environments (Cabanac, 1971;Hellwig, 2015). Air movement acceptability and air quality acceptability are improved especially under elevated room temperatures, which paves the way for energy efficient cooling (Kabanshi et al., 2016b; Kabanshi et al., 2019).



Fig. 24. Non-uniform airflow and non-isothermal conditions around occupants; Distortion and reformation of human convective boundary layer (CBL) under IAJS.

Applications and benefits: IAJS has been tested in a classroom mockup, which can be used as either an independent system that works as a primary ventilation system or as a room induction system (refer to schematic diagrams in Fig. 25) working together with a MV system (Kabanshi et al., 2016a; Kabanshi et al., 2016b; Kabanshi et al., 2017; Kabanshi et al., 2019). Generally, IAJS has potential to offer an ambient temperature offset up to 2.5 °C with operational velocity of 0.4 m/s (using higher velocities increases the temperature offset), which is equivalent to 13% cooling demand reduction compared with MV. Cooling energy simulation and analysis under different climates demonstrate its feasibility and potential energy benefits (Kabanshi et al., 2018).

IAJS as primarysystem has potential application in climates where cooling is needed for most parts of the year as intermittent airflow, even at minimal operational velocity 0.4 m/s, was found undesirable below 23.7 °C (Kabanshi et al., 2019). Currently, IAJS as a primary system is mainly under chamber test stage but it has been tested in a field study in a classroom with promising results (Figiajs6) (Wigö, 2013). IAJS as a room induction system can work in almost all climates and is easy to implement in existing buildings. The system increases mixing through recirculation of room air and offers comfort benefits in warm environments due to increased intermittent air speeds. However, long-term human exposure under real classroom environments conditioned by IAJS may help to optimize the system for widely practical applications.

Some practical limitations of the system include application in fixed sitting arrangements as the system is not flexible to variable room arrangements or alternating layouts. The jets generate a slightly higher noise level than MV system due to increased fan pressures, especially when used as a primary ventilation system. There is an increased duct work which depending on installation can be aesthetically challenging and can increase installation and maintenance costs. These are some practical limitations that should be considered among others.





# Protected occupied zone ventilation (POV)

## Performance

The POV was defined by using a low turbulent plane jet to separate an office environment into several subzones (Fig. 26). Hence, POV can be applied in a protected occupied zone (POZ). A POZ is defined as a zone of the occupied zone in a room consisting of the breathing zone and personal working zone, where occupants spend most of their time indoors. One earlier study (Valkeapää and Sirén, 2010) showed that an air curtain may be used to prevent the cold air from a door way with a relatively high tightness efficiency. In addition, an experimental study on push-pull ventilation system was carried out (Heiselberg and Topp, 1997). The balance of airflow between supply and exhaust air flow rates was critical for an efficient push-pull system. When a push air jet and an exhaust are combined in a correctly balanced ratio, a very high capture efficiency as high as 90% could be achieved by the controlled air movement(Kulmala et al., 2007). Moreover, a downward plane jet may be used to control the transmission of airborne contaminants (Cao et al., 2013; Cao et al., 2014). By using POV, an internal space may be divided into different personal work areas or subzones using downward plane jets or air curtains, which separate the space and provide FA to the subzones. The plane jets destroy the high concentration exhalation flow directed into the breathing zone of a target people in the opposite zone. When the exhaust flow is equal to the whole flow rate of the downward jet at exhaust level, the protection efficiency may be maximized. The protection efficiency of POV varies from 8% to 50% depending on the exhaust location, supply air velocity and the usage of partitions (Cao et al., 2013). If the use of POV will combine with other types of airflow distribution methods in subzones, like a mixing type airflow distribution or a displacement typeairflow distribution, then the system may be defined as a hybrid protected zone ventilation (HPOV). The principle of using HPOV, which is based on the push-pull principle, will remove contaminant locally (at the exhaust) and therefore remove the contaminant crossing the plane jet. It is possible to create a fully protected zone (Cao et al., 2015a).



Fig. 26. Schematics of POV and HPOV air distribution.

## Personalized ventilation (PV)

Principle and characteristics: The main idea of PV is to provide clean and cool air to the breathing zone or at least close toeach occupant. The PV in comparison with total volume air distribution has two important advantages: first, its potential to improve the inhaled air quality and second, each occupant is delegated the authority to optimize and control temperature, flow rate (local air velocity) and direction of the locally supplied personalized air according to his/her own preference, and thus to improve his/her thermal comfort conditions.

The supply air terminal devices (ATD) used for PV are located close to the breathing zone of occupants. ATDs of different design, allowing control of airflow rate and some of them for control of flow direction, have been tested (Fig. 27a): two small nozzles (PEM) placed at the back corners of a desk and generating two symmetrical jets or two linear diffusers placed at the front desk edge generating two jets, one toward the occupant's body (HDG) and the second vertically (VDG), directed slightly away from the occupant (Sodec and Craig, 1990; Arens et al., 1991; Bauman et al., 1993; Faulkner et al., 1993; Faulkner et al., 1995; Faulkner et al., 1999; Tzuzuki et al., 1999; Cho et al., 2001; Melikov et al., 2002; Cermak and Melikov, 2003; Cermak and Melikov, 2004; Faulkner et al., 2004; Melikov, 2004), ATD (MP) with a rectangular or circular opening mounted on a movable arm-duct which allows for changes of the distance between the ATD and the person as well as the direction of the personalized flow (Melikov et al., 2002; Bolashikov et al., 2003), a flat ATD mounted on the top of a PC monitor (CMP) allowing for change of personalized flow direction in a vertical plane (Melikov et al., 2002), a small nozzle integrated with the flexible support of a commercially available headphone supplying air very close to the mouth and the nose (Bolashikov et al., 2003), or combinations of some of these ATDs (Kaczmarczyk et al., 2004). Several other designs, such as a round nozzle attached to the chest blowing air against the face (Zuo et al., 2002), a displacement ATD placed below the desk (Loomans, 1999; Izuhara et al., 2002), a ventilation tower system (Hiwatashi et al., 2000), a partition integrated fan-coil unit (McCarthy et al., 1993; Jeong and Kim, 1999; Chiang et al., 2002; Levi, 2002) and other designs have all been tested. A system using textile surfaces as supply air terminal devices (ATD) for the PV is a design which has been tested for both chairs and beds (Fig. 27b). For a seat the air can be supplied through a neck rest, a pillow behind the head or through part of the chair (Nielsen et al., 2007; Nielsen et al., 2008a; Nielsen et al., 2008b). Air can be supplied efficiently to the breathing zone of seated person by nozzles installed on the two sides of the head rest (Melikov et al., 2012). An efficient way to reduce the supplied ventilation air is to remove the exhaled air and body effluents before they are mixed with the room air by headset and chair incorporated personal exhaust (PE), Bolashikov et al., 2015; Bivolarova et al., 2016).



