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Vedolizumab clearance in neonates, susceptibility to infections and developmental milestones

a prospective multicentre population-based cohort study

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Vedolizumab clearance in neonates, susceptibility to infections, and developmental milestones: a prospective multicenter population-based cohort study

Short title: vedolizumab and intrauterine exposure

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46 **Contributors**

47 Guarantor of the article: Mette Julsgaard

48 MJ was responsible for the study concept and design, obtaining funding, study supervision,
49 acquisition of data, statistical analysis, interpretation of data, drafting of the manuscript,
50 critical revision of the manuscript for important intellectual content. MMH was responsible for
51 the performance of the vedolizumab analysis and critical revision of the manuscript for
52 important intellectual content. BMB performed the neonatal clearance analysis, supervised
53 the remaining statistical analysis, was responsible for figures, and critical revision of the
54 manuscript for important intellectual content. JK was responsible for acquisition of data,
55 drafting of the manuscript, and critical revision of the manuscript for important intellectual
56 content. DCB, SMDB, AG, NU, JKj, HGS, LL, SW, PW, KVH, IV, LS, JB, SL, TV, and CLH
57 were responsible for acquisition of data, critical revision of the manuscript for important
58 intellectual content. All authors approved the final version of the manuscript.

59

60 **Declaration of personal interests**

61 **Mette Julsgaard** has served on the advisory board of Tillotts, and has received speaker's
62 fees from MSD, Ferring, and Takeda; Has received a research grant from Takeda for the
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64 **Daniel C Baumgart** has served on scientific advisory boards with AbbVie, Gilead, Janssen,
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74 has received consulting fee from Takeda. **Christian L. Hvas** has received has received
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78 **Summary**

79 **Background:** Little is known about the consequences of intrauterine exposure to and the
80 postnatal clearance of vedolizumab.

81 **Aim:** To investigate the levels of vedolizumab in umbilical cord blood of newborns and rates
82 of clearance after birth, as well as how these correlated with maternal drug levels, risk of
83 infection and developmental milestones during the first year of life.

84 **Methods:** Vedolizumab-treated pregnant women with inflammatory bowel disease were
85 prospectively recruited from 12 hospitals in Denmark and Canada in 2016-2020.
86 Demographics were collected from medical records. Infant developmental milestones were
87 evaluated by the Ages and Stages Questionnaire (ASQ-3®). Vedolizumab levels were
88 measured at delivery, and in infants every third month until clearance. Non-linear regression
89 analysis was applied to estimate clearance.

90 **Results:** In 50 vedolizumab-exposed pregnancies, we observed 43(86%) live births, seven
91 (14%) miscarriages, no congenital malformations, and low risk of adverse pregnancy
92 outcomes. Median infant:mother vedolizumab ratio at birth was 0.44(95% confidence interval
93 [CI], 0.32-0.56). The mean time to vedolizumab clearance in infants was 3.8 months (95%
94 CI, 3.1-4.4). No infant had detectable levels of vedolizumab at 6 months of age.
95 Developmental milestones at 12 months, were normal or above-average. Neither
96 vedolizumab exposure in the 3rd trimester (RR 0.54, 95%CI, 0.28-1.03) nor combination
97 therapy with thiopurines (RR 1.29, 95%CI, 0.60-2.77) seemed to increase the risk of
98 infections in the offspring.

99 **Conclusions:** Neonatal vedolizumab clearance following intrauterine exposure is rapid.
100 Infant vedolizumab level did not correlated to risk of infections during the first year of life.
101 Continuation of vedolizumab throughout pregnancy is safe.

102

103 **KEY WORDS:** Pregnancy; inflammatory bowel disease; vedolizumab; pharmacokinetics;
104 ASQ-3; vaccination; infant infections; disease activity, post-partum.

105 **Introduction**

106 Inflammatory bowel disease (IBD) often affects women during their reproductive years.¹⁻⁴
107 Therefore, safety of biological therapies during pregnancy is of great concern to patients and
108 physicians. Active IBD prior to conception and during pregnancy correlates to adverse
109 pregnancy outcomes, underscoring the need for continuation of medical treatment during
110 pregnancy.¹⁻³

111 Biologics such as adalimumab, infliximab, and vedolizumab are monoclonal
112 immunoglobulin G1 proteins (IgG1). Infants with intrauterine exposure to one of the two
113 TNF α inhibitors adalimumab and infliximab have levels at birth that exceed those of their
114 mothers,^{5,6} reflecting fetal accumulation as pregnancy progresses, in accordance with the
115 general characteristics of placental transport of IgG1 molecules.⁷ Further, neonatal anti-TNF
116 clearance after intrauterine exposure is much longer than seen in adult non-pregnant
117 patients.⁵ Vedolizumab acts by blocking the $\alpha_4\beta_7$ -integrin-mucosal vascular addressin cell
118 adhesion molecule 1 (MAdCAM-1) interaction in the gut vessels, inhibiting the trafficking of
119 gut-homing lymphocytes,⁸ but may also impact the innate immune system.⁹ Surprisingly, cord
120 blood vedolizumab levels were approximately half of the maternal levels in two studies with
121 22 and 17 vedolizumab-exposed pregnancies, respectively.^{6,10} Clearance of vedolizumab in
122 infants with intrauterine exposure is yet to be established.

