

Aalborg Universitet

Albumin-binding fatty acid-modified gapmer antisense oligonucleotides for modulation of pharmacokinetics

Cai, Yunpeng; Lou, Chenguang; Wengel, Jesper; Howard, Kenneth A.

Published in: Gapmers

DOI (link to publication from Publisher): 10.1007/978-1-0716-0771-8 12

Publication date: 2020

Document Version Accepted author manuscript, peer reviewed version

Link to publication from Aalborg University

Citation for published version (APA):

Cai, Y., Lou, C., Wengel, J., & Howard, K. A. (2020). Albumin-binding fatty acid—modified gapmer antisense oligonucleotides for modulation of pharmacokinetics. In T. Yokota, & R. Maruyama (Eds.), *Gapmers: Methods and Protocols* (pp. 163-174). Humana Press. https://doi.org/10.1007/978-1-0716-0771-8_12

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
 You may not further distribute the material or use it for any profit-making activity or commercial gain
 You may freely distribute the URL identifying the publication in the public portal -

If you believe that this document breaches copyright please contact us at vbn@aub.aau.dk providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from vbn.aau.dk on: December 31, 2025

Chapter 12

Albumin-Binding Fatty Acid_-Modified Gapmer Antisense Oligonucleotides for Modulation

Yunpeng Cai¹,

of Pharmacokinetics

Chenguang Lou²,

Jesper Wengel²,

Kenneth A. Howard^{1*} kenh@inano.au.dk

¹Department of Molecular Biology and Genetics, The Interdisciplinary Nanoscience Center

(iNANO)

Aarhus University

8000 Aarhus C, Denmark

²Department of Physics, Chemistry and Pharmacy, Biomolecular Nanoscale Engineering

Center

University of Southern Denmark

Campusvej 55, 5230 Odense M, Denmark

Abstract

Prolonged circulation and modulation of the pharmacokinetic profile are important to improve the clinical potential of antisense oligonucleotides (ASOs). Gapmer ASOs demonstrate excellent nuclease stability and robust gene silencing activity without the requirement of transfection agents. A major challenge for in vivo applications, however, is the short blood circulatory half-life. This work describes utilisationutilization of the long circulation of serum

albumin to increase the blood residence time of gapmer ASO. The method introduces fatty acid modifications into the gapmer ASOs design to exploit the binding and transport property of serum albumin for endogenous ligands. The level of albumin—gapmer ASOs interaction, blood circulatory half-life and biodistribution was dependent on number, position, and fatty acid type (palmitic or myristic acid) within the gapmer ASO sequence and either phosphorothioate or phosphodiester backbone modifications. This work offers a strategy to optimise optimize gapmer ASO pharmacokinetics by a proposed endogenous assembly process with serum albumin that can be tuned by gapmer ASO design modifications.

Key-words

Gapmer antisense oligonucleotides

Palmitic acid

Myristic acid

Serum albumin

Circulatory half-life

Pharmacokinetics

1. Introduction

Antisense oligonucleotides (ASOs) are synthetic single stranded nucleic acids that bind to complementary mRNA through Watson–Crick base pairing and activate RNase H-mediated cleavage to act as gene silencing therapeutics_[1, 2]. In combination with flanked modified oligonucleotides such as locked nucleic acid (LNA)_[3], the so-called gapmer ASOs are highly stable against nucleases and offer flexible gene silencing approaches due to unassisted

intracellular gymnotic delivery_[4, 5]. However, the short circulatory half-life has remained one of the major challenges following systemic administration due to their small size (~6 KkDa) that results in rapid renal clearance_[6, 7]. Human serum albumin (HSA) has been exploited as a potent drug half-life extension strategy_[8–10] due to its property as a natural transport protein facilitated by binding sites for endogenous and exogenous ligands and its long circulatory half-life by engagement with the cellular recycling neonatal Fc receptor (FcRn)_[11, 12]. Multiple fatty acid binding sites on albumin_[13, 14], therefore, can be utilised_utilized to extend the circulatory half-life of gapmer ASOs by including fatty acids into the nucleic acid design.

