Model of learning for practitioners in dementia care with music therapy as the joint focal point

Ottesen, Aase Marie

Publication date:
2012

Document Version
Early version, also known as pre-print

Link to publication from Aalborg University

Citation for published version (APA):
Model of learning for practitioners in dementia care with music therapy as the joint focal point
- With focus on enhancing quality of life and wellbeing for persons with dementia

**Research in**
- The relational meeting
- Development of therapeutic communication and caring practices

**Music therapy as the joint focal point**
- Interdisciplinary collaboration between music therapist, care providers and the researcher
- Using video in the learning process

**Developing a learning model**
- Communication and cooperation with relatives
- Dialogue and cooperation with relatives
- Communicating the good experiences to colleagues

**Values**
- The person with dementia comes first
- Person-oriented approach
- Appreciation

**Culture, context and the environment**
- Using qualitative life history
- Every Day Life
- Togetherness
- Meaningful occupation
- Learning takes place in the care provider’s daily life in the care environment

**Theoretical frame of reference**
- Person-centered dementia care (Kitwood 1999)
- Dementia Care Mapping (Brooker 2007)
- Sense of self and the domains of relation (Stern 2000)
- Retro genesis (Reisberg 1999)
- The present moment (Stern 2004)
- Mirror neurons (Bauer 2006)
- Vitality forms and categorical feelings (Stern 2010)

**Further information about the project**
Nurse and Ph.D. student Aase Marie Ottesen
E-mail: aamo@hum.aau.dk.
Doctoral Programme in Music Therapy
Institute for Communication and Psychology
Aalborg University, Denmark

Using "music therapy care"
Written documentation of the effect of musical presence
Implementation and transformation of the new knowledge and acquired skills in the daily practice and care

**Weekly music sessions**
- Star moments arise through the use of song and music

**Music and song as a prelude to achieving positive contact**
- Music and song as a prelude to achieving positive contact

**Star moments arise through the use of song and music**
- Music and song as a prelude to achieving positive contact

**Music and song as a prelude to achieving positive contact**
- Music and song as a prelude to achieving positive contact