Fig. 27.a) Personalized ventilation - Examples of tested air supply terminal devices (ATD): Movable Panel (MP), Computer Monitor Panel (CMP), Vertical Desk Grill (VDG), Horizontal Desk Grill (HDG), and Personal Environments® Module (PEM); b) Personalized ventilation through chair textile.

Physical measurements identify a significant decrease of pollution concentration in inhaled air with PV in comparison with TV (Faulkner et al., 1993;Faulkner et al., 1999;Melikov et al., 2002;Zuo et al., 2002;Bolashikov et al., 2003;Cermak and Melikov, 2003;Melikov et al., 2003; Cermak and Melikov, 2004; Cermak et al., 2004; Faulkner et al., 2004). The optimal performance for most of the ATD has not exceeded 50-60% of clean air in the inhaled air. Highly efficient ATD providing almost 100% clean and cool personalized air to be inhaled by user have been developed, making it possible to increase the ventilation effectiveness 20 times or more compared to mixing ventilation (Bolashikov et al., 2003;Melikov et al., 2003). The temperature of the inhaled air may be decreased by up to 6°C(at warm indoor conditions) in comparison with mixing ventilation and this will further

improve perceived air quality. Substantial potential of PV for improvement of occupants' thermal comfort has been reported as well (Tsuzuki et al., 1999;Kaczmarczyk et al., 2004). The design of ATD has an impact on uniformity of the body cooling which affects people's thermal comfort (Forejt et al., 2004).

Human response to PV hasbeendocumentedwith bothtemperate and tropicallyacclimatizedsubjects (Kaczmarczyk et al., 2002;Zeng et al., 2002;Kaczmarczyk, 2003; Yang et al., 2003;Kaczmarczyk et al., 2004;Sekhar et al., 2005). PV combined with MV or DV improves perceived air quality and decreases Sick Building Syndrome (SBS) symptoms. The effect increases when the personalized air is cool. The acceptability of inhaled air provided by a PV increases at higher background room air temperature (Yang et al., 2003;Kaczmarczyk et al., 2004). SBS symptoms, such as headache, decreased ability to think clearly, etc. remained significantly less intense with PV than with MV. The PV increases the well-being and self-estimated performance of users (Kaczmarczyk et al., 2004). The advantages of PV is maintained under transient conditions, when occupants simulating office work move away from and back to workstations equipped with PV. At room air temperature below 23°C and low odor intensity the performance of PV with regard to health and comfort may be different. PV may not improve perceived air quality significantly in comparison with TV and may cause draught discomfort but it still may remain important for occupants' SBS symptoms (Melikov and Kaczmarczyk, 2012).

PV improvespeoples' thermalcomfort (Kaczmarczyk et al., 2002a;Zeng et al., 2002;Kaczmarczyk, 2003;Yang et al., 2003;Kaczmarczyk et al., 2004). The acceptability of the thermal environment with PV compared to without PV significantly improves at room temperature above 23 °C. Control over supply airflow rate, i.e. local air velocity, obviously makes it possible to avoid draught discomfort. However, at room air temperature above 26°C the cooling capacity of the personalized flow targeting a relatively small body surface area may not be enough to provide some people with thermal comfort without causing draught discomfort, although it significantly improves whole body thermal comfort (Sekhar et al., 2003; Yang et al., 2003). In such cases ATD that allowed control of the supplied PC flow may be applied (Bolashikov et al., 2013a). People prefer personalized airflow with constant rather than fluctuating velocity (Yang et al., 2002; Zhou et al., 2002; Kaczmarczyk et al., 2006). Research has shown that tropically acclimatized persons prefer slightly higherlocalized air movement even at conventional indoor design conditions of 23-24°C, which shows that they would generally have a wider tolerance to draft thresholds (Gong et al., 2006). The study, involving a PV system coupled with a background MV system, showed that atanambienttemperatureof

 $23^{\circ}C, people in the Tropic sprefer local airvelocities ranging from 0.3 to 0.45 m/s, while at an ambient temperature of 26^{\circ}C, they prefer local airvelocities from 0.3 to 0.9 m/s.$ 

Personalized air supplied close to the face may cause increased eye blinking (Wyon, 1987) and skin irritation and may be felt uncomfortable. The increase of the room air temperature and relative humidity from 23 °C and 40% to 26 °C and 70% or to 28 °C and 70% decreased the eye blinking frequency (Melikov et al., 2011). At temperature of 26 °C and relative humidity of 70%, facially applied flow of polluted room air didn't have significant impact on eye blinking frequency in comparison without air movement. The increase of eye blinking frequency due to decrease of temperature and humidity and increase of velocity may be compensated due to the increase in air cleanness. No significant difference in subjects' eye blinking interval was found in a recent as yet unpublished human subject study comprising combinations of personalized air temperature between 23°Cand 26°Cand room air temperature in the range 23to29°C. The subjects were provided with control over the flow rate and the direction of personalized air and were able to avoid this type of discomfort. Only few subjects wearing contact lenses reported discomfort. The effect of PV on people's tear film stability and eye blinking at a warm and humid environment (26 and 28°C at 70% relative humidity) was studied and compared with their responses in a comfortable environment (23°C and 40% relative humidity) (Melikov et al., 2013). Increasing the temperature and relative humidity, but not the use of PV, significantly decreased tear film quality and the concentration of salivary alpha-amylase, indicating lower mental arousal and alertness. The use of PV improved tear film stability as compared to that in a warm environment without PV.

People learn, exercise successfully and benefit from their control over the flow velocity and direction and positioning of an ATD (Kaczmarczyk et al., 2002b;Yang et al., 2003;Kaczmarczyk et al., 2004). A tendency to make fewer changes in the positioning over elapsed time has been observed. The freedom of control over direction and flow rate of personalized air is important for lowering the risk of draught sensation and to improve occupants' satisfaction. Personalized airflow toward the face is preferred over airflow towards the abdomen, although airflow from the side has been used as well. The preferred flow rate ranges from 3 to 20 L/s (0.2-1.2m/s). Factors such as ergonomics, appearance, easy control, etc. are also important for subjects' ranking of the performance and acceptance of PV systems of different design (Kaczmarczyk, 2003;Kaczmarczyk et al., 2004).