This chapter describes albumin interaction with ASOs with either palmitoyl or myristoyl modifications varying in position and number, with either a phosphorothioate or phosphodiester backbone and the effect on gapmer pharmacokinetics. The level of albumin-binding affinity had a significant impact on the circulatory half-life in mice, with a maximal 2.4-fold increase of circulatory half-life in mice (66_min) that correlated with the highest albumin-binding affinity of two-palmitoyl phosphorothioate gapmer ASO in vitro [15]. Fatty acid gapmer ASOs also show maintained unassisted in vitro gene silencing activity in different cell lines [16]. Systemic administration of fatty acid gapmer ASO that exhibit prolonged circulation may be a promising gene silencing strategy for therapeutic applications.

2. Materials

2.1. Oligonucleotide **S**synthesis

All basic chemical reagents used were purchased from Sigma-Aldrich (St. Louis, MO, USA)

or Fluka (Honeywell lab, Morristown, NJ, USA) and used without further purification. Use ultrapure water (resistivity, 18.2_-M Ω cm at 25_-°C) and analytical grade reagents to prepare all solutions. Prepare and store all reagents at room temperature unless otherwise specified.

- Standard DNA phosphoramidite monomers, solid supports and cyanine 5.5
 (Cy5.5) phosphoramidite and additional reagents from Sigma-Aldrich, GE
 Healthcare (Chicago, IL, USA) or Glen Research (Sterling, VA, USA).
- Locked nucleic acid (LNA) phosphoramidite monomers from Exiqon, now a QIAGEN company (Hilden, Germany).
- Synthesize the 2²/_{_}-N-palmitoyl-amino-LNA-T and 2²/_{_}
 -N-myristoyl-amino-LNA-T phosphoramidite monomers according to literature procedure [17].
- 4. Anhydrous acetonitrile: activated molecular sieves (3_-Å, 8-_12 mesh) is added to acetonitrile (HPLC grade) and the mixture is kept for 24_-h. The dryness of the solvent is confirmed on a Coulometric Karl-Fischer titrator- (see Note 1).
- 5. Solution of nucleoside phosphoramidite monomers: activated molecular sieves (3_-Å, 8-_12 mesh) are added into the 0.1_-M solutions of standard DNA and LNA monomers in anhydrous acetonitrile (≤-15_-ppm) and the solutions are dried for 24 −h (*see* Note 2).

2.2. RP-HPLC, IE-HPLC, and MALDI-MS

1. A-buffer (0.05_-M triethylammonium acetate, pH_-7.4): (1) Triethylammonium acetate stock solution (1_-M, pH_-7.4): 1_-mol triethylamine (139.88_-mL) is

emulsified in ultrapure water (600_-mL) and the resulting mixture is cooled in a water_/ice bath. To this 1_-mol glacial acetic acid (57.25_-mL) is added slowly and the solution is then warmed to room temperature. Triethylamine or acetic acid can be used to adjust pH to 7.4 if necessary. The solution is transferred into a 1_-L volumetric flask, and ultrapure water is added to have the solution volume reach 1_L. (2) 1_-M stock solution (250_-mL, pH_-7.4) is diluted to 5_-L using ultrapure water (*see* **Note 3**). The resulting solution is filtered using a nylon membrane (Waters, 47_-mm, 0.2_-μm) before use.

