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# DETOURS/OBSTACLES

Carl Bergstrøm-Nielsen 2007  
following a suggestion from Hans Fjellestad

*These suggestions may be used for solo or ensemble and as you like.*

1. Approach a new idea indirectly, so indirectly as to state something else on the way to actually stating the idea.
2. State your idea in a definitely "bad" way.
3. Don't state an idea, be trivial.
4. State your idea for too short time, do something else (as if you had to) and enjoy returning a bit later.
5. Begin somewhere close to your idea and let yourself become seduced into something else for some time before actually arriving at it.
6. Do the opposite of your idea.
7. Elaborate on your idea almost as you would have done anyway, just with a very slight twist.
8. Think of your idea while doing something else.

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