

Conditions of life and critical incidents pertaining hospital readmission

the lived experiences of older male patients

Pedersen, Mona Kyndi; Mark, Edith; Uhrenfeldt, Lisbeth

Publication date:
2016

Document Version
Publisher's PDF, also known as Version of record

[Link to publication from Aalborg University](#)

Citation for published version (APA):

Pedersen, M. K., Mark, E., & Uhrenfeldt, L. (2016). *Conditions of life and critical incidents pertaining hospital readmission: the lived experiences of older male patients*. Poster presented at Nordic Conference in Nursing Research, Stockholm, Sweden.
https://shop2199.hstatic.dk/upload_dir/docs/NordicConference2016/Programme-book_2016-webb.pdf

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal -

Take down policy

If you believe that this document breaches copyright please contact us at vbn@aub.aau.dk providing details, and we will remove access to the work immediately and investigate your claim.

CONDITIONS OF LIFE AND CRITICAL INCIDENTS PERTAINING TO HOSPITAL READMISSION

– THE LIVED EXPERIENCES OF OLDER MALE PATIENTS

Mona Kyndi Pedersen^{1,2}, Edith Mark^{1,2}, Lisbeth Uhrenfeldt³

- 1. Clinic for Internal Medicin, Aalborg University Hospital, Aalborg, Denmark,
- 2. Clinical Nursing Research Unit, Aalborg University Hospital, Aalborg, Denmark
- 3. Clinical Nursing Research, Department of Health Science and Technology Aalborg University, Aalborg, Denmark

Background

Hospital readmission is frequent and considered an adverse health outcome of hospitalisation. Despite the frequency of readmissions, affecting health and wellbeing of older persons, there is still a relatively incomplete understanding of the broader array of factors pertaining to hospital readmission. Only few studies have explored patients’ experiences of conditions and incidents leading to readmission.

Aims

To explore older male patients’ experiences of conditions of life and critical incidents, that over time and across settings pertain to hospital readmission.

Methods

Qualitative research design using the Critical Incident Technique (CIT) was employed. Data were collected using double qualitative interviews (n=8) with four rehospitalised male patients aged 65 to 75 years. The interviews were conducted bedside at the hospital and followed by a second in-depth interview one to two weeks after discharge in the home of the participants.

Results

The conditions of life related to four main themes: The ambiguity of ageing, Living with the burden of illness, Realization of dependency, Growing sense of vulnerability and mortality. The critical incidents related to four main areas: Trying to manage without help from the system, Back home again – a period of recovery, Care interaction, Navigating within and between health care system(s).

Conclusion

Conditions of life provide the background and pre-conditions of an on-going process seeking to balance life demands and the burden of illness and treatment. Critical incidents are tipping points increasing or decreasing the resources of older persons to balance the burden of illness and treatment in everyday life.

Perspectives

Emphasising the perspective of older persons contributes with a deeper understanding of the interconnectedness between conditions of life and critical incidents. Interventions to prevent hospital readmission should be sensitive to the individual and supportive towards older persons and caregivers, across diverse patient contexts.

Funding

This work was supported by the A. P. Moeller Foundation for the Advancement of Medical Science, Speciallaege Heinrich Kopps Legat, Novo Nordisk Foundation, The Danish Nursing Research Foundation, Det Obelske Familiefond and Danish Nurses’ Research Foundation.

Questions to elicit the narratives of critical incidents:

- Please tell me about your health and wellbeing in everyday life and the course of care during the previous year.
- What were the circumstances and incidents leading to this readmission?
- What did you experience as the most supporting or demanding incident?
- What are the conditions and incidents that from your perspective might influence the risk of future readmission?

References

- (1) Schluter J, Seaton P, Chaboyer W. Critical incident technique: a user’s guide for nurse researchers. Journal of Advanced Nursing 2008;61(1):107-114.
- (2) Bradbury-Jones C, Tranter S. Inconsistent use of the critical incident technique in nursing research. Journal of Advanced Nursing 2008;64:399-407.
- (3) Pedersen, MK, Nielsen GL, Uhrenfeldt L, Lundbye-Christensen S. Risk assessment of acute all-cause readmission within 30 days of older persons aged 65+ years: Findings from a Danish nationwide cohort study. (In manuscript)
- (4) Pedersen MK, Mark E, Uhrenfeldt L. Life conditions and critical incidents associated with hospital readmission: Perspectives of older males. (Submitted)

Author disclosure declaration

Mona Kyndi Pedersen: None. Edith Mark: None. Lisbeth Uhrenfeldt: None