- 2. B-buffer (A-buffer_-/acetonitrile_-=_-1:3, v/v): Mix A-buffer (500_-mL) and acetonitrile (1500_-mL, HPLC grade) extensively (*see* **Note 3**). Filter the resulting solution using a nylon membrane (Waters, 47_-mm, 0.2_-μm) before use.
- 3. Solution of sodium acetate (3_-M): Dissolve 0.75_-mol sodium acetate (61.53_-g) in ultrapure water (150_-mL). Transfer the solution into a 250_-mL volumetric flask and add ultrapure water to have the final volume at 250 -mL.
- 4. Solution of sodium perchlorate (5_M): Dissolve 1.25_mol sodium perchlorate (153.05_-g₇) in 150_mL ultrapure water. Transfer the solution into a 250_mL volumetric flask and add ultrapure water to have the final volume at 250_mL.
- 5. 3-Hydroxypicolinic acid (HPA) matrix: Dissolve 100_-mg diammonium hydrogen citrate in 1_-mL ultrapure water, of which 10_-uμL is taken and mixed with 10 -mg HPA in 0.99 -mL ultrapure water.
- 6. C-buffer (sodium perchlorate, 1.0_-M): Dissolve 3_-mol sodium perchlorate

(367.32_-g) is dissolved in 2400_-mL ultrapure water. Transfer the solution to a 3000_-mL volumetric flask and add ultrapure water to have the final volume at 3000_-mL (*see* **Note 3**). Filter the resulting solution using a nylon membrane (Waters, 47 -mm, 0.2 -μm) before use.

- 7. D-buffer (0.25_-M Tris_-HCl, pH_-8.0): Dissolve 0.75_-mol trisaminomethane (90.84_-g) in 2400_-mL ultrapure water, to which add concentrated hydrochloric acid to adjust the pH to 8. Transfer the solution into a 3_-L volumetric flask and add ultrapure water to have the final volume of 3_-L (*see* **Note 3**). Filter the resulting solution using a nylon membrane (Waters, 47_-mm, 0.2_-μm) before use.
- 8. Reversed-phase HPLC (RP-HPLC, Waters System 600 HPLC equipment) with a Waters XBridge BEH C18-column (5_μm, 100_μmm_-×_-19_μm).

2.3. Electrophoretic Mmobility Sshift Aassay

Prepare all solutions of oligonucleotides (RNA, DNA, gapmer ASOs) using nuclease-free water. Gapmer ASOs are stored at _-20_-°OC and thawed on ice before use. All the chemical reagents are analytical grade and purchased from Sigma-Aldrich (St. Louis, MO, USA) unless noted.

- 1. Fatty acid gapmer ASOs (either palmitoyl or myristoyl modifications varying in one or two fatty acids, both at 3'_2 end or one either at the 3'_2 and 5'_2 end, with phosphodiester or phosphorothioate backbone).
- 2. Recombinant human serum albumin.

- 3. Novex Gel Cassettes $(8 cm \times -x 8 cm \times -x 1 mm)$.
- 4. ProtoGel (30-%).
- 5. Ammonium persulfate: 10-% (w/v) solution in Milli-Q water.
- 6. N,N,N,N' --tetramethyl-ethylenediamine (TEMED).
- 7. Running buffer: 1_-×_-TBE (tris__borate__ethylenediaminetetraacetic acid [EDTA]) buffer (from 10_-×_-stock; GIBCO, Life Technologies, Grand Island, NY, USA).
- 8. Loading buffer: 20_-mg Orange G and 1.5_-mL glycerol in 10_-mL Milli-Q water.
- 9. Gapmer ASOs staining solution: Diluted in Milli-Q water from 10,000_-×_-SYBR Gold Nucleic Acid Gel Staining Concentrate in DMSO).
- Coomassie blue staining solution: 45-% methanol, 10-% acetic acid, and 3_-g/L
 Coomassie Brilliant Blue R in Milli-Q water.
- Coomassie Blue destaining solution: 10-% methanol and 7.5-% acetic acid in Milli-Q water.
- 12. XCell SureLock® Mini-Cell, Gel DocTM EZ Imager.

2.4. Nanoparticle **T**tracking **A**analysis

- 1. Palmitoyl gapmer ASOs and myristoyl gapmer ASOs (varying of 1 or 2 fatty acids, both at 3<u>'</u> and or one either at the 3<u>'</u> and 5<u>'</u> end, with phosphodiester or phosphorothioate backbone).
- 2. Recombinant human serum albumin (Sigma-Aldrich, St. Louis, MO, USA).