123 An increased risk of infection during the first year of life has been reported among
124 infants exposed to anti-TNF or combination therapy with anti-TNF and a thiopurine,^{5,11-13}
125 although this was not seen in other studies.^{6,14,15} Risk of infant infections after intrauterine
126 exposure to combination or monotherapy with vedolizumab has received little attention.
127 Further, there is a paucity of data concerning the impact of intrauterine exposure to
128 vedolizumab on child development and growth.

129 In order to address these issues, the current study aimed first to determine infant
130 vedolizumab levels in umbilical cord blood and to measure vedolizumab levels every third
131 month post-partum to estimate vedolizumab clearance rates in infants exposed *in utero*.
132 Second, we aimed to correlate umbilical cord levels with maternal vedolizumab levels and
133 other factors potentially influencing drug levels. Finally, we aimed to investigate child
134 development, growth, and morbidity during the first year of life, following intrauterine
135 vedolizumab exposure.

136 **Methods**

137 The “In utero exposure to vedolizumab” (NOVA) study prospectively recruited pregnant IBD
138 women treated with vedolizumab (Entyvio®) from 12 IBD out-patient clinics at hospitals in
139 Denmark and Canada from June 2016 to December 2020. Data regarding demographic,
140 disease activity, medication, smoking, folic acid intake, and obstetric complications were
141 prospectively collected throughout pregnancy and the first six months post-partum. Birth
142 outcome, infant intensive care unit (ICU) admission, and infant hospitalization during the first
143 year of life was obtained from the infant’s electronic health record. All infant data were
144 confirmed by the mother. Childhood infection requiring hospitalization was defined as a
145 severe infection.

146 The duration of vedolizumab treatment in pregnancy for each patient was determined
147 by the treating gastroenterologist based on history and disease activity. Disease activity was
148 assessed prospectively by physician global assessment (PGA) as active or in remission at
149 conception (6 months), in each trimester and post-partum (6 months).¹⁶

150 Preterm prelabor rupture of the membranes (pPROM) was defined as rupture of the
151 fetal membranes prior to 37 weeks of completed gestation.¹⁷ Small for gestational age (SGA)
152 was defined as a child with a birth weight of more than 2 standard deviations (SD) below the
153 mean for children of similar gestational age, according to the reference curve of estimated
154 fetal growth.⁵ Low birth weight (LBW) was defined as a child with a birth weight <2500g and
155 preterm as birth at <37 weeks of gestation (GW).⁵ Apgar scores at five minutes <7 were
156 considered low, while scores ≥7 were considered normal.⁵ Congenital malformations (CM)
157 were defined as structural or functional anomalies, identified at the time of birth and at 1-
158 year, according to World Health Organization (WHO) criteria.⁵

159 At birth, peripheral blood was taken from the mother and a blood sample was taken
160 from the umbilical cord to determine the levels of vedolizumab. In the event of a measurable
161 level, infant vedolizumab level were repeated three-monthly until undetectable. In four
162 breastfed infants, three-monthly testing continued until 12 months of life. Clotted blood
163 samples were spun, and serum frozen in aliquots at -80 °C. Serum vedolizumab levels were
164 measured by ELISA (IDK-monitor®, Germany) according to the manufacturer’s instructions.
165 Samples were tested in duplicate and the average expressed as µg/ml serum. The
166 coefficient of variation between assay wells was <10%. The lower limit of detection was
167 0.015 µg/ml.

168
169 **Electronic 1-year questionnaire**

170 One-year post-partum, the women completed a structured online questionnaire specifically
171 developed for the study regarding infant growth, morbidity, CM, participation in the national
172 immunization program, adverse reaction to vaccines, child-care, and breastfeeding. At 15
173 months, all Danish women received a phone-call from the first author asking if the MMR

174 (Measles, Mumps, Rubella) vaccine had been administered and, if so, if side-effects had
175 occurred.

176

177 **Ages and Stages Questionnaire – Third edition (ASQ-3®)**

178 ASQ-3® is a parent-completed screening instrument for children age 1 to 66 months. It has
179 30 age-appropriate items that address five developmental domains: communication, gross
180 motor, fine motor, problem-solving, and personal-social. Each item describes a skill, ability,
181 or behaviour to which a parent responds “yes” (10 points), “sometimes” (5 points), or “not
182 yet” (0 points). A score is calculated for each domain and categorized as: 1) above cut-off
183 (typical development), 2) monitoring zone (score between one and two standard deviations
184 below the mean), and 3) referral zone (score less than two standard deviations below the
185 mean). Between 2% and 7% of children in the normative population of 18572 children scored
186 in the referral zone.¹⁸ All women were asked to fill in a postage prepaid 12 months ASQ-3®
187 questionnaire.