The velocity decrement in close proximity to a person is dominated by the blocking effect of the person's body rather than the thermal plume. The concern of PV jet's penetration of the thermal plume seems not as challenging as expected and should not be considered as a critical factor for PV system design (Xu et al., 2018).

Parameters influence the performance: The amount of inhaled clean personalized air has been shown to depend on the design of the ATD and its positioning in regard to the occupant, the flow rate (typically from less than 5 L/s up to 20 L/s) and the direction of the personalized airflow, as well as the difference between the room air and the PV airflow temperature, size of target area, etc. (Faulkner et al., 1999;Melikov et al., 2002). In this regard, the interaction of flows in the vicinity of user's body, especially at the breathing zone is important. Some of these flows are indicated in Fig. 28.



**Fig. 28.** Personalized ventilation–Airflow interaction around human body: ①free convection flow, ② personalized flow, ③respiration flow, ④ventilation flow, ⑤thermal flow.

The interaction of flow near the breathing zone and its importance for the thermal comfort, perceived air quality and cleanness of the air inhaled by the user has been studied in detail (Bolashikv et al., 2013a;Bolashikv et al., 2013b;Licina et al., 2015b;Bivolarova et al, 2018;Kierat et al., 2018). Recommendations for design and positioning of the ATD, PV supply flow rate and temperature, control of characteristics of the supplied airflow and its interaction with the free convection flow existing around human body has been suggested (Bolashikov et al., 2009;Bolashikov et al., 2010;Melikov and Dzhartov, 2013;Melikov, 2015).

The performance of PV in conjunction with MV, DV and UFAD has been studied by physical measurements and human response (Yang and Sekhar, 2007; Yang et al., 2009; Halvoňová,

2010a;Halvoňová,2010b;Halvoňová,2010c;Li et al., 2010;Yang et al., 2010a;Yang et al.,2010b;Li et al.,2011;Sun et al.,2012;Dalewski et al., 2014;Cermak and Melikov, 2003; Cermak and Melikov, 2004; Cermak and Melikov, 2006; Cermak and Melikov, 2007; Cermak et al., 2004; Cermak et al., 2006; Melikov et al., 2003).Besides the type of PV and background air distribution and their characteristics (supply flow rate, temperature, etc.), furniture design and arrangementand other physical aspects,the effect of occupants' movement (Halvoňová, 2010a) on the performance of PV is important.

The performance of PV with regard to airborne cross-infection has been studied as well. The focus has been the reduction of the risk of cross-infection for the user of PV as well as the effect of PV for spread of infected air to other room occupants. It has been documented that PV, when properly designed and applied, has greater potential to prevent transmission of contagion between occupants compared to total volume ventilation. In rooms with MV, the use of PV will always protect the occupants from airborne transmission of infectious agents and will be superior to mixing ventilation alone (Melikov et al., 2003). In rooms with displacement ventilation, however, PV promotes mixing of the exhaled air with room air (Melikov et al., 2003; Cermak et al., 2004; Cermak et al., 2004; Cermak and Melikov, 2004; Cermak and Melikov, 2007). In real life, this may lead to an increase of the risk of transmission of airborne infectious agents to occupants who are not at their workstation. It is shown in a room with an office cubicles arrangement that a PV system with a supply through the chair textile gives lower velocity levels and more uniform temperature distribution compared with PV designed with nozzle supply, (Kong et al., 2014). A system with supply through chair textile is also superiors to a cubicle (UFAD) system.

Another study focused on enhancing the health-based PV performance in a mock-up health-care clinic setting by integrating it with a localized/personalized exhaust device (Yang et al., 2014; Yang et al., 2015a; Yang et al.,2015b). Seat integrated PV and personal exhaust (PE) has been suggested for vehicle cabin applications and has been studied by physical measurements and human subjects(Melikov et al., 2012; Melikov and Dzhartov, 2013). The findings show a good potential for improving inhaled air quality in any setting that employs a PV system coupled with a chairor seat-integrated PE device by having the combined PV-PE system pulling the clean air towards the seated person, especially under DV. It was also seen that this type of personalized exhaust could prevent the spread of contaminated air by exhausting the exhaled air directly before it mixed with the room air. Furthermore, the study showed that the use of PE for the "infected person" is a more efficient strategy to protect the "healthy person" than using PV for the "healthy person". The research findings provided substantial evidence of the effectiveness of the PV-PE system in offering flexibility of occupant movement within a microenvironment served by a PV device so as to be reasonably exposed to PV flow at all times. The findings also provided conclusive evidence of the effectiveness of PV-PE system in airborne infection control. Wearable headset-incorporated personal exhaust has been developed and studied (Bolashikov et al., 2015). The results document its high efficiency in removing the polluted (can be infected) exhaled air before it is mixed with the room air. As a result, the needed supply of ventilation air is reduced.

Energy performance:Substantial energy savings have been reported when PV is used. Due to convective cooling of the body, PV can provide occupants with thermal comfort at elevated room temperature, 25 °C to 27 °C (Bauman et al., 1993;Kaczmarczyk et al., 2004;Melikov and Knudsen, 2007). Compared to total volume ventilation alone, substantial energy saving (up to 60%) is reported with PV combined with MV and used at elevated room temperature (Seem and Braun, 1992;Bauman et al., 1998;Sekhar et al., 2005; Schiavon et al., 2010;Sekhar et al., 2010). The strategy of elevated room temperature combined with the use of PV based on occupant need/presence at the workstation, also contributes to the energy saving with PV. Combining PV supplying clean outdoor air with background MV based on cleaning and recirculating of room air is especially energy efficient in warm and humid outdoor conditions, mainly due to the reduction on energy use for dehumidification of the outdoor air. It is important to note that this energy-saving strategy can be recommended only in a working environment where the occupants spend most of their time at their workstation. Reducing the airflow rate does not always imply a reduction of energy consumption.

In a detailed simulation-based study integrating PV with an active chilled beam (ACB), both energy and CFD simulation results illustrate thatit is possible to achieve considerable energy savings, superioroccupant thermal comfort and enhanced indoor air quality (IAQ) (Sekhar and Zheng, 2018). The integrated PV-ACB system could achieve 16% energy savings at 100% peak cooling load and as high as 42% energy savings at 25% part cooling load, indicating the superior energy savingpotential under part load conditions.

Energy saving can be achieved with PV in cold climate by its combination with another system used for supply cooling/heating to the space. Lybenova et al. (2011) reported that PV coupled with background mixing ventilation, the possible reduction of the air supplied to the room was approximately 20% (and up to 40% when extending the temperature in the room by 2 °C above the upper limit recommended in the standards) compared to mixing ventilation only. When PV was combined with passive chilled beams, the reduction of the supplied air was up to 80%. This ventilation strategy may lead to energy saving especially in spaces where occupants spend most of the time at their workplace.