- 3. Two-component 1_mL syringe (Frisenette ApS, Knebel, Denmark).
- Nanoparticle tracking analysis (NanoSight LM10, 405_nm laser, Malvern Instruments SA, Worcestershire, UK), thermometer (OMEGA HH804, Engineering, Inc./Stamford, CT, USA).

2.5. <u>In Vitro Cellular Gene Silencing in vitro</u>

- 1. Complete cell culture medium dependent on cell lines.
- 2. RNA extraction: TRIzol, chloroform, isopropanol, absolute ethanol, glycogen (optional).
- High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems, Warrington, UK).
- 4. Real-Time Polymerase Chain Reaction (PCR): SYBR Green PCR Master Mix (Applied Biosystems, Warrington, UK). 384-well standard PCR Plate —and Adhesive PCR Plate Seals.
- 6. LightCycler 480 System (Roche Diagnostics, Basel, Switzerland).

2.6. Oligonucleotides pharmacokinetic evaluation in vivo In Vivo Pharmacokinetic Evaluation of Oligonucleotides

- 1. Cy5.5-labelled fatty acid gapmer ASOs (with one or two palmitoyl modifications both at 3′ -2 end).
- Seven- to eight-week_-old female C57BL/6 mice (Janvier Labs, Berthevin, France).
- 3. Capillary tubes coated with heparin (Hirschmann[®] Laborgeräte GmbH & Co).
- 4. Low-fluorescent diet (AIN-76A, Research Diets Inc., New Brunswick, NJ).
- 5. In Vivo Imaging System (IVIS, PerkinElmer, USA).

3. Methods

3.1. Oligonucleotide Ssynthesis

All oligonucleotide preparation and analysis are carried out at room temperature unless otherwise specified.

- 1. Mount solutions (0.1_-M) of standard DNA and LNA monomers in anhydrous acetonitrile onto the designated positions on the DNA synthesizer respectively (see Note 4).

- 3. Incorporate palmitoyl-amino-LNA-T phosphoramidite, myristoyl-amino-LNA-T phosphoramidite and Cy5.5 phosphoramidite (0.05_-M, in anhydrous acetonitrile) into oligonucleotides via a manual coupling procedure [18] using 5-[3,5-bis(trifluoromethyl)phenyl]-H-tetrazole (0.25_-M, in anhydrous acetonitrile) as activator and extended coupling time (20_-min) (*see* **Note 6**).
- 4. Cleavage of oligonucleotides from solid support and removal of nucleobase protecting groups are performed using 28% aqueous ammonia (1_-mL) for 16_-h at 55_-°C (see Note 7).
- 5. Purify the resulting oligonucleotides by reversed-phase HPLC (RP-HPLC). Start elution with an isocratic hold of A-buffer for 2_-min followed by a linear gradient to 70% B-buffer over 38_-min at a flow rate of 2.5_-mL/min. Omit reversed-phase HPLC purification when the purities of the crude oligonucleotides was sufficiently high (>-80% by ion-exchange HPLC analysis).
- Combine fractions of isolated oligonucleotides and evaporate under a flow of nitrogen to remove the solvents (*see* Note 8).
- 7. The purified oligonucleotides are subjected to standard detritylation (80% aqueous acetic acid at room temperature) and then precipitate from abs. Eethanol by first adding aqueous solutions of 3_M sodium acetate (15_μL) and 5_M sodium perchlorate (15_μL) followed by addition of abs. Eethanol (1_mL, __-20_-°C). Store the resulting suspensions at __-20_-°C for 1_h, and remove the supernatants after centrifugation (13,200_-rpm, 5_-min, 4_-°C), and wash the pellet with cold abs. Eethanol (2_-×_-1_-mL; __-20_-°C) and dry for 20_-min at