188

189 **Statistical analysis**

190 Frequency tables of major study variables were constructed for the total population, and
191 separately for women with Crohn’s disease and ulcerative colitis/IBD unclassified. Pearson's
192 chi-squared test or Fisher’s exact were applied for the comparison of these groups.

193 Vedolizumab levels were normalized by log transformation for all analyses except for the
194 non-linear regressions. Two-sample t-tests were conducted to compare groups. Relative
195 risks (RR) and risk differences (RD) with associated 95% confidence intervals (CI) were used
196 to study the relationship between relapse at different time points and major study variables
197 such as GW for last vedolizumab infusion. Further, RR with associated 95% CI was used to
198 describe pPROM and caesarean section by relapse in pregnancy and infections in the
199 offspring by continuation of maternal vedolizumab treatment in the 3rd trimester, maternal
200 combination therapy with thiopurines and vedolizumab, and breastfeeding, respectively.

201 Simple linear regression analysis was used to determine factors influencing
202 vedolizumab level at the time of birth. Variables used: type of IBD, gestational week for last
203 vedolizumab infusion in pregnancy, disease activity in pregnancy, thiopurine use, gestational
204 week of birth, and child weight. The relationship between vedolizumab cord level at birth and
205 gestational week for last vedolizumab infusion in pregnancy was investigated using non-
206 linear regression based on a three-parameter logistic curve. A non-linear mixed effects
207 regression model was used to estimate the time to complete drug clearance. Vedolizumab
208 levels below the detection limit was replaced by half of the limit of detection value
209 (0.0075 µg/ml) for statistical analysis. Study data were collected and managed using
210 REDCap (Research Electronic Data Capture) electronic data capture tools hosted at Aarhus
211 University, Denmark.¹⁹ A p-value <0.05 was regarded as statistically significant. All analyses

212 were performed using Stata version 13.0 and 16.1 (Stata Corporation LP, College Station,
213 TX, USA 2013).

214

215 **Ethics**

216 Written informed consent was obtained from all participating women and the father of the
217 infant. The study was approved by the Danish Data Protection Agency (reference1-16-02-
218 645-16), by the Regional Ethical Review Board in Denmark (reference1-10-72-269-16), and
219 by the University of Alberta Health Research Ethics Board, Alberta, Canada (reference
220 Pro00083285_AME2).

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221 **Results**

222 **Mother-baby pairs**

223 Of the 50 pregnant women recruited, seven (14%) miscarried at median gestational week 8
224 (range 6-9), leaving 43 (86%) (22 (51%) CD, 20 (47%) UC and one (2%) IBD-U) mother-
225 baby pairs for analysis: 39 (91%) from Denmark and 4 (9%) from Canada. Demographic and
226 clinical details are shown in Table 1.

228 **Vedolizumab treatment**

229 Three-quarters (n=32, 74%) received standard-dose treatment, vedolizumab 300 mg every
230 8th week during pregnancy. Eleven (26%) women received vedolizumab 300 mg at shorter
231 intervals of 4-7 weeks. Most women (n=37, 86%) received vedolizumab prior to conception
232 as well as during pregnancy, while only six women (14%) commenced treatment during the
233 first (GW 0-8) or second trimester (GW 15 & 22). The last dose of vedolizumab given during
234 pregnancy was administered at median GW 30 (range 5-40). Treatment was stopped prior to
235 the 3rd trimester in 13 (30%) women. The median duration between last infusion and delivery
236 was 8 weeks (range 1-35).

237 The majority of women (n=36, 84%) received vedolizumab 300 mg during the post-
238 partum period. Most women received treatment every 8th week, and 12 women (28%)
239 received treatment every 4-7th week and one (2%) every 10th week. The first treatment was
240 given at median 3 (range 0-18) weeks after delivery.

242 **Disease activity**

243 Overall, 16 (37%) women experienced disease activity in the 1st, 2nd, or 3rd trimester of
244 pregnancy, whereas 27 (63%) women were in complete remission throughout pregnancy
245 (Table 1). Thirteen (81%) of the 16 women with disease activity during pregnancy had also
246 experienced disease activity during the conception period. Disease activity during the
247 conception period increased the risk of disease activity during pregnancy (RR 4.4; 95% CI
248 1.92-10.01; p=0.0001) and post-partum (RR 2.3; 95% CI 1.22-4.45; p=0.03). Disease activity
249 during pregnancy also increased the risk of disease activity in the post-partum period with a
250 RR of 2.8 (95% CI 1.42-5.64; p=0.01). None of the 13 (30%) women who received the last
251 vedolizumab treatment in pregnancy prior to the 3rd trimester experienced disease activity
252 during the remaining part of pregnancy. Women who stopped vedolizumab treatment prior to
253 the 3rd trimester (n=13) were not at increased risk of relapse during the post-partum period (6
254 months) compared with women who continued treatment in the 3rd trimester (n=30), with a
255 RR of 0.85; 95% CI, 0.23-3.14; p=0.80.

