

Teaching portfolio

1. Teaching CV: A list of teaching and supervision tasks, including specification of academic fields, scope, level (bachelor, master, continuing education, PhD). Please state the teaching method used (e.g. lecture, class teaching, exercises, supervision, examination, coexamination, distance teaching, internet-based teaching and evaluation of teaching). Please also indicate the language of instruction.

My teaching and supervision have centered around my own research, but I have also been teaching courses and supervising projects that are only peripheral to my own research.

Supervision and mentoring: Pr. December 2024, I have supervised 5 student projects at the BSc in Sports Sciences, and 4 student projects at the BSc MedIS/Medicine (3rd semester experimental project). I have supervised and examined 6 student projects at the MSc in Sports Sciences.

Teaching: I have been teaching in the MSc in Sports Science education in the course:

Sport Programs for Diverse Target Groups

and at several courses in the BSc in Sports Sciences education:

Exercise Physiology within Endurance and Strength Training

Exercise Physiology and Athletics

Applied Exercise Physiology and Data Processing

Biomechanics in Theory and Practice (ball games)

I have also taught at the BSc in Biomedical Engineering and Informatics in **Quantitative Physiology** course.

I have also been teaching in the Occupational Therapy education program at the University College of Northern Jutland (UCN)

2. Study/programme administration and management: Experience in programme management and coordination. A list of study administration tasks, e.g. study board membership, chair of study board, semester or course coordinator, accreditation tasks, etc. Experience in planning teaching activities. Experience in programme development. Participating in committees and commissions etc. on education issues.

- I have been Head of the Sports Laboratory at AAU SUND since 2022. My main tasks include: Lab demonstrations (including demonstration of physiological testing protocols), time management, lending of equipment, and purchase and maintenance of equipment.
- On behalf of our department and as representative of our Sports Science education, I have also performed frequent lab demonstrations for high school classes, including measurement of energy expenditure using indirect calorimetry.
- I have contributed to the planning of the course 'Exercise Physiology within Endurance and Strength Training' as part of the new curricula for the BSc education in Sports Science.
- I have been 'Moving Coordinator' for the Sports Laboratory as part of the move to the AAU SUND building.
- I am VBN Editor for the ExerciseTech research group.
- I was part of a working group regarding the decoration of the Sports Science student environment at Gigantium. • I have been DHL coordinator for the Department of Health Science and Technology.

3. Formal pedagogical training: A list of completed courses in university pedagogy, PBL courses, workshops, academic development projects, collegial guidance and supervision, etc. Written assessment from the course in university pedagogy for assistant professors. Participation in conferences on pedagogy and didactics. Please enclose any documentation of the above, such as course certificates, references, etc

2023: Course in project management: 'Strengthen your project management capabilities', Danish Cardiovascular Academy, University of Aarhus, Dec 2023.

4. Other qualifications: Conference contributions and attendance, contributions to debates, scientific articles on pedagogical issues etc. Peer supervision, editorials, mentoring experience or other types of competence development activities.

During my PhD-work, I mentored a MSc-student from Radboud University for six months, who had an exchange visit to our research group. During her stay in Aalborg, she assisted me in the laboratory during the randomized controlled trial that I conducted in people with spinal cord injury, and I helped her complete her project report.

5. Pedagogical development and research: Development of new courses, teaching materials, teaching methods, examination types or other types of pedagogical development. Didactic and pedagogical research. Cooperation with external collaboration partners.

Type your answer here...

6. References on your teaching skills from superiors or colleagues. Teaching evaluations and any teaching awards received.

Type your answer here...

7. Personal reflections and initiatives: Here you may state any personal deliberations as regards teaching and supervision, any wishes and plans for further pedagogical development, plans for following up on student feedback/evaluations, etc. Personal reflections on your own pedagogical practice, including objectives, methods and implementation. This should include an analysis and a reasoned description of your pedagogical activities in relation to your pedagogical understanding and student learning. Thoughts on the teaching method at Aalborg University (which is largely based on group-organised project work and problem-based learning)

Type your answer here...

8. Any other information or comments.

Type your answer here...