- 50_-°C on a metal heat block under a flow of nitrogen.
- 8. Dissolve the pellets in ultrapure water (1_-mL) and analyze by MALDI-TOF MS and analytical ion-exchange HPLC (IE-HPLC). Record mass spectra of oligonucleotides on a Bruker Daltonics Microflex LT MAIDI-TOF MS instrument in ES+ mode using HPA matrix. Record analytical IE-HPLC traces on a Merck-Hitachi Lachrom system equipped with a DNAPac PA100 analytical column (13_-μm, 250_-mm_-×_-4_-mm) heated to 60_-°C. Perform elution with an isocratic hold of D-buffer (10-%), starting from 2_-min hold using 2% C-Buffer in ultrapure water, followed by a linear gradient to 30-% C-buffer in 23_-min at a flow rate of 1.1_-mL/min.
- 9. Determine concentrations of purified oligonucleotides by UV absorption measurements at 260_-nm.

3.2. Electrophoretic Mmobility Sshift Aassay

The binding affinity between fatty acid gapmer ASOs and rHSA can be estimated by visualizing the assembled rHSA/gapmer ASOs constructs at different molar ratios using an electrophoretic mobility shift assay.

- 1. For preparation of an 8-% native polyacrylamide gel: mix 2.7_-mL of Protogel, 6.3_-mL of Milli-Q water, and 1_-mL of 10_-x_-TBE running buffer. Add 100_-μL of 10-% (w/v) APS solution and 10_-μL of TEMED.
- Cast gel solution into an empty gel cassette with a 10-well comb and wait for 40_-min to allow for gelation.
- 3. Mix fatty acid-gapmer ASOs (either palmitoyl or myristoyl modifications

varying in 1 or 2 fatty acids, both at 3'_2 end or one either at the 3'_2 and 5'_2 end, with phosphodiester or phosphorothioate backbone) at 1_μM final concentration with rHSA at molar ratios of 40, 20, 10, 5, 2.5, 1.25, 0.63, and 0 (rHSA: gapmer ASOs) in a final volume of 20_μL for each sample. Incubate for 30_min at room temperature before loading onto gels.

- 4. Mix samples with loading buffer at volume ratio 1:1, and load 14_-uµL for each well in the gel. Run the gel at 125_-V for 45_-min in an XCell SureLock®

 Mini-Cell.
- 5. Stain the fatty acid-gapmer ASOs with 50_-mL of 1_-x_-SYBR Ggold solution for 15_-min and image the gel with a Gel DocTM EZ Imager. To stain rHSA, incubate the gel with Coomassie blue staining solution for 15_-min and destain in destaining solution overnight before imaging (*see* **Note 9**).

3.3. Nanoparticle **T**tracking **A**analysis

Fatty acid_modified gapmer ASOs may tend to aggregate in aqueous solutions. The addition of rHSA can solubilisesolubilize the aggregated fatty acid gapmer ASOs and demonstrate the formation of rHSA/fatty acid gapmer ASOs constructs by determining the nanoparticle number changes in solution using nanoparticle tracking analysis (NTA).

Incubate for 4_h at room temperature fatty acid gapmer ASOs (1_-μM) either mixed with or without rHSA (40 uM). Dilute samples in 500_-μL of Milli-Q water (see Note 10) are load into the sample chamber of NTA using a 1_-mL syringe (see Note 11).

- 2. Set cameral level of Nanosight NanoSight to 10—_13 (see Note 12) and record 5 videos of samples for 60_–seconds by advancing syringe of 100_–μL each time.
 Temperature in sample chamber is recorded manually using a thermometer within the range of 22—24_°C.
- 3. Analyse Analyze videos of particle motions with threshold between 2 and -5 (see Note 13) to obtain nanoparticle sizes and concentrations. The nanoparticle concentrations can be interpreted as the aggregation of fatty acid gapmer ASOs with and without albumin.

3.4. <u>In Vitro Cellular Gene Silencing in vitro</u>

The unassisted gene silencing ability of gapmer ASOs offers great flexibility of formulation design and reduced cytotoxicity due to the absence of a transfection agent. Gapmer ASOs can be added directly into complete cell culture medium and silencing activity can be determined using real-time polymerase chain reaction (PCR).