257 **Pregnancy complications and outcomes**

258 One in five (22%) women experienced PROM (table 2). However, only two (5%) had preterm
259 PROM, which both occurred in gestational week 36. No significant association in respect to
260 risk of PROM was found between women with disease activity in pregnancy compared with
261 being in remission (RR 1.5, 95% CI, 0.68-3.29, $p=0.34$).

262 No infants were born with congenital malformations. The rates of preterm delivery,
263 SGA, and LBW were low (Table 2). The risk of cesarean section was similar among women
264 with disease activity ($n=16$) as in women who were in remission throughout pregnancy
265 ($n=27$) (RR 0.84 (95% CI, 0.35-2.03)). The three (7%) children born preterm were all GW 33-
266 36 at birth, and one was SGA. Infant median birthweight was alike in offspring of mothers
267 who discontinued treatment prior to the 3rd trimester ($n=13$; 3320 gram; range 2600-3870),
268 compared with those who continued in the 3rd trimester ($n=30$; 3330 gram; range 1535-4465)
269 ($p=0.98$).

270

271 **Vedolizumab levels**

272 At the time of birth, median cord and maternal blood vedolizumab levels were 2.35 $\mu\text{g/ml}$
273 (range 0.0-13.3) and 3.5 $\mu\text{g/ml}$ (range 0.0-54.0), respectively. The ratio of infant to maternal
274 vedolizumab level at birth was 0.44 (95% CI, 0.32-0.56).

275 There was a statistically significant correlation between gestational week for the last
276 treatment in pregnancy and both cord blood level ($r = 0.63$, $p<0.0001$) (Figure 1) and
277 maternal level at birth ($r = 0.65$, $p<0.0001$). Using simple linear regression analysis, only
278 gestational week at last infusion in pregnancy was statistically significantly associated with
279 the cord blood vedolizumab level. Maternal and cord blood levels were significantly
280 correlated ($r=0.87$, $p<0.0001$). Maternal and cord blood levels were significantly lower at birth
281 when vedolizumab was stopped prior to the 3rd trimester (Table 3).

282 The median vedolizumab level in maternal blood at the time of delivery was
283 significantly lower in women with active disease at any time during pregnancy (1.4 $\mu\text{g/ml}$;
284 95% CI, 0.0-22.7) compared with women in remission throughout pregnancy (4.1 $\mu\text{g/ml}$; 95%
285 CI, 0.0-36.1) ($p=0.03$), whereas the corresponding cord blood level did not significantly differ
286 (infants of mothers with active disease, 1.7 $\mu\text{g/ml}$; 95% CI, 0.0-7.8, vs remission, 2.9 $\mu\text{g/ml}$;
287 95% CI, 0.0-11.4; $p=0.09$). The median cord blood vedolizumab level at the time of delivery
288 did not differ between standardized exposure every 8th week during pregnancy (2.2 $\mu\text{g/ml}$;
289 95% CI, 1.6-3.9) and increased exposure (every 4, 6 or 7th week) (3.1 $\mu\text{g/ml}$; 95% CI, 0.0-
290 7.7) ($p=0.72$).

291

292 **Vedolizumab clearance in infants**

293 In eight infants (20%), vedolizumab levels were undetectable at the time of birth. In all of
294 these pregnancies, vedolizumab had been ceased prior to the 3rd trimester. At 3 months, only
295 four (10%) infants had detectable vedolizumab levels, and these levels were very low

296 (median 0.31 µg/ml (range 0.17-0.42). The estimated mean time to infant clearance was 3.8
297 (95% CI, 3.3-4.2) months. Five (12%) infants did not have a 3-month test performed due to
298 COVID-19 restrictions and/or parental choice. No infant had a detectable level at six months.
299 We found no significant association between vedolizumab clearance and maternal
300 breastfeeding (p=0.66). Further, four breastfed infants continued testing every third month up
301 until 12 months of age. In all these, no detectable level was found at 3 months and onwards.

302 303 **First year infant development**

304 Overall, 37 (86%) infants had reached the age of 12 months at the time of data analysis.
305 Thirty-four (92%) of the mothers answered the ASQ-3® questionnaire regarding infant
306 development. Detailed results of the 12-month ASQ-3® are presented in Table 4. Only one
307 (3%) infant, born preterm, did not achieve a minimum of 4 of the 5 areas. Vedolizumab
308 exposed infants had a significant higher communication mean score than the reference
309 mean score (p=0.001) (Table 4). No statistically significant variation in mean score was found
310 in respect to gross motor, fine motor, problem solving and personal-social development.

