

## Teaching portfolio

### 1. Teaching CV: A list of any lecturing and supervision tasks, including specification of academic fields, scope, level (bachelor, master, continuing education, PhD) as well as any external examiner tasks.

Teaching (1 session = 3 lessons):

Music psychology: 2-6 sessions 2016-2022, EVU.

Problem-based learning: 2-3 sessions 2012-2022, BA/EVU.

Music therapy theory and research I: Scientific theory, qualitative and quantitative methods, community music therapy theory, psychobiology/stress, arousal/entrainment. 2-4 sessions per year, 2012-2022, BA/EVU.

Improvisation: 6-10 sessions, subject coordinator + examination 2013-2022, EVU.

Clinical Group Music Therapy Skills (KGMF): 10 sessions, 2014-2022, EVU.

Graphic notation, 2 sessions+ examinations in music analysis, 2015-2022, BA.

Guest teacher in stress management, Medicine, 3rd semester. 1 annual session 2021-22. B.A.

Music therapy theory and research II, 4 sessions, 2009/2014, KA.

Psychodynamic group management, including introduction, examination, and supervision. 4-10 sessions, 2009-2022, the subject coordinator from 2020, KA.

Guided Imagery and Music (GIM) level 1, Elective, 5-day boarding course. Assistant coach 2013-15, primary coach 2016-2022, KA.

Receptive music therapy, 3 sessions, 2015. 2 sessions in 6th semester (BA) + 2 sessions in 7th semester (KA) 2016-2022.

Supervision:

Project guidance: approx. 20 group projects, BA/EVU 2012-2022.

Master's thesis, 4 theses, KA 2012-2020.

Co-supervisor for two PhD projects, 2014-16, I transitioned to a main supervisor role in 2016. PhD.

Two completed projects (2018, 2021).

Ongoing main supervisor for 2 PhD projects 2022, PhD.

Censor:

Served in the music therapy education censor corps 2000-2006.

Censor on the psychology course (social psychology (oral exam), written assignments in statistics and psychiatry), 2007-2009.

Censor for music therapy projects, 2016, EVU.

### 2. Study administration: A list of any study administration tasks, e.g. study board membership, head of studies or semester or course coordinator, accreditation, etc.

Substitute for study coordinator of the newly started EVU (PROMUSA), autumn 2012.

Substitute for study coordinator of the EVU Music, Psychology and Health and Music psychology subject, autumn 2022-spring 2023.

Subject coordinator for Improvisation and KGMF, EVU and Psychodynamic group management, Receptive music therapy and GIM, Master, 2016-22

Observer member of the study board KUNST 2019-22.

Member of the subject study board at the music therapy study 2019-22.

Study advisor at the music therapy study 2019-22.

### 3. University pedagogy qualifications: A list of any completed courses in university pedagogy, PBL courses, workshops, academic development projects, collegial guidance and supervision, etc.

Assistant Professor pedagogics, 2014.

Collegial sparring at 2 annual 3-4 day meetings in the Music Therapy Knowledge Group.

Participation in meetings around the Research School in Music Therapy on the development of a model for assessing PhD theses, planning PhD seminars, as well as collegial sparring in relation to PhD supervision.

Participation in team meetings (6-8 per year) with a focus on university pedagogical challenges and themes.

Observation of a colleague during training for the subject Clinical Group Music Therapy Skills, 2013, BA.

Joint teaching with a colleague about the introduction of therapy theories, 2014, Master.

Joint teaching with a colleague at the introduction to Psychodynamic group management, 2015, Master.

Participation in (and occasionally organizer of) all-day meetings in Receptive Network 2 times a year 2009-15.

Participation in meetings of the Refugee Network, once a year 2010-14.

PhD supervision course, 2016.

Collegial sparring on supervision of project groups at EVU, 2012-22.

Co-editor of a professional anthology on teaching on the therapeutic track in music therapy education, developed theoretical material on psychodynamic theory and author of 2 chapters (Pedersen, Lindvang & Beck, Resonant learning in music therapy, 2022)

#### **4. Other qualifications: Conference attendance, editorials, presentations, etc. relating to education, 'University Teaching Day', etc.**

Participant in the pedagogical day events at AAU, 2012. 2013, 2016.

Visiting teacher on the GIM education level 2-3, Torben Moe, Denmark, 2005-15; assistant on GIM course with Frances Goldberg, Spain, 2005.

Clinical supervisor for music therapy graduates and GIM students, 2011-15.

Conference participation, all with presentations:

European and Nordic Music Therapy Conferences: The Netherlands, 2007; Aalborg, 2009; Oslo, 2013; Oslo, 2015; EMTC, Aalborg, 2019 (host).

Guided Imagery and Music – European Conferences: Oslo, 2008; Spain, 2010; Sweden, 2012; Berlin, 2014; Greece, 2016; Ireland, 2018; online, 2020 (chair); Fredericia DK, 2022 (chair).

Guided Imagery and Music – American conferences: New York, 2015, Vancouver, 2019 (keynote speaker), AMI online 2021.

Music and health, research conference, Oslo, 2010.

Nordic research network conference: Oslo 2012.

Other conferences:

Stress research conference, Kbh., 2013.

European Society of Trauma and Dissociation conference, Copenhagen 2014.

Summerschool, Intercultural music therapy, Agruparte, Vittoria, 2017.

Music, education and Spirituality, London, 2017.

The 15th European Society for Traumatic Stress Studies Conference, Odense, 2017.

ESTD trauma conference, Rome, 2019.

