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Heiselberg, Per Kvols

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Less than the sum of its parts – Economic and Environmental Challenges in designing Deep Energy Retrofit Concepts, the Case of Sweden

Claudio Nägeli^{#1}, York Ostermeyer^{#2}

[#]*Civil and Environmental Engineering, Chalmers University of Technology
SE-412 96 Gothenburg, Sweden*

¹claudio.naegeli@chalemrs.se

²york.ostermeyer@chalmers.se

Abstract

The International Energy Agency's Energy in Buildings and Communities Programme Annex 61 "Business and Technical Concepts for Deep Energy Retrofit (DER) of Public Buildings" aims at developing financially and technically feasible deep energy retrofit concepts. These concepts should consist of bundles of core technologies, which when applied in major renovations of pre 1980 buildings should yield a site energy reduction by 50% or more. The individual technological solutions to achieve this depend on national conditions such as building standards, general building practices and most importantly the climatic conditions. Retrofit solutions can be classified into three different renovation scenarios: Minor retrofit in order to achieve the national standard, major retrofit to achieve 50% reduction and advanced level retrofit to go beyond 50%. Many different studies show that individual renovation measures are economically feasible and environmental beneficial. However, when combined in deep energy retrofit bundles, certain technologies influence each other both environmentally and economically due to the interconnection in buildings. This paper demonstrates results from a simulation study of different retrofit technologies for a School building in Sweden. Technologies are assessed both individually and as part of technology bundles. The analysis highlights the differences in the impact of individual technologies compared to the application in technology bundles. We thereby demonstrate the links between different technologies in deep energy retrofit concepts. We conclude that there is a need for optimized approaches according to climatic, environmental and economic conditions.

Keywords – Deep Energy Retrofit; Public Buildings; Building Design; Optimization

1. Introduction

In Europe around 40% of total energy consumption is related to buildings [1]. The European union is addressing this among other things through the EU Directive 2010/31/EU on the energy performance of buildings, which targets that all new buildings will have to be nearly zero energy buildings (NZEB) by early 2020s an even until 2018 for public buildings [1]. What remains is the retrofit of the existing building stock. Addressing this issue, the International Energy Agency's Energy in Buildings and Communities Programme Annex 61 "Business and Technical Concepts for Deep Energy Retrofit (DER) of Public Buildings" aims at developing financially and technically feasible deep energy retrofit concepts. The Annex 61 tries to improve the decision-making process associated with achieving deep energy renovation of public buildings (e.g. office buildings, schools etc.), starting with the development of key bundles of renovation measures.

The first step in developing these bundles is to examine the effect both energetically and economically in the different participating countries of the Annex. For this purpose already other studies in different countries such Estonia, Germany, Canada, Austria and Denmark have been conducted, which examine the effect of different retrofit scenarios on representative pre- 1980s buildings [2-5]. The calculations are divided into three retrofit scenarios, corresponding to (1) Minor retrofit (i.e. the minimal intervention), (2) Major retrofit (resulting in > 50 % energy savings) and (3) Advanced retrofit: (i.e. reducing energy demand close to a NZEB).

The results presented in this paper are in line with the investigation done in these previous studies for other countries and showcase the environmental and economic effects of retrofit measures being applied individually and as part of a retrofit bundle on a representative school building in Sweden.

2. Method

Studied Building

The studied building is a generic school building with 3 stories and a basement resulting in a total of 3960m² heated floor area. The constructive system for this building have been chosen to correspond to the typical construction practice of the 1970s during Sweden's Million House program [6]. The building has a ventilated brick façade with a lightweight concrete structural system. Floor slabs are made from 120mm reinforced concrete. The building has an exhaust air ventilation installed and the air tightness of the building corresponds to an air change rate of 3.0 1/h at 50 Pa pressure. Heat is delivered to the building via a district heating network. The building has a length of 50 m and is 13 m wide. The window ratio of the façade is set to 22% with the long façade being southwest to northeast oriented, with almost the entire window area being distributed along the long façade and only a few windows on the short south west and northeast facades. The current state of the building is summarized in Table 1.