311 312 **First year infant growth and morbidity**

313 Thirty-five (95%) of the women answered the electronic questionnaire regarding the course
314 of the first year of life. Seven (20%) infants had not started day-care at 12 months follow-up.
315 The median age for those who had started day-care was 10 (range 6-11) months.

316 Fourteen (40%) infants contracted a total of 20 viral or bacterial infections (Supplement
317 1). One in six infections (n=6, 17%) occurred after the infant had started day-care. The
318 majority (n=16, 80%) were minor infections with no sequelae. Four (11%) infants had a
319 severe infection resulting in hospitalization prior to starting day-care, but all infants
320 responded to adequate treatment.

321 Median vedolizumab level at birth among infants who contracted an infection was 1.8
322 (95% CI, 0.0-11.4) µg/ml compared with 4.6 (95% CI, 0.0-13.3) µg/ml in infants without
323 infections during the first year of life (p=0.24). No significant association between maternal
324 breastfeeding and risk of infection in the offspring was found (RR 0.64, 95% CI, 0.32-1.31;
325 p=0.29). Maternal vedolizumab treatment in the 3rd trimester did not increase the likelihood of
326 infection in the offspring compared with discontinuation prior to 3rd trimester (RR 0.54, 95%
327 CI, 0.28-1.03; p=0.09). No significant association in respect to risk of infection in the offspring
328 within the first year of life was found between women on combination therapy with thiopurine
329 compared with monotherapy in pregnancy (RR 1.29, 95% CI, 0.60-2.77, p=0.55).

330 No children were diagnosed with a CM, malignancy or growth failure at the age of 12
331 months. Three (9%) infants were diagnosed with asthmatic bronchitis at the age of 5-12
332 months, and two (6%) with atopic dermatitis at the age of 5 and 12 months, respectively.

333

334 **Participation in the national immunization program and adverse reaction to vaccines**
335 In all 35 (100%) infants with 12-months follow-up, the mothers stated that their child
336 participated in the national immunization program. The three (9%) Canadian infants had not
337 received the live rotavirus vaccine at 2, 4, and 6 months of life due to the intrauterine
338 exposure to vedolizumab. The 32 (91%) Danish infants had received all vaccines, but no live
339 vaccines are provided during the first year of life in the Danish immunization program. The
340 live measles-mumps-rubella (MMR) vaccine was administered to all Canadian and Danish
341 infants at 12 and 15 months of life, respectively. Overall, six (17%) experienced a minor side-
342 effect to a vaccine: one (3%) localized post MMR vaccination granuloma, fever after MMR
343 vaccination (n=3, 9%), and fever after diphtheria-tetanus-pertussis-polio vaccination (n=2,
344 6%).

345 In parallel with the immunization program, one infant received the seasonal influenza
346 vaccine and two infants received the live BCG-vaccine at six months of age without
347 experiencing side-effects.

348 **Discussion**

349 This international multicenter study comprehensively investigated clinical outcomes following
350 intrauterine exposure to the IgG1 antibody, vedolizumab, in infants born of women with IBD.
351 In a well characterized prospective cohort representative of clinical practice, we observed a
352 rapid postnatal vedolizumab clearance and no increased risk of maternal or fetal adverse
353 pregnancy outcomes following vedolizumab treatment throughout pregnancy.

354 In the PICCOLO study, six (60%) of 10 tested infants exposed to vedolizumab during
355 pregnancy had a detectable vedolizumab level 6-9 weeks postpartum.¹⁰ In the present study
356 systematic vedolizumab measurements in the infants, using an ELISA with a low limit of
357 detection, allowed for the first time, to our knowledge, the calculation of a pharmacokinetic
358 profile for vedolizumab. Surprisingly, despite a longer half-life than anti-TNF in adult patients,
359 vedolizumab was cleared more rapidly in infants exposed in utero than seen in neonates
360 exposed to anti-TNF.⁵ The rapid neonatal vedolizumab clearance legitimates the use of live
361 vaccination from six months of life.¹

362 Vedolizumab-exposed infants were born with an approximately 50% lower vedolizumab
363 level than those in their respective mothers which is in line with the PIANO and the
364 PICCOLO studies examining 22 and 17 mother-infant pairs, respectively.^{6,10} It is in contrast
365 to previous studies regarding other monoclonal IgG1 antibodies such as infliximab,
366 adalimumab, golimumab, and ustekinumab where infant:mother drug level ratio is above 1.^{5,6}
367 This may result from a lower placental transport, possibly resulting from a reduced Fc
368 receptor binding of vedolizumab. During the engineering of vedolizumab, point mutations
369 were made to the Fc receptor-binding motif (ELGGP), exchanging leucine²³⁹ and glycine²⁴¹
370 with alanine to reduce vedolizumab binding to the Fc receptor.²⁰

