

## Teaching portfolio

**1. Teaching CV: A list of any lecturing and supervision tasks, including specification of academic fields, scope, level (bachelor, master, continuing education, PhD) as well as any external examiner tasks.**

### Pre-graduate

Teaching child and adolescent psychiatry to medical students at 10<sup>th</sup> and 11<sup>th</sup> semester at Aarhus University Hospital 2004-2011.

Teaching child and adolescent psychiatry to medical students at 11<sup>th</sup> semester at Aalborg University Hospital and Aarhus University Hospital 2012.

Been responsible for the teaching of child and adolescent psychiatry at the Faculty of Medicine at Aalborg University Hospital since autumn 2014

### Post-graduate

Teaching at the child and adolescent psychiatry course for medical specialists (course about autism, mental disorder and neuropsychological conditions) since 2001.

Teaching at the research module in connection with child and adolescent psychiatry course for medical specialists 2007-2015.

Course leader at the child and adolescent psychiatry course for medical specialists (course about autism, mental disorder and neuropsychological conditions) since 2015.

### Other

Arranged a one and two-day workshop respectively at the Summer School at Aalborg about autism spectrum disorder in adults in 2014 and 2015.

Lecturing at the special psychologist training: biological treatment method II about ADHD-treatment and adhesion, Middelfart, 07.10.2015 and 05.10.2016.

Given presentations for health professionals at the psychiatric units and other institutions and patients associations over several years, the topic has often been autism but also other child and adolescent psychiatric topics has been presented.

## Supervision and exams

### PhD

Main supervisor for:

1. Cand.med., PhD Lene Hjort, Department of Public Health, Epidemiology section, Aarhus University. PhD degree acquired May 2012, project title: "Gestational age, Foetal growth and Autism Phenotypic Subgroups".

2. Research psychologist, PhD Kirsten Krabek Frantzen, Regional Centre for Child and Adolescent Psychiatry, Risskov, Aarhus University Hospital. PhD degree acquired June 2015, project title: "Parental treatment preferences and parental self-perception in ASD".

3. Health visitor, MPH, PhD Sanne Lemcke, Research Unit, Regional Centre for Child and Adolescent Psychiatry, Risskov, Aarhus University Hospital. PhD degree acquired March 2014, project title: "The early signs of ADHD and autism in toddlers".

4. Nurse, cand.cur., PhD Britt Laugesen, Clinic for Women and Child disease and urology, Aalborg University Hospital. PhD degree acquired March 2017, project title: "Children with ADHD – A Mixed Methods Study on health care across hospital settings".

5. Psychologist, PhD Ane Knüppel, Research Unit for Child and Adolescent Psychiatry Aalborg University Hospital. PhD degree acquired April 2018, project title: "Factors influencing adult life potentials in autism spectrum disorders".

6. Co-supervisor for: Psychologist, PhD Ditte Lammers Vernal, Research Unit for Child and Adolescent Psychiatry and OPUS, Aalborg University Hospital. PhD degree acquired November 2017, project title: "Illness Course and Outcome in Early Onset Schizophrenia: A Nationwide Danish Register Study".

7. MD, PhD student Christina Horsager Pedersen, Research Unit for Child and Adolescent Psychiatry, Aalborg University Hospital, project title: "Food Addiction Comorbid to Mental Disorders".

8 Nurse, cand.cur., PhD student Helle Enggaard, Unit for Psychiatric Research and Research Unit for Child and Adolescent Psychiatry, Aalborg University Hospital, project title: "Bridging life and disease in adolescents with ADHD and medical comorbidity".

9. MD, PhD student Anna Sofie Kjærgaard Hansen, Research Unit for Child and Adolescent Psychiatry, Aalborg University Hospital, project title: "Pathways into Child and Adolescent Psychiatry".

10. PhD student, cand.scient.san., nurse Birgitte Lerbæk, Unit for Psychiatric Research, Aalborg University Hospital with the title: "Barriers for treatment of physical illness in persons suffering from schizophrenia".

#### **Examination**

Examined two bachelor thesis.

Preparation of the assignment in child and adolescent psychiatry as part of the psychiatry exam at the Faculty of Health, Aarhus University Hospital, winter 2009.

Responsible for the preparation of the assignment in child and adolescent psychiatry for the psychiatry exam at the 10th term at the Faculty of medicine, Aalborg University Hospital, winter 2014 and summer 2015.

Member of the review committee in "Danske Regioner" nominating the prize paper in Psychiatry for medical students since 2013.

#### **Assessor at PhD assessments**

1. "Prevalence and predictors of mental health problems and disorders in a general population of 5-7 year-old children" by Hanne Elberling Christensen, MD. Faculty of health and medical sciences, University of Copenhagen, 2012.

2. "Autisme Spektrum Forstyrrelse i et udviklingsperspektiv" [Autism spectrum disorders in a developmental perspective] by Mette Elmoose, MSc in psychology, Department of Psychology and Behavioural Sciences, Aarhus University.