- Thaw cells and centrifuge to remove residual DMSO and grow in complete cell
 culture media for at least two 2 weeks before determination of gene expression
 levels.
- 2. Seed cells onto plates when cells are 80___90% confluent in flasks. Optimize the number of cells seeded by determination of target gene expression levels to allow the amount of extracted RNA to be sufficient for Real-Time PCR measurement.

 For example, use 12-well plates for primary human chondrocytes with

- $1_-\times_-10^5$ _cells/well in 1_-mL complete medium and 24-well plates for Caco-2 cells with $5_-\times_-10^4$ _cells/well in 0.5_-mL complete medium.
- 3. Transfect cells with fatty acid gapmer ASOs when at 90-% confluency in wells. On the day of transfection, refresh the complete cell culture media 1_-h before transfection and add fatty acid gapmer ASO solutions directly to the media at final concentrations of 0.5_-_10_-μM- (see Note 14). Mismatch control groups include gapmer ASOs with and without the same fatty acid modification (see Note 15).
- 4. After 36–272_h incubation with fatty acid gapmer ASOs (*see* **Note 16**), extract total RNA using TRIzol reagent according to the manufacturer's protocol. After resuspension of RNA in nuclease-free water, reversely transcript RNA into complementary DNA (cDNA) using High-Capacity cDNA Reverse Transcription Kit according to the manufacturer's protocol. (*see* **Note 17**) cDNA can be stored at _-20_-°C for at least 1_-month or at 4_-°C overnight.
- 5. Use the cDNA— for real-time polymerase chain reaction (PCR) with SYBR

 Green master Mix to determine the gene expression levels normalized to
 house-keeping gene GAPDH. Dilute cDNA samples in nuclease-free water for
 5—20 times and mix with corresponding forward and reverse primers in
 384-well PCR plate (see Note 18). Add SYBR green master mix (from
 2—×_-concentrated stock) to the samples (see Note 19) and seal plates with
 Adhesive PCR Plate Seals. Perform Real-time PCR using a LightCycler 480
 System with thermal cycles following the manufacturer's protocol of SYBR

green. Analyse Analyze real-time PCR data using LightCycler480 software (version 1.5) to obtain the cycle quantification (Cq) values and calculate gene expression levels using double delta analysis by normalization to the house-keeping gene expression levels.

3.5. Oligonucleotide In Vivo Ppharmacokinetic Eevaluation of in vivo Oligonucleotides

Circulatory half-life and biodistribution of fatty acid gapmer ASOs can be determined by detection of a far-red fluorophore Cy5.5 attached at the 5[']_2 end of oligonucleotides. Fatty acid gapmer ASOs can display an extended circulatory half-life that correlates to the albumin-binding affinity.

- 1. Maintain Female C57BL/6 mice of <u>7seven-</u> to <u>8eight-week-old</u> for 2_weeks prior to experiments and feed with low-fluorescent diet. Divide mice into experimental groups (fatty acid gapmer ASOs) and control groups (PBS injection and non_fatty acid gapmer ASOs) with 4-_6 mice per group.
- 2. On the day of pharmacokinetic evaluation, administer 100—μμL of a 3.5—mg/kg Cy5.5-labelled fatty acid gapmer ASOs intravenously by tail vein injection from a 5—mg/mL stock diluted in PBS. After injection, collect 10 μL blood samples either by sublingual puncture at 1—min or by tail-nicking at other time points.

 Isolate plasma samples by centrifuge and kept at 4_°C before fluorescence intensity scan in the In Vivo Imaging System with the emission filter settings

(720_-nm, 740_-nm, 760_-nm, and 780_-nm) for Cy5.5 fluorophore.

