

Aalborg Universitet

The Use of Various Measurement Methods for Estimating the Fracture Energy of PLA (Polylactic Acid)

Gao, Luyao; Drozdov, Aleksey D.

Published in: Materials

DOI (link to publication from Publisher): 10.3390/ma15238623

Creative Commons License CC BY 4.0

Publication date: 2022

Document Version Publisher's PDF, also known as Version of record

Link to publication from Aalborg University

Citation for published version (APA):

Gao, L., & Drozdov, A. D. (2022). The Use of Various Measurement Methods for Estimating the Fracture Energy of PLA (Polylactic Acid). *Materials*, *15*(23), Article 8623. https://doi.org/10.3390/ma15238623

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
 You may not further distribute the material or use it for any profit-making activity or commercial gain
 You may freely distribute the URL identifying the publication in the public portal -

If you believe that this document breaches copyright please contact us at vbn@aub.aau.dk providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from vbn.aau.dk on: December 06, 2025





Article

The Use of Various Measurement Methods for Estimating the Fracture Energy of PLA (Polylactic Acid)

Luyao Gao * and Aleksey D. Drozdov

Department of Materials and Production, Aalborg University, Pontoppidanstræde 103, 9220 Aalborg, Denmark * Correspondence: glydmdmn@gmail.com

Abstract: The essential work of fracture (EWF) and Izod/Charpy impact tests have been used to investigate the fracture toughness in the plane stress of brittle polymers. In this paper, we had three goals: first, we aimed to employ how to estimate PLA toughness in different geometries; then, we proposed to compare Izod and Charpy Impact toughness in the same geometry; finally, we intended to determine the difference between EWF toughness and dynamic toughness. The results showed that the EWF method could be applied to evaluate PLA fracture behavior with small ligaments (2–4 mm), while the dynamic test could be employed with larger ligaments (5–7 mm). A comparison of the two impact test results obtained the following conclusions: Charpy impact toughness was higher than Izod impact toughness in the same geometry, and the impact toughness under a notch angle of 90° was larger than that of an angle of 45°. Both EWF and dynamic tests can be used to explore PLA toughness with small ligaments. The fracture energy decreases with ligament size in the EWF test, but it increases in the dynamic test.

Keywords: PLA; essential work of fracture; dynamic fracture; PLA toughness



Citation: Gao, L.; Drozdov, A.D. The Use of Various Measurement Methods for Estimating the Fracture Energy of PLA (Polylactic Acid). *Materials* 2022, 15, 8623. https://doi.org/10.3390/ma15238623

Academic Editor: Antonino Recca

Received: 3 November 2022 Accepted: 29 November 2022 Published: 2 December 2022

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/).

1. Introduction

Polylactic acid (PLA) has been widely applied in many bio-related and medical-related fields due to its great advantages: biocompatibility, biodegradability, thermal stability, solvent resistance, gloss, and transparency; however, the disadvantage of low toughness limits PLA's applications in a number of fields [1,2]. For this reason, many researchers have focused on approaches to increase the toughness of PLA such as plasticization, copolymerization, blending with other tough polymers, and adding elastomers [3]. Nonetheless, different opinions have emerged on the definitions and testing methods for toughness [4–6].

According to the literature, different methods of measuring toughness produce different results [7–9]. Therefore, we need to explore the differences between them. Many researchers have studied the toughness of polymers using the approach of the essential work of fracture (EWF). The EWF method can be used when a large plastic deformation exists during the fracture process, with numerous cavities occurring and cracks at the crack tip [10]. However, the parameters of EWF are affected by different experiment conditions and factors. The special energy of fracture is less related to the ligament length, especially when the ligaments are long, but it is influenced by the thickness of samples. The essential work of fracture is normally decreased due to the higher strain rate at the crack tip for higher temperature [11]. UV radiation can induce polymer chain break and decrease plastic deformation capacity, which result in obvious decline of the essential work of fracture [12]. In fracture behavior, crack initiation requires more energy than crack propagation [13]. The essential work of fracture in the yielding stage is greater than the tearing stage. Normally, the EWF test is operated with double-edge notched tensile (DENT) geometry. Nevertheless, it can sometimes be adopted in other geometries. For example, EWF methodology can be used in deeply double-edge notched small punch (DDEN-SP) test [14] and single-edge notched bending (SENB) as well [15]. EWF can be a simple alternative method for the J-integral under plane strain conditions.