Application: The benefits of use of PV in practice, alone or in combination with conventional methods for generating background environment in spaces has been discussed (Melikov, 2004;Melikov, 2011;Melikov, 2015). PV canbe applied in buildings with different purpose (office buildings, hospitals, auditorium, etc.) and vehicle compartments (cars, airplanes, etc.). The PV can be combined with other convective methods, such as MV, DV, UFADand active chilled beams (Cermak and Melikov, 2006;Cermak et al., 2006;Cermak and Melikov,2007; Nielsen et al., 2007;Halvoňová, 2010a; Li et al., 2010;Yang et al., 2010a; Li et al., 2011; Sun et al., 2012; Sekhar and Zheng, 2018). Applications of PV combined with radiant methods for generating indoor thermal environment, such as passive chilled beams, chilled ceiling, has been studied experimentally and by simulations (Lybenova et al., 2011;Lipczynska et al., 2015;Melikov, 2015). The results reveal superior performance of PV combined with a method for generating background compared to the methods for generating total volume environment alone. Several applications for PV in hospitals such as hospital bed integrated PV (Melikov, 2015), seat integrated PV (Bolashikov et al., 2010;Melikov et al., 2012;Sun et al., 2012;Melikov and Dzhartov, 2013).

People can clearly distinguish the performance of PV with different design and can rank them according to perceived air quality, thermal comfort and ergonomics (Kaczmarczyk, 2003;Kaczmarczyk et al., 2004). Therefore, the design and the performance of the PV has to be carefully considered taking into account the furniture design and layout, occupants' activities, etc.

#### Local exhaust ventilation (LEV)

LEV is primarily an extract ventilation system which is very effective in rooms where localized typically warm contaminant sources can be identified, such as in industrial premises or kitchens. Normally, a local exhaust hood is placed above the source to remove the pollution before it can spread into the room. A range hood over a cooktop without buoyant forces (velocity-capture principle) is considered in Fig. 29a. The air approaches the range hood from all directions, i.e. the upstream flow volume (area) is large. Thus, the air velocity decreases rapidly with the distance from the hood. The air velocity near the cook-top (e.g. point P in Fig. 29a) is very low. Normally, a cook-top producing heat sources which generate thermal plumes. The plumes bring the contaminants upwards into the high-velocity territory of the range-hoods and thus the contaminants are captured and exhausted (i.e. the buoyancy-capture principle) (Fig. 29b)



Fig. 29. Two ventilation principles of range hoods (a) velocity-capture principle; (b) buoyancy-capture principle.

Sensible heat of kitchen appliance is released in the room space by radiation and convection. It should be noted that using a hood it is only possible to capture the convection part of the heat load. Radiation will always be present in the room space and to remove the loads caused by radiation, mechanical cooling should be introduced. Therefore, the actual capture efficiency is only related to the convective part of the heat load.

During the design phase, airflow rate should be determined based on the convection flow. By increasing airflow rate at the optimal point, the efficiency of the system could not be improved. On the other hand, unnecessary high airflow rates increase the investment and operation costs. The exhaust airflow rate could be calculated with the known heat load of the kitchen appliance. By using convection heat load, the exact airflow rate is possible to compute (Li and Kosonen, 2019).

The standard hood is not necessarily able to capture totally the raised convection flow. Especially in cases when there is draft around hood area, the hood efficiency is lower than 100%. In practice this means that together with radiation heat load, certain ratio of the convection heat gain will also escape to room spaces.

Using push-pull ventilation principle with capture jet, it is possible to improve the efficiency of hood. In Fig. 30, aSchliering thermal illustration is presented on the hood performance of a capture jet and a standard hood using the exactly the same airflow rate. The standard exhaust hood required 30% greater exhaust airflow rate compared to high efficient hood (Schrock et al., 2000).





**Fig. 30.** High efficiency hood with the capture jet (left panel) improves the contaminant removal efficiency compared to standard exhaust hood (right panel).

The similar improvements using capture jet were also demonstrated in a ventilated ceiling application (Kosonen and Mustakallio, 2003). The ventilated ceiling concept is a wall-to-wall system that covers the 'active' cooking area above the cooking appliances as well as the 'passive' area where there is no cooking processed. The system consists of stainless-steel exhaust air modules with grease filters, displacement ventilation through low velocity supply air units. The efficiency of the exhaust system is improved with jet installed flush alongside the active area. The small air jet helps to direct heat and impurities towards the exhaust, improving the capture and containment efficiency. Low-velocity air diffusers bring draught-free fresh air to the working zone (Fig. 31).



Fig. 31.Ventilated ceiling with air curtain ventilation.

Similar concept is also possible to utilize with kitchen hood. The supply units are installed in the false ceiling or hang on the wall. The air supply downward along the wall reaches the floor and then turn its direction to spread along the floor. The push-pull ventilation could also be executed with air-curtain slots located around the stove. The air curtain can deliver outdoor air into the kitchen. In Fig. 32,there is presented one concept studied (Zhou et al., 2019). With the air-curtain depending on the make-up arrangement, it was possible to improve the capture efficiency up to 21% (from 75 % to 96 %).





## Laminar airflow (LAF)/Piston ventilation (PiV)

In this method of air distribution, air is supplied vertically or horizontally across the whole room at low velocity (typically 0.2 to 0.3 m/s) and turbulence to create a "piston" type flow. This is a very effective way of removing contaminants from the room, but it is also costly and requires a very high air change rate (200 to 600 air changes per hour). Hence, it is only used in certain applications, such as clean rooms and hospital operating theatres.

Unlike traditional MV systems, which supplies air at high velocities to mixthe room air and supply airflowfor control of pollutant concentration, LAF aims to minimize contamination by supplying an unidirectional clean air from the ceiling to the operating zone at relatively lower supply velocities (0.2-0.3 m/s), which enables the LAF to swipe (a "washing" effect) airborne pathogens away from the surgical site (Fig. 33).



**Fig. 33.** Laminar airflow system in operating rooms a) Schematic outline of airflow from a LAF unit in an operating room b)A photo of the operating room with LAF and other medical equipment (Cao et al., 2018).

Based on a review of 16 national and international standards in 2006, there is, to a certain extent, a global consensus for appropriate supply air velocity (0.20-0.30 m/s) and HEPA filtration efficiency (99.5-99.7%) (Melhado, 2006). The trend of enlarge the area of LAF has been followed by several other national guidelines in the past 10 years, as shown in Table 2. In support of these revisions, several studies have shown that the use of large-size LAF ceilings reduces the microbiological contamination in operating rooms compared to small-sized LAF systems (Diab-Elschahawi et al., 2001; Benen et al., 2013; Wagner et al., 2014).