- 3. At 24_h, terminate the mice and harvest organs such as kidneys, liver, spleen, lung and heart _for IVIS scanning as described above.
- 4. Analyse Analyze fluorescence intensities by quantitation of regions of interest (ROI) and normalize to the PBS control group (*see* Note 20) using Living Image Software (version 3.2). Calculate the circulatory half-life of gapmer ASOs using a one phase decay model in GraphPad Prism software (version 7.0).

4. Notes

- 1. The amount of water in acetonitrile should be lower than 15_-ppm as measured on a coulometric Karl-Fischer titrator. If the water content is above this value, additional molecular sieves should be added for further water removal before re-measuring.
- 2. The molecular sieves are added after dissolving all the solid phosphoramidite monomers in anhydrous acetonitrile.
- 3. A homogeneous solution should be obtained after extensive mixing.
- 4. To prime all the positions on the DNA synthesizer, it is important to ensure that each tube is filled with the corresponding monomer solution.
- 5. Stepwise coupling efficiency in all cases should be >98.0%.
- 6. Each phosphoramidite monomer (0.1_-mmol) is dissolved in anhydrous acetonitrile (1.0_-mL), 0.5_-mL of which is taken and gently mixed with the activator solution (0.5_-mL, 5-[3,5-bis(trifluoromethyl)phenyl]-*H*-tetrazole in

- acetonitrile, 0.25_-M) in a 1_-mL syringe. The syringe is placed on one end of the synthesis column and the solution is gradually injected into the column during 20_-min (starting with 0.2_-mL, followed by 0.05_-mL per minute).
- 7. The cleavage and deprotection should be carried out in a sealed tube, preventing the evaporation of ammonia.
- 8. RP-HPLC, IE-HPLC, and MALDI-TOF MS can be carried out on some fractions to guide the proper pooling of fractions.
- Stain fatty acid-gapmer ASOs first and then stain rHSA for high quality gel
 pictures if both oligonucleotide and protein staining is required.
- 10. Optimal dilution factors for Nanosight NanoSight analysis need to be determined by the number of particles with ideally 50_-__100 particles in the field of view.
- 11. Ensure no observable bubbles in Nanosight NanoSight chamber when injecting samples with a syringe.
- 12. Higher camera levels of the Nanosight NanoSight can maximize the visualisation visualization of small particles but can overexpose particles (overexposed particles will show purple eolourcolor on screen).
- 13. When analysing analyzing Nanosight NanoSight videos of samples, keep threshold as low as possible to include as many particles as possible but number of blue crosses (background noise) should be below 5 per frame.
- 14. Optimal concentration of fatty acid-gapmer for cellular gene silencing is

 dependent on the cell type and gene expression level, corresponding siRNA

 formulated with transfection agents such as lipofectamine can be used as a

- positive control but the media needs to be changed 4_h after transfection to minimize cytotoxicity of transfection agents.
- 15. Blast the mismatch control sequence with the Nucleotides BLAST program (https://blast.ncbi.nlm.nih.gov/BlastAlign.cgi) to ensure no relevant off-target gene silencing effects.
- 16. Maximal gene silencing time point after addition of fatty acid-gapmers to media needs to be optimized based on cell types and gene targets.
- Maximal 10_-μg RNA can be transcripted per sample using cDNA reverse transcription kit.
- 18. Optimal concentration of cDNA and primers for real-time PCR need to be optimized but can start with a relatively high cDNA concentration (5_____ 10_-×_dilution) and a final concentration of 250_-nM with each primer.
- SYBR green master mix can be premixed with primers to be added at the same time for real-time PCR.
- 20. Spectral Unmixing Mode is used to generate an overlapping emission spectrum from different emission results obtained at 720_-nm, 740_-nm, 760_-nm, and 780_-nm for Cy5.5 fluorescence intensity analysis using Average Radiant Efficiency.