Materials **2022**. 15, 8623 2 of 8

Some research has used the Izod and Charpy impact methods to verify the fracture behavior of materials. The impact toughness is determined by the quantity, size, distribution, and the mechanical stability of partials [16]. In the Izod impact test, a fan-shape whitening zone appears in the crack tip, which is a spread of the shear-yielding region [17]. Crack propagation happens in the stress whitened zone while the crack grows, quickly just with low-energy absorption, in the brittle zone [18]. EWF theory can also be used in impact test when the fracture toughness is independent of sample thickness under a plane strain fracture condition.

In this paper, the fracture toughness of pure PLA was simultaneously investigated with three approaches (EWF test, Izod impact test, and Charpy impact test). Although there are many studies on the toughness of PLA, fewer researchers have focused on comparing different methods to measure toughness. In this study, we aimed to find the relationship between them.

2. Materials and Methods

2.1. Materials and Injection Moulding Conditions

In this work, the used material (PLA) is supplied by NatureWorks[®] (3052D) and is specially designed for injection molding equipment. It has density of 1.24 g/cm³ and melt flow rate of 14 g/10 min (210 $^{\circ}$ C, 2.16 kg) according to ASTM D 1238.

Dumbbell-shaped specimens and prismatic bars (length (L) 70 mm, width (W) 10 mm, and thickness (t) 3 mm) were obtained by injection molding machine. The pellets were pre-dried at $60 \,^{\circ}$ C for 24 h in the vacuum drying oven. The parameters for injection molding are shown in Table 1.

| Parameters | Setting | | |
|--------------------------------------|-----------|--|--|
| Feed Zone (°C) | 165 | | |
| Transition Zone (°C) | 185 | | |
| Metering Zone (°C) | 190 | | |
| Mold Temperature (°C) | 30 | | |
| Screw Speed (rpm) | 100–175 | | |
| Holding Pressure (MPa) | 80 | | |
| Back Pressure (MPa) | 0.35-0.69 | | |
| Cooling Time (s) | 17 | | |
| Injection Speed (cm ³ /s) | 20 | | |

Table 1. The parameters for injection molding for PLA.

2.2. The Essential Work of Fracture (EWF)

All specimens were pre-notched in the DENT geometry (V-shape), as shown in Figure 1a. The ligament lengths (*l*) were 2 mm, 2.5 mm, 3 mm, 3.5 mm, 4 mm, 4.5 mm, 5 mm, 5.5 mm, 6 mm, 6.5 mm, 7 mm, 7.5 mm, 8 mm, 8.5 mm, 9 mm, and 9.5 mm; each class contained 5–8 specimens. To obtain exact ligament lengths, microscope measurement was used.

EWF tests were performed by the universal tensile testing machine at room temperature with the strain rate of 100 mm/min. Force-displacement testing adopted the clip gauge (10 mm) fixed in region A in Figure 1a.

According to EWF theory, the total fracture energy (W_f) can be calculated by the area under the force–displacement curve $(\int FOx)$, which is always divided into two parts. One is along the fracture line (W_e) , proportional to ligament area $(l \cdot t)$, which means that crack growth is fast with minimal energy absorption. The other is developed in a volume of material surrounding the crack (W_p) , proportional to the volume of the yielding zone

Materials 2022, 15, 8623 3 of 8

 $(l^2 \cdot t)$, which indicates that crack propagation is stable with large deformation and energy absorption capability. Thereby, W_f , W_e , and W_p can be written as follows:

$$W_f = W_e + W_p = \int FOx = w_e lt + \beta w_p l^2 t \tag{1}$$

Normalizing Equation (1) by 1 t follows:

$$w_f = w_e + \beta w_p l \tag{2}$$

where w_f is the special work of fracture, w_e is the essential work of fracture, β is the shape factor, w_p is the non-essential work per volume unit, l is the ligament length, and t is the thickness.