3. "Sensory gating in Autism Spectrum Disorders" by Gitte Falcher Madsen, MD, Faculty of Health Sciences, University of Southern Denmark 2016

4. "Cognition in Autism Spectrum Disorders: Relating cognition to autism spectrum symptomatology" Cathriona Cantio, MSc in psychology., Faculty of Health Sciences, University of Southern Denmark 2016

5. "22q11.2 deletion syndrome. Psychiatric, functional and genetic aspects" by Henriette Schmock, MD, Faculty of health and medical sciences, University of Copenhagen, 2019

## **2. Study administration: A list of any study administration tasks, e.g. study board membership, head of studies or semester or course coordinator, accreditation, etc.**

Member of the review committee in "Danske Regioner" nominating the prize paper in Psychiatry for medical students since 2013.

Reviewer for the Research Funding of Mental Health Services in the Region of Southern Denmark since 2016.

Committee member nominated by the Danish Society for Child and Adolescent Psychiatry in 2012 with the aim of developing Danish National Guidelines for assessment and treatment of autism spectrum disorders.

Participation in a multidisciplinary committee with the purpose of developing Danish National Guidelines for genetic examination in individuals with autism spectrum disorders since June 2018

Member of the North Denmark Region Committee on Health Research Ethics since January 2018.

## **3. University pedagogy qualifications: A list of any completed courses in university pedagogy, PBL courses, workshops, academic development projects, collegial guidance and supervision, etc.**

Andragogy course for doctors, Skejby (2-4 April 2014)

Seminar on supervision of researchers, Aarhus University (2-3 December 2008)

Clinical instructor course, introduction and updating, PBL pedagogy in a clinical perspective 2013, 2014, 2015, 2017 and 2019 Aalborg University Hospital

Seminar for experienced PhD supervisors, Aalborg University (21 May 2015)

From novice to certified researcher: The PhD supervision process, Aalborg University (2 June 2015).

Education development  
Clinical courses for supervisors

Supervision courses for specialists, Aalborg, Center for Kompetenceudvikling, Central Denmark Region.

Seminar: What do we do in specialty training to educate doctors to the roles as leaders, administrators and organiser?  
"Videreuddannelsesregion Nord" (19 November 2015).

Conference on Medical education, Horsens (7-9 May 2017).

#### **4. Other qualifications: Conference attendance, editorials, presentations, etc. relating to education, 'University Teaching Day', etc.**

Seminar: What do we do in specialty training to educate doctors to the roles as leaders, administrators and organiser?  
"Videreuddannelsesregion Nord" (19 November 2015).

#### **5. Teaching activity development and teaching materials: A list of any contributions to the development of new modules, teaching materials, study programmes, e-learning, collaboration with external business partners, etc.**

As part of my job as associate professor in child and adolescent psychiatry, Aalborg University Hospital I have organised the teaching in psychiatry at the 10th semester at the Faculty of Medicine, Aalborg University Hospital together with professor, PhD Rasmus Licht and associate professor, PhD René Ernst Nielsen.

Consultant with responsibility for education at Psychiatric Clinic South (Children and Adolescents) since June 2015.

Contribution to textbooks and teaching materials:

Wrote the chapter about pervasive developmental disorders in the textbook "Børne- og ungdomspsykiatri" edited by Per Hove Thomsen and Anne Mette Skovgaard, FADL's publishing 2012.

Wrote the chapter about pervasive developmental disorder together with MD, PhD Lene Hjort in the textbook "Børne- og ungdomspsykiatri" edited by Per Hove Thomsen, Charlotte Ulrikka Rask and Niels Bilenberg, FADL's publishing 2019.

Contribution to development of psychiatric fields:

Committee member nominated by the Danish Society for Child and Adolescent Psychiatry in 2012 with the aim of developing Danish National Guidelines for assessment and treatment of autism spectrum disorders.

Participation in a multidisciplinary committee with the purpose of developing Danish National Guidelines for genetic examination in individuals with autism spectrum disorders since June 2018.

#### **6. Teaching awards you may have received or been nominated for.**

Type your answer here...

#### **7. Personal reflections and initiatives: Here you may state any personal deliberations as regards teaching and supervision, any wishes and plans for further pedagogic development, plans for following up on feedback/evaluations from students, etc.**

My teaching experience from Aarhus University Hospital primarily includes lecturing and blackboard-based teaching. As an associate professor at Aalborg University Hospital, I have become familiar with problem-based learning (PBL), which is a teaching method I find very positive. In connection with PBL used in the teaching of medical students, it has been of great importance to receive feed-back from the students in order to justify the teaching according to their feed-back.

Currently, I participate in pedagogical courses and I see it as an important instrument to update my teaching and a way to be inspired to try out ideas for new pedagogical/didactic methods to test in practice. As a senior hospital consultant responsible for education, I experience that it is of great importance to get inspiration to find new ways of communicating and acquiring knowledge. An example of this was in April 2018, where an audit was conducted in the child and adolescent psychiatry of the way we train young doctors to become medical specialists in the field of child and adolescent psychiatry. In the last year, our focus has been on making education and supervision exciting/more inspiring and in this way improve the individual outcome of the educational situations. Actually, I believe we have succeeded in improving the outcome

because we now have fora where we discuss education and supervision issues, which we continuously strive to improve.

**8. Any other information or comments.**

Type your answer here...