First national conference for trauma researchers, Odense, 2020.

Music and Health, Aalborg, 2021.

Neuromusic, Aarhus/online, 2021.

Music and refugees, lecture series for music therapy students, Cambridge university, online, 2021.

Psychedelic Research, Oslo, 2022.

Music intervention in a time of crisis/Ukrainian refugees, Lithuania music therapy school, online, 2022.

#### **5. Teaching activity development and teaching materials: A list of any contributions to the development of new modules, teaching materials, study programmes, e-learning, collaboration with external business partners, etc.**

Ongoing participation in the design and updating of study plans and module descriptions on the Music Therapy programme.

Subject Improvisation: Further developed, updated and adapted teaching material for EVU (among other things, video examples for e-learning, and SMS feedback on submitted audio clips).

Subject Clinical group music therapy skills: Adapted the subject to EVU, among other things through testing of shorter teaching formats, development of new clinical group portraits, and preparation of introductory courses with exercises.

Graphical notation: took over the subject from Carl Bergstrøm Nielsen, intensified a whole semester into one day, redefined the theoretical background, and adapted the exercises to the students' needs related to observation practice and project writing.

GIM elective: continuously developed and updated teaching material and exercises in collaboration with C. Lindvang.

Prepared own material for teaching Receptive music therapy (2 themed days) and Music therapy and stress and trauma treatment.

Reworked all teaching to online formats during the corona pandemic 2020-21.

Participated in the preparation of a new format for the single subject Music Psychology at EVU as partially online teaching, 2022.

Cooperation with external partners:

Workshops on music therapy at teacher training seminars, 2000-2003 and 2013-15.

Developed material for further training day on trauma treatment for music therapists employed to treat refugees in "Solventa", 2015.

Collaboration with the research department and the Department of Psychotherapy at Filadelfia, Epilepsihospitalet, Dianalund 2010-15.

Workshops on music therapy at teacher training seminars, 2000-2003 and 2013-15.

Montessori Nordic conference "Education for peace" – presentation and workshop on music and child development, 2016.

Workshop on music initiatives for vulnerable citizens for cultural representatives from the municipalities in Region Zealand, participated with a presentation on Music and public health autumn 2015.

Collaboration with the research unit in Region Zealand, as well as the Clinic for traumatized refugees, 2015-16.

Collaboration with the research department and the Department of Psychotherapy at Filadelfia, Epilepsihospitalet, Dianalund 2010-15.

Workshop on music initiatives for vulnerable citizens for cultural representatives from the municipalities in Region Zealand, participated with a presentation on Music and public health autumn 2015.

Collaborated with Ensemble Midtvest, Herning Regional Hospital and Region Midt employing and evaluating live classical music in the hospital.

Developed teaching material for Guided Imagery and Music basic (level I) "Sounding Circles" program, 35 hours over two weekends, European participants, online, 2021.

Developed teaching material for the Guided Imagery and Music intermediate (level II) "Sounding Circles" program, 50 hours + supervision of 10 training sessions - taught to Danish music therapy students in 2019-20, as well as in the Netherlands ("Klankmaat") online/physically 2020-22.

Developed teaching material for four modules on Guided Imagery and Music advanced (level III) - taught at Scandinavian team (Expressive Arts, Stockholm) in the period 2019-21, mentored 1 student, and provided supervision to 4 students.

Taught at HK leadership seminar in Music and stress, Kollekolle, 2022.

Developed and taught at two separate weekend workshops in Munich: music and resilience, music and feminine leadership qualities inspired by Hildegard von Bingen. 2021-22.

## **6. Teaching awards you may have received or been nominated for.**

Type your answer here...

## **7. Personal reflections and initiatives: Here you may state any personal deliberations as regards teaching and supervision, any wishes and plans for further pedagogic development, plans for following up on feedback/evaluations from students, etc.**

Music therapy is a subject area that is constantly developing and a subject that offers a clear connection between theory, practice and research.

In my teaching, I am concerned with how I can translate knowledge about the brain, the nervous system, the body, music and learning intersubjective processes into teaching and supervision that is flexible, inspiring, dialogical, sensual, emotional, motivating, well-regulated and at the same time challenging.

As a former student in my subject, and by virtue of the teamwork on the course, I have received a master's apprentice training in teaching a wide range of music therapy subjects, and in taking on the position of PhD supervisor - which provides a good ballast.

My colleagues and I are in constant development and follow-up on evaluations, in an attempt to provide as good and up-to-date teaching as possible within the given framework.

Inspired by my colleague Ulla Holck, I have worked with cluster supervision (several project groups participate and listen to each other's supervision) and think it has produced some good synergy effects among the students and is effective in many ways.

Corona time: online teaching will probably never be my favourite since the lack of physical presence and the time delay make it difficult to work with the nuances of human interaction - which are so incredibly important for musical and therapeutic interaction. But I appreciate the opportunities it provides in the form of easier access to knowledge and teaching internationally and locally.

I experience learning more and more as a relational project - and my vision for the coming years is to refine mutual

communication - to call forward knowledge rather than dose it - to create safe spaces for reflection and vulnerability in truly open dialogues. My work with adults from other professions at EVU challenges me to find ways to give theories, methods and tools related to music that they can use in their realities.

Guided Imagery and Music have gradually become a method with which I have a lot of experience and I would like to continue to investigate how immersive music listening and imaging can be conducive to creativity, regulation and inspiration for lessons, supervision and planning.

## **8. Any other information or comments.**

Type your answer here...