## Table 2

Parameter requirements for an LAF-equipped operating room environment in eight current European standards (Aganovic, 2019).

Country	Supply Velocity (m/s)	Pressure difference (Pa)	Humidity (%)	Temperature (°C)	LAF diffuser size (m <sup>2</sup> )	Maximum bacterial load (CFU/m <sup>3</sup> )
Austria [ÖNORM H 6020]	0.22-0.45	-	35-45	20-24	$\geqslant 8 \ m^2$	-
France [NF S 90- 351]	0.25-0.35	$15 \pm 5$	-	19-26	-	10
Germany [DIN 1946]	≥ 0,23	-	30-50	19-26	$\geqslant 3.2 \times 3.2 \\ m^2$	4-10*
Netherlands [CBZ]	-	-	-	18-22	-	-
Norway [Aune K.S 2014]	0.25-0.28	5-10	-	-	-	-
Switzerland [SWKI VA 105- 01]	0.23-0.25	-	30	19-26	$\geqslant 9 \text{ m}^2$	10
UK [HTM 03- 01:2007]	0.38 m/s	25	35-60	18-25	$\geqslant 2.8 \times 2.8 \\ m^2$	10
USA [ASHRAE Standard 170- 2013]	_ *	4	20-60	20-24	$\geqslant 3.0 \times 3.0 \\ m^2$	-

\* Supply airflow requirements are based on minimum total ACH > 20

However, recent analyses suggest increased post-operative surgical site infections(SSI) rates in operating rooms with LAF (McHugh et al., 2015). Other studies showed significantly higher severe SSI rates following knee prosthesis and significantly higher SSI rates following hip prosthesis under laminar airflow conditions (Brandt et al., 2008). Recent studies show that there are several factors that will affect the performance of LAF in operating rooms, including the presence of surgical facilities anda few transient phenomena e.g. turbulent airflows, movement of surgeons, and cauterization of surgical wounds, which may cause significant changes air distribution pattern (Aganovic et al., 2017; Cao et al., 2018; Cao et al., 2019). The recently published WHO guideline suggested that LAF systems should not be used to reduce the risk of SSI for patients undergoing total arthroplasty surgery (based on conditional recommendation, low to very low quality of evidence)) (WHO 2016).

## Discussion

## Application potentials for heating mode

Most aforementioned ventilation strategies are mainly explored under cooling mode, especially for stratified ventilation strategies driven by buoyancy, which results in one of the major challenges: short-circuiting, i.e., the supplied warm air finds its way of least resistance leaving the room largely bypassing the occupied zone (Fig. 34 a and b), which can result in energy wastage and thermal discomfort. Because both the air source(s) and sink(s) are within the occupied zone, the warm air supplied by SV is "forced" to flow through the occupied zone (Fig. 34c). Therefore, SV can be applied for both cooling and heating.



Fig. 34. Heating application (a) ceiling supplied (b) floor supplied (c)stratum ventilated.

Cheng et al. (2017) investigated the effect of air supply angles on the performance of SV. The results show that air supply angles can significantly affect indoor air velocity and temperature distributions, energy utilization and thermal comfort level. The optimal air supply angle was found to be approximately 30° below the plan. The energy utilization efficiency was up to 1.28, and the thermal comfort indices including the PMV, PPD, PD and vertical air temperature difference between head and ankle, satisfy the requirements of ASHRAE 55-2013. Zhang et al. (2019b) comprehensively investigated the effects of the operation parameters on heating performances of SV. It was found that the variations of the local mean age of air, CO<sub>2</sub> removal efficiency, PMV, vertical air temperature difference between head and ankle levels ( $\Delta T$ ) and energy utilization coefficient caused by the combined effects can be accounted by the corresponding most important operation parameters by 86.5%, 85.6%, 78.8%, 65.7% and 70.2% respectively, whereas the outdoor weather condition can transfer PMV and  $\Delta T$ to discomfort level. Lastly, to facilitate heating applications of SV, the constant-air-volume system is recommended. Zhang et al. (2019c) found that SV for heating was complicated because multiple ventilation operation parameters (i.e., supply vane angle, supply airflow rate and supply air temperature) non-linearly affected the mutually-conflicting multiple criteria of ventilation performances (i.e., thermal comfort, air quality and energy efficiency). An experiment on SV for heating a typical office is conducted. Response surface models of the ventilation performances were developed to promote computational efficiency. The operation optimization on the ventilation parameters significantly improves the ventilation performances, with an average reduction in PPD and local mean age of air by 16.3% and 29.5% respectively, and an average increase in energy utilization coefficient by 7.0%.

Apart from SV, IJV and CJV are also suitable for heating mode. Studies for both of IJV and CJV have shown that jets for these types of air distribution systems have a higher momentum than DV but lower that MV systems (Karimipanah and Awbi, 2002;Karimipanahetal., 2007; Karimipanahetal et al., 2008). The moderate jet momentum of these systems enables the air jet to overcome the buoyancy force generated from heat sources in the ventilated zone and they were found to be suitable for application in both cooling and heating modes. In addition, the floor jets generated were found to be capable of reaching further regions of the floor compared to DV air supplies.

## Evaluation of different kinds of airflow patterns

The definition of ventilation effectiveness appeared in the mid-1900's (Cao et al., 2014), which is defined to describe the ability of ventilation system to remove contaminant. Besides, the ventilation system is used to protect people and prevent contaminant exposure in some cases (Cao et al., 2015a; Cao et al., 2015b). However, people found that the ability of ventilation system to supply fresh airand provide acceptable indoor thermal comfort is also important. In this way, air change efficiency, contaminant removal effectiveness, protection efficiency, as well as thermal comfort become the four main aspects to reflect the performance of ventilation system. Therefore, the indices to evaluate air change efficiency, contaminant removal effectiveness, protection efficiency, thermal comfort and the overall performance of ventilation system are introduced.

#### 1. Air exchange efficiency

Conventionally, air change per hour (ACH) is used to describe the air exchange ability in fully MV system. However, indoor air is usually non-uniformly distributed, so different kinds of indices on air exchange effectiveness are developed to evaluate the effectiveness of delivering supply air to a particular point, zone or the whole room.