371 Breastfeeding did not affect vedolizumab clearance, adding evidence to the notion that
372 there is no significant transfer of vedolizumab to the breast milk.^{21,22} Also, breastfeeding did
373 not influence the risk of disease activity. These results underpin the advise to continue
374 breastfeeding while on vedolizumab.¹

375 The placental transfer of IgG1 molecules increases exponentially during the 3rd
376 trimester.⁷ Due to concerns regarding long-term consequences after intrauterine exposure to
377 biologics, the European Crohn's and Colitis guideline from 2015 recommend cessation of
378 biological therapy prior to the 3rd trimester in women in sustained remission prior to and in
379 pregnancy.² On the other hand, the recently published American Gastroenterological
380 Association guideline recommends continuation of biologics throughout pregnancy.¹ More
381 than one third of the women in the present study experienced disease activity during
382 pregnancy, and most women continued treatment into the 3rd trimester, based on the clinical
383 evaluation by the physician. Reassuringly, infant birthweight did not differ between women
384 who discontinued and those who continued vedolizumab treatment in the 3rd trimester, which
385 is in contrast to findings among anti-TNF exposed pregnancies.²³ Of note, in a subgroup of

386 women who stopped vedolizumab prior to the 3rd trimester, neonatal vedolizumab level were
387 significantly lower, compared with offspring of women who continued treatment in the 3rd
388 trimester. However, these results should be interpreted with caution due to the low number
389 discontinuing vedolizumab of whom all were in remission. Disease activity is the greatest risk
390 factor for adverse maternal and fetal pregnancy outcome.^{6,24} Further, the body of long-term
391 safety data with up to five years of follow-up after intrauterine exposure to biologics is
392 increasing; no increased risk of infant infections including 3rd trimester exposure, normal
393 developmental milestones, no increased risk of malignancy, and psychiatric diagnosis.^{6,11,13-15}

394 Reassuringly, we found no congenital malformations and in general no increased risk
395 of adverse pregnancy outcomes, which is in line with previous vedolizumab exposure
396 studies.^{6,10,25-28}

397 Concerning child development at 12 months of age based on ASQ-3[®], all observed
398 mean scores were similar or significantly above the reference mean scores. These findings
399 are in line with results from the PIANO registry regarding child development in 411 infants at
400 12 months of age based on ASQ-3[®] after intrauterine exposure to primarily other types of
401 biologics than vedolizumab and/or other kinds of medical IBD-treatments.⁶

402 Minor infections were common within the first year of life. Notably, no gastrointestinal
403 infections occurred, and the risk of severe infections resulting in hospitalization was
404 comparable with rates among infants exposed to anti-TNF or other types of medical IBD-
405 treatments.^{6,11,14,15} The vedolizumab level at birth did not differ significantly between infants
406 with infections during the first year of life compared with those without infections. Further, we
407 found no increased risk of infant infection after intrauterine exposure to vedolizumab therapy
408 in combination with thiopurines compared with vedolizumab monotherapy. Of note, these
409 results should be interpret with caution due to the small sample size.

410 All infants participated in the national immunization program, and all vaccines except
411 the live rotavirus vaccine were administered during the first 15 months of life, which is in line
412 with international guidelines.^{1,2} Of note, no adverse reaction was seen in the two infants
413 exposed to the live BCG-vaccine at 6 months of life.

414 The present study is the largest prospective vedolizumab study to date. Bias due to
415 differential recruitment was limited by inclusion of patients from 12 hospitals in two countries,
416 and loss of follow-up was negligible; only 6% did not answer the 12-month surveys.

417 We acknowledge limitations of the study. First, maternal self-reported data regarding
418 minor infant infections, minor adverse reaction to vaccines and developmental milestones
419 were used, while hospital records were reviewed in order to capture severe infections and
420 adverse reactions to vaccines requiring hospitalization. However, self-report is the gold
421 standard for ASQ-3[®] which has been found to have a high negative predictive value and
422 accuracy in assessing developmental milestones.²⁹ Second, physician global assessment
423 (PGA) was used to assess disease activity. Different indices have been developed to define

424 IBD disease activity but none have been validated in pregnant women. The definition of
425 disease activity in pregnant IBD women is ambiguous as reflected by the different
426 parameters that are affected throughout pregnancy, e.g. laboratory markers, nausea, stool
427 frequency, and evaluation of an IBD-related abdominal mass. We believe that using the PGA
428 to estimate disease activity was the most rational choice in this particular cohort.

429 In conclusion, in this prospective international multicentre cohort study, we provide a
430 solid evidence-based rationale for the counselling and management of pregnant women and
431 their offspring exposed to vedolizumab. No adverse maternal and fetal pregnancy outcomes
432 were observed during vedolizumab therapy, and infants exposed *in utero* to vedolizumab
433 demonstrated normal or above average achievement of developmental milestones at 12
434 months of age. Rapid neonatal clearance of vedolizumab occurred after intrauterine
435 exposure and legitimates live vaccination at six months of age. Cord blood vedolizumab level
436 and maternal combination therapy with thiopurines were not correlated with risk of infant
437 infection during the first year of life. Continuation of vedolizumab throughout pregnancy is
438 safe.