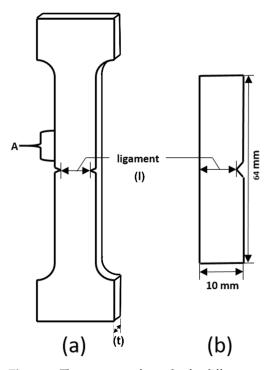


Figure 1. The geometry of samples for different toughness testing method: (a) EWF test, (b) dynamic test.

2.3. Impact Toughness

The samples were pre-notched in the SENT geometry (V-shape), as shown in Figure 1b. The ligament lengths (*l*) were 5 mm, 5.5 mm, 6 mm, 6.5 mm, 7 mm, 7.5 mm, 8 mm, 8.5 mm, 9 mm, 9.5 mm; for each size, there were at least 5 samples. The exact ligament lengths were also measured with a microscope.

Izod and Charpy tests were performed by the universal impact testing machine at a room temperature, with the initial angle of hammer as 150° .

Unlike EWF toughness, the impact toughness refers to the energy per unit cross-sectional area at the notch.

3. Results

3.1. Analysis of PLA EWF Toughness

The force–displacement relationship with the ligaments from 2 mm to 9.5 mm was measured on the tension test machine. The results are shown in Figure 2. As observed, pure PLA exhibits an obviously brittle property. Toughness was calculated by the area under the force–displacement curve. Eventually, EWF toughness with various ligaments from 2 mm to 9.5 mm and the fitting curve from 2 mm to 4 mm were plotted in Figure 3. In Figure 3, toughness and ligament length demonstrate a visibly linear relationship in some ranges. It is known that measurements with the EWF method require two conditions:

Materials **2022**, 15, 8623 4 of 8

- (a) The ligament is under plane state of stress;
- (b) The ligament is fully yielded prior to crack initiation and small enough to avoid edge effects.

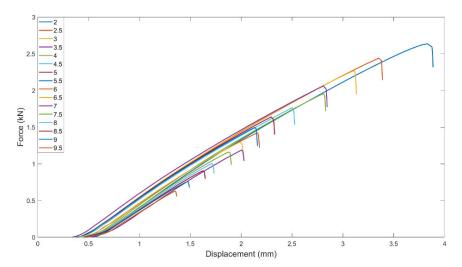


Figure 2. Force–displacement curves with different ligaments.

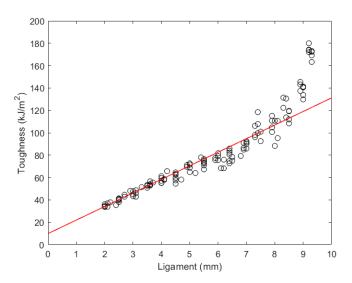


Figure 3. Special fracture toughness versus the ligament. Circles: experimental data on PLA samples. Solid line: Results of numerical simulation with $w_0 = 9.90 \text{ kJ/m}^2$.

The samples geometry must meet the following special condition to make sure the fracture is under plane stress [19].

$$(3-5) \cdot t \le l \le \left(\frac{W}{3} \text{ or } 2r_p\right) \tag{3}$$

where t is the thickness, l is the ligament length, W is the width of specimen, and r_p is the plastic zone size.

When the ligament was larger than 4 mm, it did not meet Equation (3); therefore, EWF measurements cannot be operated to analyze the samples with large ligaments.

A fitting curve indicates the relationship between toughness and ligament length. After calculating, the linear relationship is as follows:

$$y = 12.13 \ x + 9.90 \tag{4}$$

The essential work of fracture toughness of pure PLA is 9.90 kJ/m^2 .