To evaluate the effectiveness of supply air to a point in ventilated space, several indices have been proposed. The age of air was proposed (Sandberg et al., 1986) to evaluate the ability of ventilation system to exchange air. This index represents the time required for the supply air to reach a certain point in the space. Normally the concept of age of air is only limited to indoor part and the air age at the inlets of air diffusers are taken as zero, which may

not be used in the ventilation system with recirculation. In this way, Li et al. (2003) proposed the concept of total air age which considers the impact of air delivery process and air recirculation on air age. Besides, purging flow rate (PFR) is used to describe the purging air supply rate for the entire room. To reflect the equivalent purging flow rate at a specific location, Davidson (1987) proposed local purging flow rate (LPFR) based on PFR. The smaller age of the air and the higher LPFR are, the fresher the air at the point is.

To evaluate the overall efficiency of the ventilation system within the room, the air change effectiveness (Sandberg, 1981) is defined as the ratio of volume-averaged air age of piston flow, which is considered as the most efficient ideal airflow patterns (Etheridge and Sandberg, 1996), to the exact volume-averaged air age of the room. However, this index does not take occupant distribution in the room into account thus it is not suitable for the evaluation of demand-oriented ventilation. Therefore, occupied density (OD) was proposed and the air change effectiveness was revised (Zhao et al., 2003), which can better evaluate the ventilation efficiency under different occupant distribution or demand.

In order to reflect the influence of each supply air inlet on a specific location, the index of SVE4 was proposed (Kato and Murakami, 1988). However, this index is only used in steady state cases. To reflect the influence of each supply air inlet on a point/zone within a finite time period, the accessibility of supply air (ASA) was brought out (Li and Zhao, 2004) and it is widely used in antiterrorist emergency ventilation (Li et al., 2009), fast prediction and control of non-uniform indoor environment (Shao and Li, 2015; Liang et al., 2017; Shao et al., 2017). In addition, to reveal the influence of variable concentration in supply air on each point, the response coefficient of supply air (RCSA) was proposed (Li and Zhu, 2009) by releasing "pulse" tracer gas in the supply air inlet.

#### 2. Contaminant removal effectiveness

The concentration of contaminant can be easily calculated by the intensity of contaminant source and air change rate in fully MV. In fact, the concentration of contaminants is non-uniformly distributed and it is determined by both the position and intensity of contaminant sources, and airflow patterns. Therefore, different kinds of indices were proposed to evaluate the contaminant removal effectiveness.

The most important index to evaluate the effectiveness of contaminant removal is ventilation efficiency, which is defined as the relative effectiveness for contaminant removal compared with MV, and this index can be used for the evaluation of either the whole ventilated space or single point/zone (Sandberg, 1981; Awbi and Gan, 1993). To provide the instinct understanding of the effectiveness of ventilation system, SVE1, SVE2 and SVE5 were proposed (Kato and Murakami, 1988). To be specific, SVE1 index represents the spatial average of contaminant concentration in a room where contaminants are released from a single-point source. In the meantime, SVE2 represents the mean radius of contaminant diffusion, which could be served as the expansion range of the contaminant source. Since there might be several exhaust openings in the room, it is essential to assess the contribution ratio of an exhaust opening for exhausting contaminants, thus SVE 5, which represents time-reversed tracing of the flow field, was proposed (Kato et al., 1992).

In order to evaluate the transient spreading performance of contaminant, the concept of accessibility of contaminant source (ACS) was proposed (Li and Zhao, 2003) to evaluate the effect of contaminant source on a point within a limited period. Later it was integrated with OD (Zhao et al., 2003) to consider the influence of contaminant source on occupied area in a short period (Zhao et al., 2004). It was also used in the identification of contaminant sources with limited number of sensors (Cai et al., 2012; Cai et al., 2013). In addition, response coefficient of contaminant source (RCCS) was proposed to describe the influence of a "pulse" contaminant source on any point after the contaminant is released (Li and Zhu, 2009).

## 3. Protection efficiency

Unlike traditional ventilation systems, the principle of POV (protected occupied zone ventilation)/ PZV (protected zone ventilation) are to separate an internal space into different personal work areas or subzones using downward plane jets. Similar to an industrial air curtain, the POV was subsequently proposed by using a low turbulence plane jet to separate an office environment into a few subzones (Cao et al., 2015a; Cao et al., 2015b). The POV can be applied in a POZ, which is defined as an area of the occupied zone in a room consisting of the breathing zone and the personal working zone, where occupants spend most of their time in the office. To specify how the POV protects people from exposure to indoor pollutants, which may be transferred from the polluted zone to the clean zone, the protection efficiency (PE) is proposed. The larger the PE, the better the protection (Cao et al., 2015a).

To prevent possibly polluted air from moving from one subzone to other subzones, additional fresh air can be delivered to each subzone via extra supply. In this way, a indicator, which is defined as the ratio of the contaminant concentration to which occupants are exposed to the concentration in the exhaust, is subsequently used to evaluate the exposure of occupants to the contaminant source as the personal exposure value. When the supply air velocity increases up to 4 m/s, this exposure indicator is 40% lower than for the fully mixed ventilation (Cao et al., 2015b). However, a recent study shows that the contaminant exposure index may be higher than 0.6 (Aganovic and Cao, 2019).

## 4. Thermal comfort

The indices to evaluate thermal comfort can be divided into two categories: one is for the air-conditioned environment and the other is for the free-running environments.

For the air-conditioned environment, PMV is a classical and well-recognized parameter used for evaluating thermal comfort levels inside buildings (Fanger, 1970). This index predicts the mean response regarding thermal sensation of a large group of people exposed to certain thermal conditions for a long time. Correspondingly, PPD is used to predict the percentage of people who are dissatisfied with the thermal environment (Fanger, 1984). The combination of PMV/PPD has been widely used to evaluate the thermal comfort in uniform indoor environment for several decades (Jang et al., 2007; Wei et al., 2010).

For the free-running environment, the PMV/PPD index has limitation in assessing the environment that occupants are free to adapt since PMV/PPD focused on the uniform /well-controlled environment (Humphreys, 1978; Nicol and Humphreys, 2002). The adaptive model is based on the principle that the optimal indoor operative temperature is a linear function relating to the outdoor air temperature(ANSI/ASHRAE, 2013; ANSI/ASHRAE, 2017).

Apart from the linear regression model, Fanger and Toftum (2002) proposed the modified ePMV Index by introducing an expectancy factor e, which varies between 0.5 and 1.0 to correct the results that apply to non-air-conditioned buildings. Yao et al. (2009) proposed the aPMV model as a bridge between lab-based and field survey studies to allow extending the application of PMV in free-running buildings. The aPMV model has been adopted in the Chinese standard (Li et al., 2014).