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Table 1. Characteristics of 43 women on vedolizumab in pregnancy who gave birth to a live-born singleton*

	n	(%)
Diagnosis		
Crohn's disease (CD)	22	(51)
Ulcerative colitis	20	(47)
IBD unclassified	1	(2)
Disease location CD (Montreal)		
Ileal only (L1)	3	(13)
Colon only (L2)	5	(23)
Ileocolonic (L3)	14	(64)
Isolated upper digestive (L4)	0	-
Disease behaviour CD (Montreal)		
B1 non-stricturing non-penetration	14	(67)
B2 stricturing	2	(9)
B3 Penetrating	5	(24)
Active perianal disease in pregnancy (CD)	3	(14)
Previous CD bowel resection	8	(19)
Previous perianal surgery (CD)	2	(5)
Disease extent UC/IBDU (Montreal)		
Proctitis (E1)	4	(19)
Left sided (E2)	4	(19)
Extensive (E3)	13	(62)
Medications		
Thiopurine (azathioprine or mercaptopurine)	8	(19)
Systemic 5-aminosalicylic acid	7	(16)
Topical 5-aminosalicylic acid	2	(5)
Systemic prednisolone	8	(19)
Topical prednisolone	2	(5)
Budesonide/budesonide MMX	6	(14)

Allopurinol (co-administered with thiopurine)	1	(2)
IVF treatment	2	(5)
Smoking		
Prior to pregnancy	4	(9)
During pregnancy	1	(2)
Post-partum period	2	(5)
Active disease defined by Physician Global Assessment		
Conception period (6 months)	18	(42)
1 st Trimester	13	(30)
2 nd Trimester	9	(21)
3 rd Trimester	5	(12)
At delivery	3	(7)
Postpartum period (6 months)	8	(19)
Previous number of biologicals		
0	1	(2)
1	13	(30)
2	21	(49)
3	8	(19)
Primiparous	25	(58)
Folic acid intake	42	(98)
Breastfeeding commenced	36	(84)
	Median	(Range)
Maternal age at the date of birth (years)	30	(22 - 42)
Years since diagnosis	7.0	(1 - 21)
Height (m)	1.68	(1.52 - 1.82)
Body mass index prior to pregnancy (kg/m ²)	25.1	(17.0 - 40.1)
Weight gain during pregnancy (kg)	12	(0 - 27)
Breastfeeding, months	4.0	(0.5-19)

527 *There were no significant differences between CD and UC/IBDU except 5-ASA treatment was only administered to UC patients
528 (p=0.003), only CD women had previously undergone bowel-resection (p=0.002), and more CD than UC women experienced
529 postpartum flare (p=0.03).

Table 2. Maternal and pregnancy outcome in 43 vedolizumab exposed pregnancies^a

	n	(%)
Maternal obstetric risk factors		
Obesity (BMI \geq 30) prior to pregnancy	9	(21)
Hypertension	1	(2)
Gestational diabetes	4	(9)
Maternal complications during pregnancy		
Pre-eclampsia	2	(5)
Prelabor rupture of membranes (PROM)	10	(23)
Preterm PROM (< GW 37)	2	(5)
PROM (\geq GW 37)	8	(19)
Fever (> 38.2 Celsius) during delivery	3	(7)
Placental abruption	1	(2)
Maternal infection/complication resulting in hospitalisation ^b	5	(12)

Pregnancy outcome		
Caesarean section (CS)	15	(35)
Planned	9	(21)
Emergency	6	(14)
Preterm	3	(7)
Small for gestational age	2	(5)
Low birth weight (< 2500g)	2	(5)
Congenital malformation	0	-
Stillbirth	0	-
Apgar score < 7 (5 minutes after birth)	1	(2)
Sex:		
Girl	22	(51)
Boy	21	(49)
Infant admitted to intermediate/intensive care	8	(19)
Reason for intensive care		
Respiratory distress syndrome	2	(5)
Preterm delivery	2	(5)
Newborn jaundice	2	(5)
Asphyxia & cardiac arrest triggered by placental abruption ^c	1	(2)
Maternal insulin-dependent diabetes mellitus	1	(2)
	Median	(Range)
Gestational week at delivery	40	(33-42)
Weight, gram	3330	(1535-4465)
Length, cm	51	(41-57)

530 ^aThere were no significant differences between CD and UC/IBDU

531 ^b1st trimester: Cervical cerclage at GW 14. 3rd trimester: Deep venous thrombosis, pulmonary embolism,
532 polyhydramnios/intrauterine growth restriction, and intrahepatic cholestasis.

533 ^cNo neonatal infections and normal development at 12 months.