References

 Rossor AM, Reilly MM, and Sleigh JM (2018), Antisense oligonucleotides and other genetic therapies made simple Pract Neurol. 18(2):126-131

- 2. Agrawal S and Zhao Q (1998) Antisense therapeutics. Curr Opin Chem Biol 2:519–528
- 3. Koshkin AA, Singh SK, Nielsen P, et al (1998) LNA (Locked nNucleic aAcids):

 Synthesis of the adenine, cytosine, guanine, 5-methylcytosine, thymine and uracil bicyclonucleoside monomers, oligomerisation, and unprecedented nucleic acid recognition. Tetrahedron 54:3607–3630
- Stein CA, Hansen JB, Lai J, et al (2009) Efficient gene silencing by delivery of locked nucleic acid antisense oligonucleotides, unassisted by transfection reagents.
 Nucleic Acids Res 38:e3--e3
- 5. Soifer HS, Koch T, Lai J, et al (2012) Silencing of gene expression by gymnotic delivery of antisense oligonucleotides. Methods Mol Biol 815 333–346
- Srinivasan SK and Iversen P (1995) Review of in vivo pharmacokinetics and toxicology
 of phosphorothioate oligonucleotides. J Clin Lab Anal 9:129–137
- Geary RS, Watanabe TA, Truong L, et al (2001) Pharmacokinetic properties of 2'
 -O-(2-methoxyethyl)-modified oligonucleotide analogs in rats. J Pharmacol
 Exp Ther 296:890–897
- 8. Sleep D, Cameron J, and Evans LR (2013) Albumin as a versatile platform for drug half-life extension. Biochim Biophys Acta 1830:5526–5534
- 9. Kuhlmann M, Hamming JBR, Voldum A, et al (2017) An albumin-oligonucleotide assembly for potential combinatorial drug delivery and half-life extension applications. Mol Ther Nucleic Acids 9:284–293

- Bienk K, Hvam ML, Pakula MM, et al (2016) An albumin-mediated cholesterol design-based strategy for tuning siRNA pharmacokinetics and gene silencing.
 J Control Release 232:143–151
- 11. Schmidt EGW, Hvam ML, Antunes F, et al (2017) Direct demonstration of a neonatal

 Fc receptor (FcRn)-driven endosomal sorting pathway for cellular recycling

 of albumin. J Biol Chem 292:13312–13322
- 12. Larsen MT, Rawsthorne H, Schelde KK, et al (2018) Cellular recycling-driven in vivo half-life extension using recombinant albumin fusions tuned for neonatal Fc receptor (FcRn) engagement. J Control Release 287:132–141
- 13. Curry S, Brick P, and Franks NP (1999) Fatty acid binding to human serum albumin:
 new insights from crystallographic studies. <u>Biochim Biophys Acta Mol Cell</u>
 <u>Biol LipidsBiochim Biophys Acta Mol Cell Biol Lipids</u> 1441:131–140
- 14. Curry S, Mandelkow H, Brick P, et al (1998) Crystal structure of human serum albumin complexed with fatty acid reveals an asymmetric distribution of binding sites. Nat Struct Mol Biol 5:827–835
- 15. Hvam ML, Cai Y, Dagnæs-Hansen F, et al (2017) Fatty <u>a</u>Acid-<u>m</u>Modified Gapmer

 <u>a</u>Antisense <u>o</u>Oligonucleotide and <u>s</u>Serum <u>a</u>Albumin <u>c</u>Constructs for

 <u>p</u>Pharmacokinetic <u>m</u>Modulation. Mol Ther 25:1710–1717
- 16. Cai Y, Makarova A-M, Wengel J, et al (2018) Palmitoylated phosphodiester gapmer designs with albumin binding capacity and maintained in vitro gene silencing activity J Gene Med 20 e3025

- 17. Johannsen MW, Crispino L, Wamberg MC, et al (2011) Amino acids attached to 2'
 -amino-LNA: synthesis and excellent duplex stability. Org Biomol Chem
 9:243–252
- 18. Kværnø L, Kumar R, Dahl BM, et al (2000) Synthesis of abasic locked nucleic acid and two seco-LNA derivatives and evaluation of their hybridization properties compared with their more flexible DNA counterparts. J Org Chem 65:5167– 5176