## 5. Overall performance evaluation

Besides the index to evaluate one aspect of a ventilation system, there are some indices used to evaluate the performance of ventilation system in a more holistic approach. The Air Diffusion Performance Index (ADPI) (Koestel and Tuve, 1955) and Air Distribution Index (ADI) (Awbi, 2011) are two such kinds of indices. ADPI is used for non-uniform environment while ADI can be used for both uniform and non-uniform environments.

ADPI is one of the earliest indices to assess the performance of a ventilation system. It was primarily developed for understanding air jet distribution. In this method, the performance of an air distribution system is assessed by the level of draught created in the occupied zone of a room due to the supply air jet. Using the Effective Draught Temperature concept, an analytical procedure was developed (Nevins, 1976) that is based on the measured values of air temperature and velocity at uniformly spaced points throughout the occupied zone to assess the ventilation performance. However, ADPI focuses only on the link between draught and air temperature and does not consider other thermal comfort parameters.

To reflect the effectiveness of the ventilation system for contaminant removal as well as distributing the thermal energy of the supply air, Awbi (2003) proposed the ADI to evaluate the ventilation effectiveness for contaminant removal and heat removal as well as the thermal comfort indices. To make it practical for both uniform and non-uniform environment, two different thermal comfort models were adopted. The index for uniform environment is called ADI and that for non-uniform environment is called the New Air distribution Index (ADI<sub>New</sub>). For uniform conditions in the occupied zone, a single-zone thermal comfort model, such as the Fanger PMV/PPD model, can be used but for non-uniform conditions in the occupied zone a multi-node thermal comfort model will be required. Details of these models can be found (Awbi, 2003; Awbi, 2011; Awbi, 2017; Almesri et al., 2013).

## Measurement of airflow field

As reviewed by Chen(2009), ventilation study are normally conducted with analytical models, empirical models, small-scale experiment, full-scale experiment, multizone network models, zonal models and Computational Fluid Dynamics (CFD) models, among which CFD model is recognized as the most popular prediction method.

Meanwhile, all these prediction models need experimental data for validation, which makes measurement of flow field crucial for indoor ventilation study.

The measurement scheme for indoor airflow can be divided into intrusive and non-intrusive methods. For intrusive methods, the sensors have direct contact with measured airflow and the typical examples are heating wire anemometer (HWA) and Pitot static tube. An HWA is the most widely used sensor for air velocity test with known drawbacks (Bruun, 1995). For example, the measuring sensormust be placed in the flow field, rendering itself an obstacle for airflow, and the released heat limits its use for low-speed airflow measurement. Further, the lack of flow direction information leads to some missing flow characteristics. More importantly, the point-by-point HWA measuring approach is labor intensive and time consuming.

For non-intrusive measurement instruments, they can be further divided into point-wise and global-wise according to the measurement space. Point-wise solutions includes ultrasonic anemometry (UA) (Knowles et al., 1953), laser Doppler anemometry (LDA) (Cummins et al., 1964). UA and LDA can deliver precise three-component velocity information at one point or on a grid with the help of a mobile system. However, it is difficult to guarantee that the flow field is stable during the testing process, and the test may also be a time-consuming process, making them only suitable for a stationary laboratory test.

Global-wise solutions are normally image based which use seeding particles to visualize the airflow and utilize cameras to record and track the movement of the seeding particles for velocimetry. Particle image velocimetry (PIV) could be the most commercially successful image-based velocimetry for airflow measurement(Adrian, 2005). However, its measurement space is limited: it hardly reaches 1 m<sup>2</sup> in a two-dimensional plane model. As the character length of indoor airflow pattern is several meter(Sandberg, 2007), the measurement space is important for indoor airflow instruments.

Particle streak velocimetry (PSV) which takes image with a long exposure time to record the path line segments for tracking is more promising for room scale airflow measurement(Sun, 2007). However, the biggest challenge of PSV is the direction ambiguity of streak which limits its use in complex airflow measurement. In order to froze the image of seeding particles, particle tracking velocimetry (PTV) takes pictures at a very high speed, normally up to 100 Hz(Biwole et al., 2009), and tracks the spots frame by frame for the entire trajectory (Maas et al., 1993). However, the large amount of data, counted in gigabyte/s, limits each sample time to several seconds (Fu et al., 2015). As the frame-rate and resolution are trade-off parameters for cameras, the low resolution of high-speed cameras normally limits the PTV test zone to within 1 m<sup>3</sup>.

Beside all these systems, color sequence particle streak velocimetry (CSPSV) changes the information-gathering method for image-based velocimetry and proved to be more suitable for room-scale airflow pattern measurement (Wang et al., 2017). The accuracy of CSPSV has been proven by verification with different targets (Wang et al., 2017; Wang et al., 2018). It extends the three-dimensional (3D) measurement zone from several cubic centimeters to several cubic meters and is more feasible in performing real-site large space airflow tests (Wang et al., 2019).

## Conclusions

Different advanced ventilation methods were reviewed and summarized in terms of their theory research, practical application, main limitations and corresponding solutions. Different advanced ventilation methods suit different types of applications. They can also be used compositely with radiant-dominant way. To evaluate performance of ventilation methods, different evaluating indices were used including thermal comfort, ventilation efficiency, air quality, healthy effects for avoiding cross infection, energy efficiency, cognitive performance, etc. Measuring methods for airflow field were also summarized. Some methods are relatively matured with many successful engineering cases, while others are still under concept design and chamber study stage. The purpose is to communicate with HVAC researchers, engineers, policy makers, manufacturers, etc.

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		MV	DV	WAV	CAV
	Schematics				
-	Movement mechanism	Supply air momentum dominant, different directions between supply air momentum and thermal plume, inhibited effect	Thermal plume dominant, same direction between supply air momentum and thermal plume, support effect	Controlled by both supply air momentum and thermal plume, same direction between supply air momentum and thermal plume, support effect	Controlled by both supply air momentum and thermal plume, same direction between supply air momentum and thermal plume, support effect
Airflow characteristics	Airflow mechanism	Strong entrainment	Airflow diffusion, buoyancy uplift	Airflow momentum diffusion, buoyancy uplift	Airflow momentum diffusion, buoyancy uplift
	Air supply characteristics	Big temperature difference, high air velocity	Small temperature difference, low air velocity	Relatively big temperature difference, relatively high air velocity	Relatively big temperature difference, relatively high air velocity
	Spatial utilization	Upper space	Lower space (raised access floor, obstacle for occupied zone)	Existing walls (save lower space)	Existing columns (save lower space)
Spatial form	Air supply and return	Ceiling supply and return, ceiling supply and floor return	Floor supply and ceiling return	Ceiling supply and return, ceiling supply and floor return	Ceiling supply and return
Ventilation effects	Target	Offset total space load, uniform temperature and humidity	Offset occupied zone load, thermal comfort for occupied zone	Offset occupied zone load, thermal comfort for occupied zone	Offset occupied zone load, thermal comfort for occupied zone
	Distribution	Uniform	Temperature/concentration stratification	Temperature/concentration stratification	Temperature/concentration stratification
	Air quality	Close to return air quality	Close to supply air quality	Between supply and return air quality, more close to supply air quality	Between supply and return air quality, more close to supply air quality
	Air change efficiency	pprox 50%	50~100%	50~100%	50~100%
	Ventilation efficiency	About 1.0 (Office)	1.2-1.5 (Office)	1.1-1.4 (Office)	1.1-1.3 (Office)