534

535

536 **Table 3. Vedolizumab levels at birth according to time of cessation in pregnancy^a**

	Last infusion prior to the 3rd trimester	Last infusion during the 3rd trimester	P value
Total number*	12 (30%)	28 (70%)	
Maternal blood**	0.0 µg/ml (95% CI, 0.0-0.5)	5.7 µg/ml (95% CI, 3.7-13.4)	< 0.0001
Cord blood**	0.0 µg/ml (95% CI, 0.0-1.0)	3.5 µg/ml (95% CI, 2.5-6.1)	< 0.0001

537 ^aThere were no significant differences between CD and UC/IBDU

538 *Three failed blood collection at the time of delivery. GW = gestational week

539 **Medians are shown, with 95% confidence intervals in parentheses.

540

541 **Table 4. Results of the 12-months ASQ-3® among 34 vedolizumab exposed infants**

Areas	Reference values ^a		Results of the present study			Mean score comparison	Difference of mean scores (95% CI) ^c
	Cut-off	Mean scores (SD)	On track (%)	Failed (%) ^b	Mean scores (SD)	P value	
Communication	15.64	43.22 (13.79)	33 (97.1)	1 (2.9)	49.55 (10.18)	0.001	6.3 (1.7-11.0)
Gross motor	21.49	49.92 (14.22)	30 (88.2)	4 (11.8)	48.85 (16.96)	0.72	-1.1 (-5.9-3.7)
Fine motor	34.50	52.22 (8.86)	33 (97.1)	1 (2.9)	52.12 (9.85)	0.95	-1.0 (-3.1-2.9)
Problem solving	27.32	48.99 (10.84)	34 (100)	0 (-)	49.56 (7.68)	0.68	0.57 (-3.1-4.2)
Personal-social	21.73	45.73 (12.00)	34 (100)	0 (-)	47.19 (7.61)	0.29	1.5 (-2.6-5.5)

542 ^aThe ASQ User's Guide for the Ages and Stages Questionnaires²²

543 ^bAn area was considered as failed when the score was below the reference cut-off. One preterm infant failed gross and fine motor.

544 ^cStudy mean score – reference mean score.

545 **Figure legend**

546 **Figure 1.** Non-linear regression model predicting vedolizumab cord blood level at birth from
547 gestational week for the last intrauterine exposure using a three parameter logistic curve.
548 The mean is represented by the continuous line, and the 95% confidence interval is
549 represented by the dotted lines.

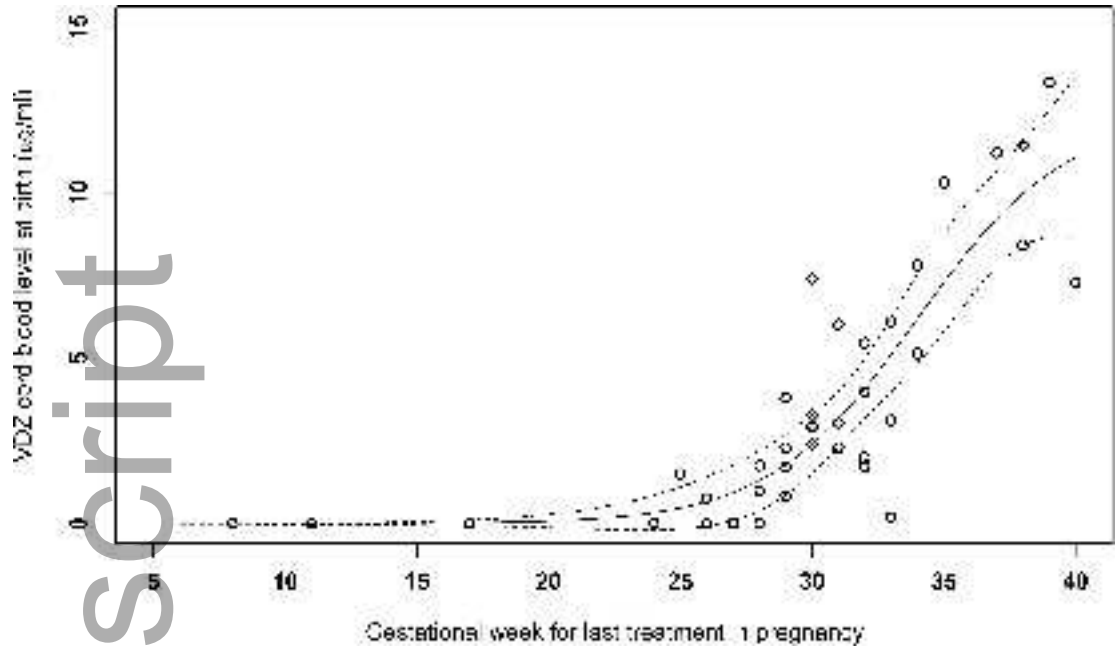
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551 **Appendices**

552 **Supplement 1.** Types of infections in 35 vedolizumab exposed infants during the first year of
553 life

554 **Supplement 2.** NOVA Study Group 2016

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