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Publication date:
2017

Link to publication from Aalborg University

Citation for published version (APA):

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Clinic for Handicap and Rehabilitation Psychology
A master degree programme for psychology students in Denmark

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Introduction
The field of rehabilitation may be undergoing a paradigmatic shift from a strict biomedical focus on disabilities towards a more encompassing bio-psycho-social perspective. However, we found (authors, 2016) that actual rehabilitation practise in Denmark is almost exclusively based on biological and practical aspects. Rehabilitation psychology has been growing as a field in the US and several European countries but is yet to be developed in Denmark.

To help achieve this, we developed the programme Clinic for Handicap and Rehabilitation Psychology (CHaRe). CHaRe is a master degree program at the Department of Communication and Psychology at Aalborg University (AAU). CHaRe aims at qualifying students for future work as rehabilitation psychologists. The programme spans 4 semesters and is organized partly in relation to curriculum, partly in relation to clinical practice where students will offer a manual based intervention to clients with disabilities (acquired brain injuries) and their close relatives.

The CHaRe programme

Compassion Focused Therapy

Cognitive Behavioral Therapy

Animal Assisted Intervention

Mindfulness

Identity Re-construction

For adults with an acquired brain injury and their close relatives

BackUp! – the intervention manual

References


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Presented at National Institute on the Teaching of Psychology (NITOP), Florida, 2017