Materials **2022**, 15, 8623 5 of 8

3.2. Dynamic Toughness

To explore PLA dynamic toughness, we initially computed Izod and Charpy Impact toughness with the ligament length from 5 mm to 9.5 mm and plotted the results in Figures 4 and 5, respectively. In these two figures, toughness and ligament length have a nonlinear relationship, whereas the impact process is not under plane stress over the full region. The impact test for a 5–7 mm ligament shows linear relationship but with a negative slope, because similar impact energy is absorbed in the outer plastic zone (OPZ) independent of ligament length and negligible work is absorbed in the fracture process zone (FPZ).

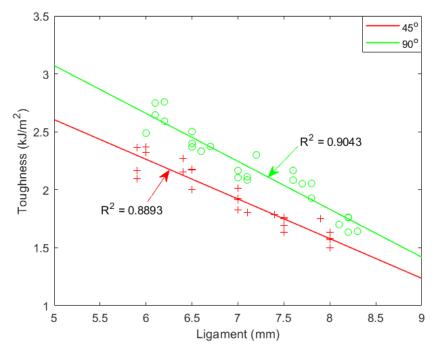


Figure 4. Izod impact toughness with various ligaments. 'o' represents Izod toughness with notch angle of 90° ; '+' represents Izod toughness with notch angle of 45° .

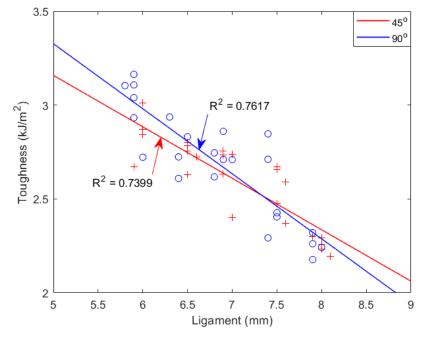


Figure 5. Charpy impact toughness with various ligaments. 'o' represents Izod toughness with notch angle of 90° ; '+' represents Izod toughness with notch angle of 45° .

Materials 2022, 15, 8623 6 of 8

From the dynamic experimental data, the fracture energy from 5–7 mm has a visible linear relationship. The fitting curves for Izod and Charpy 90° are presented in Figure 6.

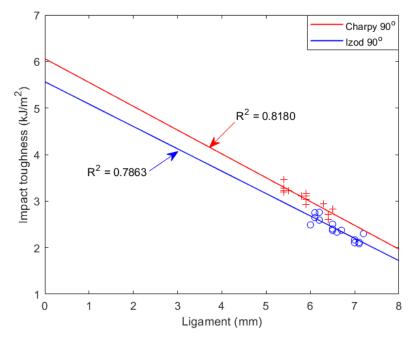


Figure 6. Dynamic toughness with various ligaments. '+' represents Charpy toughness with notch angle of 90°; 'o' represents Izod toughness with notch angle of 90°. Results of numerical simulation with $w_0 = 5.56$ and 6.06 kJ/m², respectively.

3.3. Diversity of EWF, Izod and Charpy Impact Tests

Fracture energy obtained from the EWF test and dynamic tests are listed in Table 2. The discrepancy between them are shown in Figure 7. DENT samples have larger outer plastic zone than SENT samples, which results in an outgoing toughness performance through EWF method. For EWF test, the valid fracture value belongs to the interval between 2–4 mm. At smaller ligament, the tensile test could not be operated. EWF fracture energy is $9.90 \; kJ/m^2$. For dynamic test, fracture values were gained from 5–7 mm. Izod fracture energy is $5.56 \; kJ/m^2$ and Charpy fracture energy is $6.06 \; kJ/m^2$.

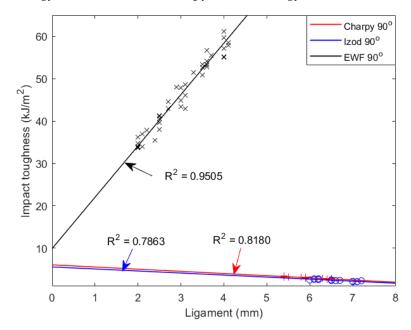


Figure 7. Comparison of the fracture energy calculated by different methods.