Table 1 Current Building State of Example Building

| Parameter | Value |
|--|---|
| Number of Floors | 3 + Basement |
| Heated Floor area | 2527m ² |
| Envelope to Volume Ratio | 0.39 m ² /m ³ |
| Envelope to heated floor Area Ratio | 0.98 m ² /m ² |
| Window Area and U-Value | 225m ² (2.4 W/m ² K) |
| Exterior Wall (Ambient) Area and U-Value | 783m ² (1.11 W/m ² K) |
| Exterior Wall (Ground) Area and U-Value | 252m ² (3.07 W/m ² K) |
| Roof Area and U-Value | 650m ² (0.69 W/m ² K) |
| Floor Slab Area and U-Value | 650m ² (1.32 W/m ² K) |

Energy and Economic Model

The building energy performance and the associated costs of the renovation measures are calculated based on the tool developed by Ostermeyer et al. [7]. The tool is based on spreadsheet which uses the calculation method of the Passive House Planning Package (PHPP) [8] for the energy simulation. The climate data of the city of Stockholm is used for this evaluation. The standard use conditions applied in the calculation are described in Table 2.

Table 2 Standard usage parameters for energy performance calculation

| Parameter | Value |
|---------------------|--|
| Usage time | 24 h per day, 7 days per week |
| Internal heat gains | 2.8 W/m ² |
| Ventilation | Average air flow rate 1950 (m ³ /h) |
| Infiltration: | Air exchange rate of 3 1/h @ 50Pa for status quo |
| Domestic hot water | 12 l/Person/d |

The economic analysis is carried out based on a calculated Return of Investment according to the following equation.

$$ROI = \frac{\text{Energy Cost Savings per year}}{\text{Investment}} \quad (1)$$

Efficiency measures

The different energy efficiency measures studied are described in Table 3. We limit us here to efficiency measures affecting the heating demand and do not consider any efficiency measures targeting the electricity consumption of the school building (i.e. installation of efficient lighting).

Table 3 Individual Energy Efficiency Measures studied

| Component | Measure | Value |
|----------------|---------------------------------------|---|
| External Wall | +100mm | U-Value = 0.33 W/m ² /K |
| | +200mm | U-Value = 0.2 W/m ² /K |
| | +300mm | U-Value = 0.14 W/m ² /K |
| Roof | +100mm | U-Value = 0.29 W/m ² /K |
| | +200mm | U-Value = 0.16 W/m ² /K |
| | +300mm | U-Value = 0.11 W/m ² /K |
| Floor Slab | +100mm | U-Value = 0.32 W/m ² /K |
| Perimeter | +100mm | U-Value = 0.31 W/m ² /K |
| | +200mm | U-Value = 0.27 W/m ² /K |
| | +300mm | U-Value = 0.11 W/m ² /K |
| Window | Double Glazing | U-Value = 1.42 W/m ² /K / g-Value = 0.65 |
| | Triple Glazing | U-Value = 0.75 W/m ² /K / g-Value = 0.55 |
| Ventilation | Heat recovery + | Heat Recovery = 82% |
| Air tightness | Increase air tightness | air exchange = 1.0 1/h @ 50Pa |
| | Increase air tightness (Passivehouse) | air exchange = 0.6 1/h @ 50Pa |
| Heating System | District Heating | Efficiency = 100% |
| | Geothermal Heat Pump | COP = 3 |

Retrofit Bundles

The different measures are combined into bundles of retrofit measures according to different criteria:

- Minor Retrofit: Only simple measures in order to reach the minimum standard, which can be applied without major impact on the building. This includes exchanging the windows, insulating the roof and adding insulation along the perimeter.
- Major Retrofit: Major renovation of the complete building including technical systems in order to reach energy efficiency gains of more than 50%
- NZEB Retrofit: Major renovation in order to decrease energy efficiency to a NZEB. This includes exchanging the heating system from district heating to a geothermal heat pump.

The complete list of the different measures applied in the retrofit bundles are described in Table 4.

Table 4 Defined Retrofit Bundles

| Component | Measure | Minor Retrofit | Major Retrofit | NZEB Retrofit |
|----------------------------|--|----------------|----------------|---------------|
| External Wall | Status Quo | X | | |
| | +100mm | | | |
| | +200mm | | X | |
| | +300mm | | | X |
| Roof | Status Quo | | | |
| | +100mm | | | |
| | +200mm | X | | |
| | +300mm | | X | X |
| Floor Slab | Status Quo | X | X | |
| | +100mm | | | X |
| Perimeter | Status Quo | | | |
| | +100mm | X | X | |
| | +200mm | | | |
| | +300mm | | | X |
| Window | Status Quo | | | |
| | Double Glazing | X | X | |
| | Triple Glazing | | | X |
| Ventilation+ air tightness | Status Quo | X | | |
| | Heat recovery + air tightness | | X | |
| | Heat recovery + air tightness (Passivehouse) | | | X |
| Heating System | District Heating | X | X | |
| | Geothermal Heat Pump | | | X |

3. Results and discussion

Individual efficiency measures

Table 5 shows the effect the individual measures when applied in the studied building. While showing increasing energy savings through an increased insulation thickness, the return on investment however decreases as well. This shows, that even on a individual technology level, the economic optimal technology does not yield the highest savings. The largest savings in final energy can be achieved when switching to a geothermal heat pump, however, without any additional efficiency measures, this yields a very poor return on investment.