comfort	feet	feet, strong draft	feet, weak draft	feet, weak draft	
Thermal	Small temperature difference between head	and Big temperature difference between head and	Small temperature difference between head and	Small temperature difference between head and	

**Table 1** Performance comparisons among MV, DV, WAV, CAV, SV, DCV, CJV, UFAD, PV, IJV, PZV/POV and IAJS.

		SV	DCV	CJV	UFAD
	Schematics				Thermonia for perimeter Thermonia for perimet
	Movement mechanism	Controlled by both supply air momentum and thermal buoyancy, perpendicular directions between supply air momentum and thermal buoyancy, intervened effect	Thermal plume dominant the air movement	Affected by jet momentum and thermal buoyancy	Controlled by both supply air momentum and thermal plume, same direction between supply air momentum and thermal plume, support effect
Airflow characteristics	Airflow mechanism	Low entrainment, airflow momentum, diffusion, buoyancy fall (cooling), buoyancy uplift (heating)	Strong entrainment	Jet spread is affected by local entrainment of individual jets and upward flow due to buoyancy	Partial entrainment, airflow momentum diffusion, buoyancy uplift
	Air supply characteristics	Small temperature difference, relatively high air velocity, high power spectrum density	Big temperature difference, low air velocity	Medium jet supply velocity and moderate temperature difference between supply and occupied zone	Medium temperature difference and inlet velocity. Less than MV, but higher than DV
	Spatial utilization	Cavity wall (save ceiling void)	Suspended ceiling	Ceiling, wall or floor	Lower space, partial mixing provided in occupied zone
Spatial form	Air supply and return	Wall supply, wall, floor or ceiling return	Ceiling supply and floor or ceiling return	Air supply can be at different heights	Floor level supply through raised access floor, ceiling return
	Target	Offset occupied zone load, IAQ and thermal comfort for occupied zone	Offset total space load, uniform temperature and humidity	Achieving long spread along the floor and utilizing the advantages of buoyancy flow	Offset occupied zone load, thermal comfort for occupied zone
Ventilation effects	Distribution	Sandwiched velocity, temperature and concentration distributions	Uniform (high heat load) Temperature/concentration stratification (low heat load)	Capable of providing both heating and cooling of the space for moderate heat loads	Temperature/concentration stratification
	Air quality	Close to supply air quality	Close to return air quality	Similar provision to DV but higher than MV	Between supply and return air quality, more close to supply air quality
	Air change efficiency	Unknown (no transient trace gas test has been conducted)	pprox50%	50 to 60%	50~100%
	Ventilation efficiency	1.29-1.76 (Tian et al. 2011, Cheng et al. 2019)	Close to 1.0(office)	1.1 to 1.2	1.1-1.3 (Office)
	Thermal comfort	Small temperature difference between head and feet, weak draft near or above neutral temp' temp	Small temperature difference between head and feet, weak draft	Lower temperature stratification in the occupied zone than DV but higher than MV	Medium temperature difference between head and feet, strong draft if close to diffuser

		PV	IJV	PZV/POV	IAJS
	Schematics			Supply airflow Q Zone I, Protected zone Pollutant source, Qes	
	Movement mechanism	Locally applied flows close to the breathing zone; local exhaust flows	Affected by jet momentum and thermal buoyancy	Affected by the initial momentum of the plane jet and indoor heat source	Elevated intermittent airflow supply targeting the sitting zone
Airflow characteristics	Airflow mechanism	Free, wall, confined, inserted jets;	Jet spread due to moderate momentum and upward flow due to buoyancy	Downward plane jet will separate a room into two parts after the impingement of the jet on the floor	Downward unconfined confluent jets,rapid variations of ventilation flow rate, indoor air recirculation
	Air supply characteristics	Jets with different direction, size and geometry; low mixing with and entrainment of surrounding polluted room air aimed	Medium jet supply velocity and moderate temperature difference between supply and occupied zone	Moderate supply velocity (1.0 m/s - 2.0m/s) may keep different concentration levels within a room	Medium jet supply velocity andmoderate temperature difference between supply and occupied zone
	Spatial utilization	Furniture installed (desk, chair, seat, etc.) and wearable (headset incorporated, etc.)	Walls, corners or columns	Under ceiling	Suspended below the ceiling
Spatial form	Air supply and return	Close to occupant's breathing zone; no exhaust requirements; less efficient ceiling and floor insulations possible	Air supply about mid-height of the occupied zone and extract at high level	Return on the floor level or at ceiling level	Ceiling supply, return on the floor level or at ceiling level
	Target	Inhaled air to be 100% clean	Achieving long spread along the floor and utilizing the advantages of buoyancy flow	Separating indoor space into separate zones by plane jet	Penetration of supply air in the breathing zone, increased convective cooling
	Distribution	Can be used for cooling at warm environment and heating in moderately cool environment	Capable of providing both heating and cooling of the space for moderate heat loads	Suitable for cooling and ventilation purpose	Suitable for cooling and ventilation purpose
Ventilation effects	Air quality	Good design provides very high air quality	Similar provision to DV but higher than MV	Higher protection efficiency than MV with proper design	Performance is between MV and DV, reduced exposure to contaminants transported in the CBL
	Air change efficiency	-	50 to 60%	Similar to MV	50-60%
	Ventilation efficiency	Typically 2-3; good design up to 50 and more	1.1 to 1.2	14-50% protection efficiency	1.1 to 1.2
	Thermal comfort	Excellent thermal comfort due to individual control provided to the user	Lower temperature stratification in the occupied zone than DV but higher than MV	Low draft rate in the protected zone	Increased cooling effect due to fluctuating air flow, increased risk of draft in low indoor temperatures

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