Stephen Palmer

Other

Department of Communication and Psychology

The Faculty of Social Sciences and Humanities

Psychology of Culture, Humanity and Education

Psychology of Culture, Humanity and Education

Qualitative Studies

Type of address: Visiting address.

Teglgårds Plads 1

9000

Aalborg

Denmark

Email: palmer@ikp.aau.dk



Teaching profile

Teach coaching psychology, positive psychology, stress, resilience, wellbeing, psychotherapy.

Qualifications

Stress, PhD, Stress: Theoretical and Applied Perspectives, London South Bank University $\dots \rightarrow Jul\ 1997$

Psychology, BA (Hons), Open University

... → Dec 1991

General, BA, Open University

... → Dec 1986

Employment

Adjunct Professor

Other

Department of Communication and Psychology

The Faculty of Social Sciences and Humanities

Aalborg, Denmark

20 Feb 2024 → 31 Dec 2029

Adjunct Professor

Other

The Faculty of Social Sciences and Humanities

Aalborg Ø, Denmark

20 Feb 2024 \rightarrow 31 Dec 2029

Psychology of Culture, Humanity and Education

The Faculty of Social Sciences and Humanities 1 Oct 2022 → present

Adjunct Professor

Other

Psychology of Culture, Humanity and Education The Faculty of Social Sciences and Humanities 20 Feb 2024 → 31 Dec 2029

Qualitative Studies

The Faculty of Social Sciences and Humanities Aalborg, Denmark
1 Apr 2013 → present

Honorary Professor of Practice

University of Wales Trinity Saint David United Kingdom
21 Jul 2025 → present

PhD Director of Studies and Supervisor

University of Wales Trinity Saint David United Kingdom
1 Jul 2024 → present

Professor of Practice

University of Wales Trinity Saint David United Kingdom 2 Jul 2018 → 30 Jun 2024

Research outputs

Psychometric Properties of the Portuguese Version of The PERMA-Profiler Alves, M. A., Palmer, S. & Gouveia, M. J., 2025, In: Trends in Psychology. 33, p. 1–15

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Introduction to coaching psychology

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Life and personal coaching

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Stephen Palmer

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Pittu Laungani (1936-2007) [18]

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