Materials **2022**, 15, 8623 7 of 8

| Method | Dimension (mm³) | Ligament (mm) | Notch Shape | Notch Angle (°) | Toughness (kJ/m²) |
|--------|--------------------------|------------------|----------------|--------------------|----------------------|
| EWF | $100 \times 10 \times 3$ | 2–4 | V | 90 | 9.90 |
| Charpy | $64 \times 3 \times 10$ | 5–7 | V | 90 | 6.06 |
| Izod | $64 \times 3 \times 10$ | 5–7 | V | 90 | 5.56 |

Table 2. PLA toughness using three methods.

4. Conclusions

In this article, we applied EWF and dynamic tests to measure pure PLA toughness. When the ligament was large, both methods failed to estimate the special fracture energy. For EWF test, the fracture toughness was 9.90 kJ/m² with 2–4 mm ligaments. For the dynamic tests, the fracture toughness is 5.56 and 6.06 kJ/m² with 5–7 mm ligaments. Comparing the two kinds of dynamic tests, Charpy impact toughness is higher than Izod. In the same impact test, samples with 90° notch are tougher than 45° .

Although the values for the EWF and dynamic tests are different, they can both express toughness property of PLA. From the results above, EWF toughness is $9.90~{\rm kJ/m^2}$ and dynamic toughness is around $6~{\rm kJ/m^2}$; thus, we predict the special fracture energy of pure PLA is in the range between $5-10~{\rm kJ/m^2}$. The advantage of this approach is that if we could conduct tests with smaller ligaments, we reduce the uncertainty. The fracture toughness in dynamic tests increase with ligament length, while it decreases in EWF test.

Author Contributions: Conceptualization, L.G.; methodology, L.G. and A.D.D.; software, L.G.; validation, L.G.; formal analysis, L.G.; investigation, L.G.; resources, L.G.; data curation, L.G.; writing—original draft preparation, L.G.; writing—review and editing, L.G. and A.D.D.; visualization, L.G.; supervision, A.D.D.; project administration, L.G.; funding acquisition, L.G. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Data Availability Statement: Not applicable.

Acknowledgments: The author wish to thank her supervisor Jesper de Claville Christiansen and Aleksey D. Drozdov. They give the author much supervision on knowledge and theory. The author also wish to thank the technical support from Aalborg University and the financial support from China Scholarship Council.

Conflicts of Interest: The authors declare no conflict of interest. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript; or in the decision to publish the results.

References

- 1. Pilla, S.; Kramschuster, A.; Lee, J.; Clemons, C.; Gong, S.; Turng, L.-S. Microcellular processing of polylactide–hyperbranched polyester–nanoclay composites. *J. Mater. Sci.* **2010**, *45*, 2732–2746. [CrossRef]
- 2. Pilla, S.; Kramschuster, A.; Yang, L.; Lee, J.; Gong, S.; Turng, L.-S. Microcellular injection-molding of polylactide with chain-extender. *Mater. Sci. Eng. C* **2009**, 29, 1258–1265. [CrossRef]
- Nagarajan, V.; Zhang, K.; Misra, M.; Mohanty, A.K. Overcoming the fundamental challenges in improving the impact strength and crystallinity of PLA biocomposites: Influence of nucleating agent and mold temperature. *ACS Appl. Mater. Interfaces* **2015**, *7*, 11203–11214. [CrossRef] [PubMed]
- 4. Bertocco, A.; Bruno, M.; Armentani, E.; Esposito, L.; Perrella, M. Stress Relaxation Behavior of Additively Manufactured Polylactic Acid (PLA). *Materials* **2022**, *15*, 3509. [CrossRef] [PubMed]
- 5. Dillon, B.; Doran, P.; Fuenmayor, E.; Healy, A.V.; Gately, N.M.; Major, I.; Lyons, J.G. Influence of Annealing and Biaxial Expansion on the Properties of Poly(l-Lactic Acid) Medical Tubing. *Polymers* **2019**, *11*, 1172. [CrossRef] [PubMed]
- 6. Vozniak, A.; Bartczak, Z. Deformation of poly-l-lactid acid (Plla) under uniaxial tension and plane-strain compression. *Polymers* **2021**, *13*, 4432. [CrossRef] [PubMed]
- 7. Bajpai, P.K.; Singh, I.; Madaan, J. Development and characterization of PLA-based green composites: A review. *J. Thermoplast. Compos. Mater.* **2014**, 27, 52–81. [CrossRef]