Table 5 Effect on energy use of different individual energy efficiency measures in kWh/m² year

| Component | Measure | Heating [kWh/m ² a] | Appliances [kWh/m ² a] | Total [kWh/ m ² a] | Savings [%] | ROI [%/a] |
|-------------------|---|--------------------------------------|--------------------------------------|-------------------------------------|----------------|--------------|
| Status Quo | | 110 | 25 | 134 | - | |
| External Wall | +100mm | 91 | 25 | 116 | 14% | 1.6% |
| | +200mm | 87 | 25 | 111 | 17% | 1.6% |
| | +300mm | 85 | 25 | 110 | 19% | 1.5% |
| Roof | +100mm | 98 | 25 | 123 | 9% | 0.7% |
| | +200mm | 95 | 25 | 123 | 12% | 0.7% |
| | +300mm | 93 | 25 | 119 | 13% | 0.7% |
| Floor Slab | +100mm | 108 | 25 | 132 | 2% | 0.3% |
| Perimeter | +100mm | 97 | 25 | 121 | 10% | 4.1% |
| | +200mm | 95 | 25 | 120 | 11% | 3.1% |
| | +300mm | 95 | 25 | 119 | 11% | 2.5% |
| Window | Double Glazing | 101 | 25 | 126 | 7% | 1.2% |
| | Triple Glazing | 96 | 25 | 121 | 10% | 1.1% |
| Ventilation | Heat recovery + air tightness | 86 | 25 | 110 | 18% | 0.9% |
| | Heat recovery + air tightness (Passive house) | 85 | 25 | 110 | 19% | 1.3% |
| Heating System | Geothermal Heat Pump | 38 | 25 | 62 | 54% | 0.8% |

Retrofit Bundles

The effect the retrofit bundles described in Table 4 are shown in Table 6. While yielding increased efficiency gains through the an increased extent of the retrofit measures applied, the results of the different bundles shown that increased savings do not yield an increase economic feasibility. Contrary, the results show, that going beyond a major refurbishment with efficiency gains of more than 58% result in a significant decrease of the return of investment.

Table 6 Effect on energy use of different retrofit bundles in kWh/m² year

| Retrofit bundle | Heating [kWh/m² a] | Appliances [kWh/m² a] | Total [kWh/m² a] | Savings [%] | ROI [%/a] |
|------------------------|--|---|--|------------------------|----------------------|
| Status Quo | 110 | 25 | 135 | - | - |
| Minor Retrofit | 74 | 25 | 98 | 27% | 1.2% |
| Major Retrofit | 32 | 25 | 56 | 58% | 1.1% |
| NZEB Retrofit | 9 | 25 | 33 | 75% | 0.79% |

4. Conclusion

The results of this study show measures in order to achieve deep energy retrofit for a School building in Sweden. The energy savings measures considered mainly focus on reduction of transmission and ventilation losses such as insulation, new windows and heat recovery in the ventilation. These measures are the most common in Sweden, which due to its climate has high heating demand. A geothermal heat pump was also considered, however, as the building is connected to the district heating network its application is not very likely and is therefore only considered as part of the NZEB-scenario. The results show, that the all the retrofit options do not yield a high ROI. However, as the analysis uses the status quo as a reference and does not consider anyway costs as part of this simplified calculation, the return of the energy savings part of the investment might be higher. However, the results do indicate the going beyond the DER scenario decreases the ROI significantly. Therefore, in order to reduce site energy demand further, renewable energy generation options such as PV or solar collectors might be considered.

Moreover, while it is commonly known that the energy efficiency gain often exceeds the corresponding economic gain, the systematic effect of different measures when applied together or subsequently in a building is often not explicitly discussed. The fact that retrofit measures decrease the effect of any subsequent measure makes such measures less likely to be implemented. This could result in sub-optimal solution and lock-in effects in case of a step-wise retrofit of a building. This highlights the need for systemic solutions and combined approaches aiming for deep energy retrofits instead of a step-wise measures. However, such interactive effects also need to be considered within deep energy retrofit concepts, as some measures effect each other (e.g. passive demand reduction and active technologies). This is calling for integrated and optimized retrofit concepts taking into account all building components together and not looking at individual building parts separately. Moreover, in order to reach European targets for NZEB, retrofit concepts should take into account both the energy demand reduction as well as on site energy supply options in order to be more cost-effective.

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