Materials 2022, 15, 8623 8 of 8

8. Nagarajan, V.; Mohanty, A.K.; Misra, M. Perspective on Polylactic Acid (PLA) based Sustainable Materials for Durable Applications: Focus on Toughness and Heat Resistance. *ACS Sustain. Chem. Eng.* **2016**, *4*, 2899–2916. [CrossRef]

- 9. Lin, L.; Deng, C.; Lin, G.-P.; Wang, Y.-Z. Super Toughened and High Heat-Resistant Poly(Lactic Acid) (PLA)-Based Blends by Enhancing Interfacial Bonding and PLA Phase Crystallization. *Ind. Eng. Chem. Res.* **2015**, *54*, 5643–5655. [CrossRef]
- 10. Houari, T.; Benguediab, M.; Belaziz, A.; Belhamiani, M.; Aid, A. Fracture Toughness Characterization of High-Density Polyethylene Using Essential Work of Fracture Concept. *J. Fail. Anal. Prev.* **2020**, *20*, 315–322. [CrossRef]
- 11. Rigotti, D.; Elhajjar, R.; Pegoretti, A. Adiabatic effects on the temperature and rate dependency of the fracture toughness of an ethylene-fluoroethylene film. *Eng. Fract. Mech.* **2019**, *214*, 260–269. [CrossRef]
- 12. De Oliveira, C.J.V.; Weber, R.P.; Monteiro, S.N.; Vital, H.; Dias, M.L. Evaluation of Fracture Toughness of Ultraviolet-Irradiated Polycarbonate Using the Essential Work of Fracture Method. *Mater. Res.* **2018**, 21. [CrossRef]
- 13. Yilmaz, S.; Kodal, M.; Yilmaz, T.; Ozkoc, G. Fracture toughness analysis of O-POSS/PLA composites assessed by essential work of fracture method. *Compos. Part B Eng.* **2014**, *56*, 527–535. [CrossRef]
- 14. Cuesta, I.; Martinez-Pañeda, E.; Díaz, A.; Alegre, J. The Essential Work of Fracture parameters for 3D printed polymer sheets. *Mater. Des.* **2019**, *181*, 107968. [CrossRef]
- Santana, O.O.; Rodríguez, C.; Belzunce, J.; Gámez-Pérez, J.; Carrasco, F.; Maspoch, M.L. Fracture behaviour of de-aged poly(lactic acid) assessed by essential work of fracture and J-Integral methods. *Polym. Test.* 2010, 29, 984–990. [CrossRef]
- 16. Luo, H.; Wang, X.; Liu, Z.; Yang, Z. Influence of refined hierarchical martensitic microstructures on yield strength and impact toughness of ultra-high strength stainless steel. *J. Mater. Sci. Technol.* **2020**, *51*, 130–136. [CrossRef]
- 17. Mao, Z.; Jiang, T.; Zhang, X.; Jiang, G.; Zhang, J. Co-continuous phase structure formed in melt processing inducing shear bands to prevent crack propagation: Significant improvement in impact toughness of PMMA. *Polym. Test.* **2020**, *85*, 106425. [CrossRef]
- 18. Fasce, L.; Bernal, C.; Frontini, P.; Mai, Y.-W. On the impact essential work of fracture of ductile polymers. *Polym. Eng. Sci.* **2001**, 41, 1–14. [CrossRef]
- 19. Purnomo, P.H.; Setyarini; Cahyandari, D. Fracture toughness characterization of polymers-based composites using essential work of fracture method. *IOP Conf. Ser. Mater. Sci. Eng.* **2018**, 403, 2086. [CrossRef]